



LEEDS BECKETT UNIVERSITY

CARNEGIE SCHOOL OF EDUCATION

CARNEGIE CENTRE OF EXCELLENCE FOR MENTAL HEALTH IN SCHOOLS

SCHOOL MENTAL HEALTH AWARD

IN PARTNERSHIP AND SPONSORED BY SAS

Improve resilience, emotional intelligence, mental health and wellbeing for all members of your school community.

This award takes a community approach to mental health providing a framework to evidence policies and initiatives that work towards improving mental health and wellbeing for both staff and pupils within the wider school community.

WHAT DOES THE SCHOOL MENTAL HEALTH AWARD COVER?

The award takes a whole school approach to mental health and covers eight key competencies including organisational structure and culture, support for staff and pupils and working with parents and carers.

WHAT IS THE PROCESS?

The award process allows schools to make mental health and wellbeing a guided strategic priority for school development. The school will develop an implementation plan and guide the school community through a process of building the skills and knowledge needed to bring about whole school improvements in mental health and wellbeing.

Your school will work with an allocated coach to create a personalised action plan for your school. Together, you will develop a portfolio of evidence for your school set against the competencies of the framework. Once submitted, your evidence will be verified against the three levels : bronze, silver and gold.

As well as being recognised as a thought leader in School Mental Health and Wellbeing you will have the opportunity to showcase your practice with other schools, engaging in research and support the building of a professional community. Your school will also receive a self-assessment diagnostic.

For more information and to take part in our award programme, contact James Armstrong on **0113 812 6562**, email **schoolMH@leedsbeckett.ac.uk** or visit **leedsbeckett.ac.uk/schoolmh**

WHY ATTAIN THE AWARD?

- Creates a culture of an awareness of mental health, tolerance and acceptance. Helping to reduce behavioural problems and promotes positive mental health strategies.
- Improves community wellbeing for all.
- An opportunity for the school to identify its own priorities and areas for development using the framework.
- Addresses the needs of all mental health needs of your community including pupils and staff.
- Increases staff retention rates meaning continuity of care and helps attract high calibre staff.
- Demonstrates a commitment to adhere to and exceed professional and government guidance.
- Allows specific professional development opportunities for all levels of staff whether house based or as part of a whole school team.

AWARD FEES

The Schools Advisory Service are sponsoring the initial cost of the award. You can apply for re-validation after three years.*

*Terms and conditions apply.

