



SUMMER ACTIVITIES FOR **EVERYONE**

at Meadowside Leisure Centre,
Shobnall Leisure Complex
and Uttoxeter Leisure Centre

Everyone Active working in partnership with
East Staffordshire Borough Council.





EVERYONE

CAN LEARN GYMNASTICS!

Our gymnastics courses teach balance flexibility and coordination, as well as how to listen, follow direction and interact with other children and adults. We teach a variety of skills on different apparatus including bars, beams, vaults, floor and trampette.

- Helps your child develop physical and social skills
- Creative and fun activities
- Activities include jumping, rolling, beam walking, bar swinging, running, throwing and catching, and much more...

Meadowside Leisure Centre

Mondays 4-6pm
Tuesdays 4-6pm
Wednesdays 4-7pm
Thursdays 4-6pm
Fridays 4-6pm
Saturdays 10am-4:45pm

Uttoxeter Leisure Centre

Mondays 4-6pm
Wednesdays 4-6:30pm
Thursdays 4-6:30pm

Courses from as little as £5.65 per lesson, join a course at any time subject to availability. Contact Meadowside Leisure Centre or Uttoxeter Leisure Centre for further information and dates for up and coming courses.

SWIMMING CRASH COURSES

Summer Holiday Intensive Swimming Courses with **maximum of five per class.**

Monday 5th - Thursday 8th August

Monday 12th - Thursday 15th August

Monday 19th - Thursday 22nd August

3-3:30pm, Pre-School

3.30-4pm, Stage 1

£23.00 per person, per four-day Crash Course



YOUTH FITNESS

Suitable for children aged from 11 to 15 years, these gym and studio-based sessions help to improve general fitness and to promote healthy lifestyles.

Monday - Friday,
4-5pm and 5-6pm

Saturday & Sunday,
10-11am and 11am-12pm

Cost £3.30. Casual use.



MULTI-SPORT ACTIVITY DAYS

Join us for days of fun and games. Every day is different as we play everything from football to parachute games and testing our aim at archery. Sessions include swimming on Tuesdays.

Every Tuesday and Thursday,
10am-4pm

£15.00 per day

SPORT in THE Hood

Let us bring the fun to you this Summer as Sport in the Hood comes to a location near you. Join our Sports Leaders as they deliver a fun multi-sports and games session suitable for ages 6-16 of all abilities.

Please bring along a packed lunch and plenty to drink and be dressed appropriately to take part. All our sessions are led by trained sports leaders, who have been DBS Checked and First Aid Trained.

Monday 22nd, 29th July, 5th, 12th, 19th August

Carver Road, Tutbury Youth Centre and Holland Sports Club, Barton

Tuesday 23rd, 30th July, 6th, 13th, 20th, 27th August

Carver Road, Waterside Community Centre and Uttoxeter Community Centre

Wednesday 24th, 31st July, 7th, 14th, 21st 28th August

Uttoxeter Community Centre, St Peters School, Marchington and Queen Street Community Centre

Thursday 25th July, 1st, 8th, 15th, 22nd, 29th August

Yoxall Cricket Club, Waterside Community Centre

Friday 26th July, 2nd, 9th, 16th, 23rd August

Clays Lane, Branston and Church Leigh Village Hall

11am - 3pm, £2.50 per session. Booking in advance for all sessions is essential as places are limited. Please do this with Sports Development by calling Shobnall Leisure Complex on 01283 372970.

SPORTS LEADERS UK

Level 1 Award in Sports Leadership
12+, £22.00

Level 2 Award in Community
Sports Leadership
13+, £32.00

29th July - 2nd August
at Shobnall Leisure Complex



FAMILY ROUNDERS

Every Wednesday,
24th July - 28th August

6.15-7.30pm
at Shobnall Leisure Complex
£2.50 per person



LEARN 2 RIDE

Wednesday 31st July
and 28th August

Free of charge!

To book contact
Cyclist Training Ltd
01785 818193
www.cyclist-training.co.uk



MULTI-SPORT ACTIVITY DAYS

Join us for days of fun and games. Every day is different as we play everything from football to parachute games and testing our aim at archery and crazy golf.

