By kids, for kids!

The LITTLE

SOOK OF O

# DRINKS FOR KIDS



THE ICE CO°



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to our brand new 'Little Book of Drinks for Kids'!

We ran a competition in summer 2020 to ask parents to share their kids favourite drinks creations with us and the winning recipes are in this book.

There is something for everyone, from fizzy to fruity and a drink to suit every meal.

Give them a try and share the recipes with friends!



#### Hello there...

We thought we'd tell you a little bit about ourselves.

We are the ice experts who make the ice cubes you put in your drinks. You'll probably recognise the ice bags in the pictures below and hopefully have a bag in your freezer at home.

Here's what we make and what occasion it's made for...









Find our range of ice in most supermarkets and local shops!

## **ICE FOR ALL OCCASIONS**

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# DIY DRINKS UMBRELLAS

Jazz up your drinks with these awesome crafty drinks umbrellas. Once done, pop them on the edge of your ice cold drink and enjoy.

#### HERE'S WHAT YOU'LL NEED TO GET STARTED

Coloured paper Cocktail sticks

Pen

**Scissors** 

**PVA** glue



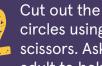
Draw a circle using the rim of a cup with green paper. Draw a smaller circle using the other side of the cup with pink paper.











circles using your scissors. Ask an adult to help.



Next, you'll need to fold the circles. Fold the large circle in half. Unfold and fold in half again, this time in the opposite direction ensuring the crease is perpendicular to the first one. Continue until you've done this 4 times creating diagonal creases.







Do the same again with your smaller circle. Once ready, place this on top of the bigger circle and stick together using PVA glue.



Now pierce a hole through the centre point of both circles using a cocktail stick. Adults should do this part. Glue gently to keep in place and leave the glue to dry.







Add black dots on the pink card and it's complete! Your own handmade watermelon drinks umbrella!



# Q&AWITHARTHUR

What is your favourite thing about making cool drinks?
I love mixing and experimenting with drinks but
especially LOVE the drinking part.

If you could drink only 1 drink forever what would it be? My favourite drink of all time is strawberry smoothies.

What do you want to be when you grow up?
When I'm older I want to be a cook and an athlete.

## ARTHURS FRUITY WOW

Serves:

#### INGREDIENTS

2 x handfuls of Party Ice
2 x measures of pineapple juice
1 x handful of blueberries
1 x handful of grapes (cut in ½)
1 x handful of strawberries (cut in ½)
½ x measure of lemon juice
1 x small glass of blackberry and blueberry cordial
(mixed with water)
Garnish: Pineapple, lemon & grapes

- Pla pou
  - Place ice cubes in a large glass and pour in the mixed cordial juice.
- Add the pineapple juice, lemon juice and fruit and stir well.
- Garnish with fruit for extra WOW and serve!

#### WATERMELON SLUSHE

by Toby & James Aged 12

#### INGREDIENTS

1x handful of Party Ice 6 x large watermelon chunks 1x orange, juiced



Add the watermelon chunks. orange juice and ice to a blender.



Blend until smooth.



Pour into a glass and enjoy!



#### THE FIZZY SWEET SLUSHIE

by Boaz 4, Clover 6 & Honey 8

#### INGREDIENTS

4 x handfuls of Crushed Ice 1 x unfrozen ice pop Top up: Lemonade Garnish: Cupcake wrapper filled with favourite sweets





- Fill a glass with crushed ice and unfrozen ice pop juice.
- Top with lemonade and stir.
- Place cupcake wrapper with sweets inside on top.

#### **SUMMER BERRY SMOOTHE**

by Sarinah Aged 11

#### INGREDIENTS

4 x handfuls of Party Ice 6 x handfuls of mixed berries 1/2 x honeydew melon (in chunks) 2 x slices of mango 2 x cups of apple juice **Garnish: Mint** 



- Add the fruit, juice and ice to a blender.
- **Blend until** smooth.
- Pour into a glass and garnish with mint and strawberry.



