



# SWIMMING CRASH COURSES

## AT HERMITAGE LEISURE CENTRE

Tuesday 30th July - Friday 2nd August

Tuesday 6th - Friday 9th August

Tuesday 13th - Friday 16th August

Tuesday 20th - Friday 23rd August

9-9.30am Stage 1

9.30-10am Stage 2

10-10.30am Stage 1

10.30-11am Stage 2

**£25.00 per person, per four-day  
Crash Course**

**Monday 29th July**

3-3.30pm Stage 4 Breaststroke

3.30-4pm Stage 5 Breaststroke

**Monday 5th August**

3-3.30pm Stage 4 Butterfly

3.30-4pm Stage 5 Butterfly

**Monday 12th August**

3-3.30pm Stage 4 Front Crawl

3.30-4pm Stage 5 Front Crawl

**Monday 19th August**

3-3.30pm Stage 4 Breaststroke

3.30-4pm Stage 5 Breaststroke

**£6.50 per session**

**Booking is essential, call your  
preferred centre to book today!**



## FOOTBALL FUN DAY

Fun drills and skills for all kids followed by a mini tournament and competitions. Children Must wear shin pads. Booking essential.

Suitable for 5-12 yrs

Every Tuesday in the summer holidays 16th and 23rd July, 6th, 13th, 20th and 30th August, 11am-4pm

£15.00 per session



## SWIMMING POOL INFLATABLE

Can you beat the pool inflatable? Many have try, fall but a few manage to make it to the end of the course. Come and take on the challenge.

**Children must be able to swim a length and will be tested prior to taking part.**

Suitable for 8-14 yrs

Every Monday, Wednesday and Friday 1.45-2.30pm

Cost £3.70 per session



## KARTZ 4 KIDS

Pedal to the metal with our indoor karting Grand Prix. Booking essential.

Suitable for 4-9 yrs

Friday 2nd and 16th August

Two sessions, 1-2pm and 2.15-3.15pm

£6.00 per session



## TRI-SPORT

An introduction to various fun games and sports such as dodgeball, basketball, volleyball, cricket, short tennis and more. Booking essential.

Suitable for 5-12 yrs

Every Thursday in the summer holidays 18th, 25th July, 1st, 5th, 8th 15th and 22nd August, 12-4pm

£7.50 per session





## TOTS SOFT PLAY

Let the little ones burn off some energy in our action packed soft play session. Includes bouncy castle, slides, cars, bikes, soft play shapes and much more.

Every Friday, 9.30-11.30am

Up to 4 yrs

£3.90 per session



## GYM ACTIVE (JUNIOR GYM)

Come along to our Gym Active sessions and work up a sweat. A 90 minute closed session where children can be helped and guided in the gym environment. Booking essential.

Monday-Friday, 4-4.45pm, 4.45-5.30pm

Suitable for 11-15 yrs

£4.20 per session



## ROLLER DISCO

Come on down and skate along to all of the latest party and chart bangers!

£1.00 for skate hire for boots/blades or bring your own.

Every Monday in the summer holidays  
July 15th, 22nd & 29th, August 5th, 12th, 19th, 3.30-5pm

All ages welcome

£5.00 per person



## DODGEBALL

Can you dodge, duck, dip and dive? Then your perfect for our dodgeball competitions. All abilities welcome. Booking essential.

Every Thursday in the summer holidays  
18th, 25th July, 1st, 8th, 15th and 22nd August, 4.30-5.30pm

Suitable for 5-12 yrs

£3.00 per session



## TOUCH RUGBY

Fun drills and skills such as passing, spacial awareness and tag tackling. The session finishes off with a mini tournament or full match. Safe for all ages, tackling is strictly tag only. Booking essential.

Every Thursday in the summer holidays  
18th & 25th July, 1st, 8th, 15th and 22nd August

9.30-11.30am

Suitable for 5-12 yrs

£5.00 per session



## BADMINTON BLOWOUT

Come along to our badminton fun sessions. Coached by county players, learn new skills and techniques to concur all opponents. All abilities welcome. Booking essential.

Every Wednesday in the summer holidays  
17th, 24th, 31st July, 7th, 14th and 21st August

4.30-5.30pm, 5-8 yrs

5.30-6.30pm, 8-12 yrs

£2.70 per session



## FAMILY AQUA SPLASH

Come along to our family fun aqua splash sessions. Full of rafts, floats and much more fun for the whole family. All children must be accompanied by a paying adult.

Every Sunday, 10.30am-12pm

Families only, up to 14 yrs

£4 per adult, £2.70 juniors, under-5s free

