



Schools Advisory Service

**Pupil Wellbeing Services**

01773 851 043 | [pupilwellbeing@uk-sas.co.uk](mailto:pupilwellbeing@uk-sas.co.uk) | [schooladvice.co.uk](http://schooladvice.co.uk)

**“Innovation is seeing what everybody has seen and **thinking what nobody has thought.**”**

- Albert Szent-Györgyi



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**Please note: Due to COVID-19 some of these services are subject to restrictions. For more information, please speak to our wellbeing team.**

For over 20 years, SAS have pushed the boundaries within the staff absence insurance industry. We bring innovation to wellbeing services, offering support that maintains our ethos to **prevent and reduce absence.**

Our pupil wellbeing services are designed with the **intent to meet the new Ofsted criteria**, and to help support schools in making the most **positive impact possible on the wellbeing of pupils.**

Pressure on schools and academies to provide support for pupils with ever restrictive budgets has led to increased demand on school staff over the years. **This is where we can make a difference.**

**In 2019, SAS introduced pupil wellbeing services in an effort to support whole school wellbeing.** We will continue to develop the services, exclusive to SAS, by identifying vital support and finding a solution which caters to the needs of schools across the UK, just as we have done with staff wellbeing services over the last 23 years.





TRACK PUPIL PROGRESS  
& ENGAGEMENT

PUPIL HEALTH & WELLBEING  
LESSON PLANS

BE A CHAMPION PUPIL  
SUBMISSION APP

# BE A CHAMPION

“I am looking forward to working with SAS to help pupils find their inner champion and make a difference to their wellbeing.”

Leeds Rhinos Rugby League Legend  
Jamie Peacock MBE



1 Positive  
Mindset



2 Good  
Sleep



3 Eating  
Healthily



4 Physical  
Activity

BE A CHAMPION IS A PUPIL HEALTH AND WELLBEING PROGRAMME DEVELOPED IN PARTNERSHIP WITH SAS AND RUGBY LEAGUE LEGEND JAMIE PEACOCK MBE.

THE 8 WEEK PROGRAMME FOCUSES ON ENCOURAGING PUPILS TO MAKE IMPROVEMENTS TO THE FOUR HABITS WHICH CAN HAVE THE GREATEST IMPACT ON A PERSON'S OVERALL HEALTH.

TO LEARN MORE AND REGISTER  
YOUR SCHOOL VISIT  
[WWW.BEACHAMPION.CO.UK](http://WWW.BEACHAMPION.CO.UK)





# Mable Speech & Language Therapy

Mable is an award-winning speech and language therapy service based in the UK.

Experienced Mable clinicians use our custom-built therapy platform to deliver thousands of sessions to children and young people across the country.

Schools & Academies accessing Mable receive **#TheMableBox** at the start of their speech & language therapy.

Includes headphones, splitter, folder, identification checklist, consent forms, lanyard, stickers, and wellbeing handout. One box per policyholder. Subject to Availability.



# my SEND App

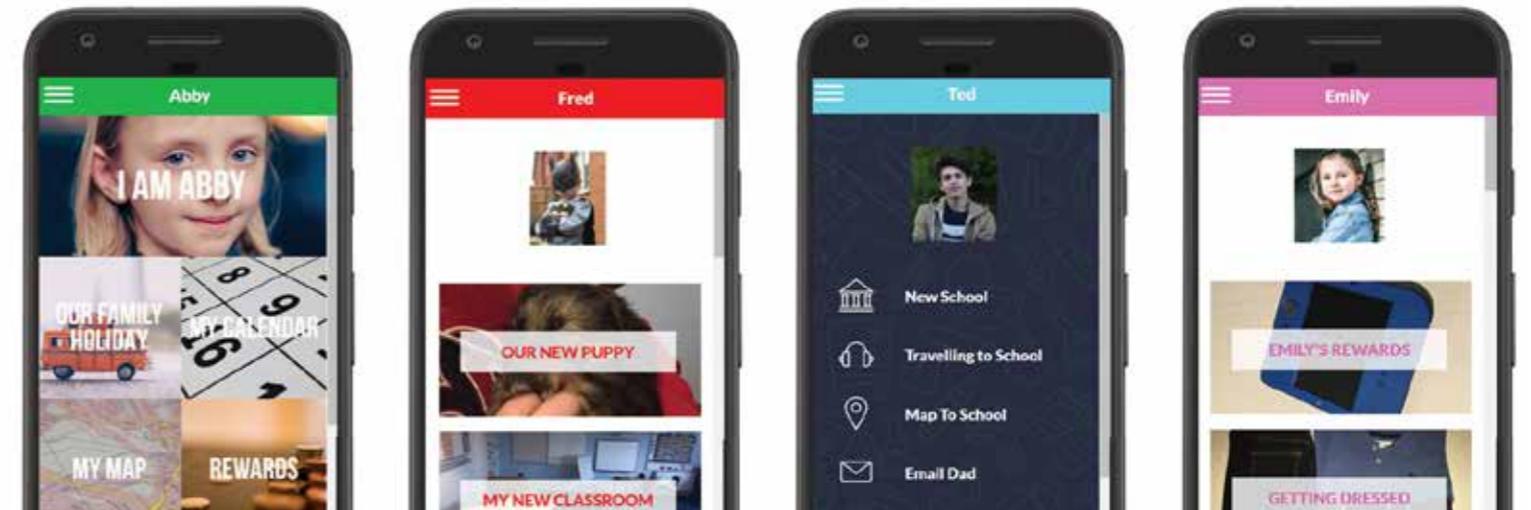
Platform to build a bespoke app to support users with SEND.

Use your photos, audio and video files to implement support features of your choice.



Apps **MADE** for you

- Maps
- Visual instruction
- PECs Galleries
- Communication Tools
- Social Stories
- Emotional Support
- Visual Timetables
- Reward Tracking





## 10 Guided Pupil Yoga Videos Available with all SAS Policies

### Onsite Pupil Yoga

#### Build Focus & Concentration

Pupil Yoga services can be accessed by any age from nursery to 6th form. It's completely up to the school when the sessions take place, this can be during school hours or after school. Pupil Yoga services are designed to help pupils:

- Build Focus & Concentration
- Reduce Stress & Anxiety by encouraging relaxation and 'letting go'
- Build healthy bodies and strong bones
- Build body awareness and positive body beliefs
- Spread connection through growing acceptance & sense of community
- 10 on-site sessions over the course of a term
- Groups of up to 30 and inclusive of all key stages

### Pupil Counselling

#### Access Pupil Counselling Support Faster

The pupil counselling service includes an initial assessment plus an additional 6-8, 40 minute sessions (but flexible depending on the requirements of the pupil).

The service is Ideal for helping with a wide range of needs and includes flexible online sessions which are logged and monitored.

There is a minimal waiting time for sessions, and routinely scheduled for the pupil.

All therapists are insured, BACP registered and appropriately supervised.



Coming  
Autumn 2020

- Cognitive Behaviour Therapy
- Breathing Exercises
- Meditation
- & more therapy techniques & distraction tools



Contact us for a Pupil Counselling or an Onsite Yoga Quotation



Since introducing pupil wellbeing services in 2019, our support has helped countless children across the country. SAS are committed to identifying the root cause of pressures within schools & academies with the **aim of providing unrivaled wellbeing services to schools with the highest impact on the school community.**

As the market leader of staff absence insurance, SAS will continue to think outside of the box and offer only the best cover and wellbeing services to our customers. We are excited for further development of our new pupil wellbeing services, which are already evolving for the coming year.





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Follow SAS on Socials



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