#### FRUTY FUN

by Aron Aged 5

#### INGREDIENTS

1 x handful of Party Ice ½ x a banana 4 x strawberries ½ x a peach

1 x big spoonful of yogurt (your favourite flavour)
1 x small spoonful of honey
Serves:

Add all the ingredients to a blender.

Blend until smooth.

Pour into a glass and enjoy!



#### JUICY

by Pheobe Aged 12

#### INGREDIENTS

1 x handful of Party Ice
1 x measure of cranberry juice
1 x measure pineapple juice
1 x measure of orange juice
Top up: Lemonade

Serves:

Add some ice cubes to a glass and stir in all the juices.

Top up with lemonade and enjoy!

#### GINGER BERRY BRAMBLE

by Esther Aged 13 & Brother Aged 15

#### INGREDIENTS

1 x handful of Party Ice 3 x handfuls of chopped berries Top up: Ginger beer

Blend together the ice and chopped berries.

Pour into a glass.

Pour in the ginger beer and enjoy!

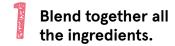


## FRUITY BREAKFAST

by Jack Aged 5

#### INGREDIENTS

1 x handful of Party Ice 4 x slices of mango 4 x pineapple chunks 4 x melon chunks Top up: Coconut water



Pour into a glass and enjoy!

## NUTELLA SURPRISE

by Louis Aged 6 & Jay Aged 3

#### INGREDIENTS

2 x handfuls of Party Ice 2 x chopped bananas 2 x big spoonful's of Nutella 2 x cups of milk

Blend all the ingredients.

Pour into a glass and enjoy!



#### DINNER MOCKTAIL

by Rayyan Aged 4

#### INGREDIENTS

1 x handful of Party Ice
1 x handful of strawberries
1 x measure of lime juice
1 x small spoonful of sugar
Top up: Sparkling water
Garnish: Mint leaves and a strawberry

Serves:

- Blend together the strawberries, ice, lime juice and sugar.
- Pour into a glass and top up with sparkling water.
- Stir well, garnish and enjoy!



Serves:

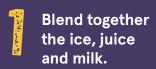
#### **MOCKTAIL PINA COLADA**

by Hollie Aged 8 & Freddie Aged 5

#### INGREDIENTS

1 x handful of Party Ice 1 x cup of pineapple juice 1 x cup of coconut milk Garnish: Pineapple slice

Serves:



Pour into a glass and garnish with a pineapple slice.

#### UNICORN SMOOTHE

by Jessica Aged 10

Serves:

#### INGREDIENTS

2 x handfuls of Party Ice
1 x handful of strawberries
1 x handful of blueberries
6 x big spoonful's of natural yogurt
1 x cup of Milk
Garnish: Whipped cream and sprinkles

- Add the ice, fruit and milk to a blender.
- Blend until smooth and give it a good stir.
- Layer the smoothie and yogurt with a large spoon creating a spiral effect.
- Squirt whipped cream on top and add sprinkles.





## WATERMELON ICE LOLLIES

Delicious watermelon ice lollies made easy at home. Kids (and grown ups) will love these!

#### TO MAKE THEM YOU'LL NEED

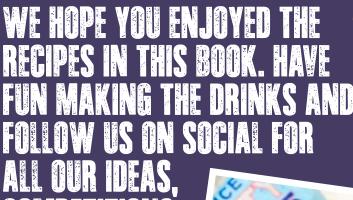
1 x whole watermelon 1 x kiwi Ice lolly moulds



- Cut the watermelon into chunks removing the skin and seeds.
- Place watermelon chunks into a blender and blend until smooth.
- Cut a kiwi into slices and place 1 slice into each ice lolly mould. Pour the blended watermelon on top. Place another kiwi slice into the mould, on top of the juice.
- Place into the freezer to freeze overnight.
- The ice lollies are now ready to enjoy!

  Serve on a bowl of ice as a cute centrepiece.







AND TOP TIPS.

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