

Metastatic Spinal Cord Compression (MSCC)



If you develop any symptoms listed on the back of this card please get advice immediately:

- Contact the hospital team where you usually go for your cancer follow-up clinics, your GP or your Specialist Nurse (or Key worker)
- Explain that you are worried that you may have spinal cord compression and that you need to be seen urgently
- Show the health professional this card

**Important
information
for you**

Contact someone today, even if it is a weekend or holiday period.

If you are unable to contact any of the above please visit your nearest A&E.

External Warning signs of MSCC

Do not wait for further symptoms to develop. The earlier treatment takes place the more effective it is likely to be.

- Back pain lasting more than 1-2 weeks. Pain may feel like a band around the chest or abdomen and can sometimes radiate over the lower back into the buttocks or legs
- Numbness or pins and needles in toes, fingers, or over buttocks
- Feeling unsteady on feet, weakness, legs giving way, difficulty walking
- Problems passing urine including difficulty controlling your bladder, or passing little or no urine
- Problem controlling your bowels