**Every Monday and Thursday
+ Wednesday 7th August**

10am-4pm

£15.00 per day



ATHLETICS

A day filled with all things athletics, including running, jumping and throwing.

Every Friday

10am-4pm

£15.00 per day



NETBALL

Enjoying the Netball World Cup? Come and join us for three hours of skills, drills and small sided games.

Tuesday 23rd July, 9:30am-12:30pm

Wednesday 24th July, 9:30am-12:30pm

Wednesday 14th August, 1:30-4:30pm

£8.00 Half Day Session



HOCKEY

Three hours of skills, drills and games. Shin pads and a gum shield must be worn, sticks will be provided.

Tuesday 23rd July, 1:30-4:30pm

Wednesday 24th July, 1:30-4:30pm

Wednesday 14th August, 9:30am-12:30pm

Tuesday 20th August, 1:30-4:30pm

Wednesday 28th August, 1:30-4:30pm

£8.00 Half Day Session



CRICKET

Three hours of coaching for all abilities from Cricket All Stars Fun to practicing batting and bowling in the nets. Equipment can be provided.

Tuesday 30th, 1:30-4:30pm

Wednesday 31st July, 1:30-4:30pm

Tuesday 20th August, 9:30am-12:30pm

Wednesday 21st August, 9:30am-12:30pm

£8.00 Half Day Session



FOOTBALL

Football fun, including footgolf, football cricket and mini world cup. Shin pads and footwear suitable for the astroturf must be worn.

Tuesday 6th August

10am-4pm, £15.00

Tuesday 27th August

1:30-4:30pm, £8.00

£8.00 Half Day Session



DODGEBALL

Non Stop dodgeball, learn the skills of the game and put them into practice as you play different variations of the game.

Tuesday 13th August, 10am - 4pm

Wednesday 21st August, 1:30-4:30pm

£15.00 Full Day / £8.00 Half Day Session



TENNIS CAMP

Learn to play the game and make new friends in a safe environment with highly qualified. LTA coaches. Equipment can be provided.

Tuesday 30th July, 9:30am-12:30pm

Wednesday 31st July, 9:30am-12:30pm

Tuesday 27th August, 9:30am-12:30pm

**Wednesday 28th August,
9:30am-12:30pm**

£8.00 Half Day Session

£8.00 Half Day Camps / £15.00 Full Day Camps

- All Full Day Camps 10am-4pm, early drop off is available from 9am for £2.50
- Book two Half Day Camps on one day and Sports Leaders will supervise the Lunch Break

£8.00 Half Day Camps / £15.00 Full Day Camps

- All Full Day Camps 10am-4pm, early drop off is available from 9am for £2.50
- Book two Half Day Camps on one day and Sports Leaders will supervise the Lunch Break



play world

A mega-structure of fun for babies, toddlers and children including:

- Trampolines
- Ball pools
- Slides
- Tunnels
- Obstacle courses
- Toddler areas



clip'n climb®

MEADOWSIDE

An action packed activity with individually themed climbing challenges, providing adrenaline-fuelled fun!

From pre-school kids to recycled teenagers, everyone will love the physical and mental challenges that Clip 'n Climb offers.

Contact Meadowside Leisure Centre on
01283 372960 or visit everyoneactive.com/meadowside



SWIMMING CRASH COURSES

Summer Holiday Intensive Swimming Courses for Pre School and Stage 1 with maximum of five per class.

Monday 5th - Thursday 8th August

Monday 12th - Thursday 15th August

Monday 19th - Thursday 22nd August

8:30-9am Pre-School

9-9:30am & 9:30-10am Stage 1

£23.00 per person, per four-day
Crash Course



YOUTH FITNESS

Suitable for children aged from 11 to 15 years, these gym and studio-based sessions help to improve general fitness and to promote healthy lifestyles.

Monday - Friday, 4-5pm and 5-6pm

Saturday & Sunday,
10-11am and 11am-12pm

Cost £3.30. Casual use



MULTI-SPORT ACTIVITY DAYS

Join us for days of fun and games. Every day is different as we play everything from football to parachute games and testing our aim at archery. Sessions include Swimming on a Tuesday, Wednesday and Friday.

Monday - Friday, 10am-4pm

£15.00 per day

EVERYONE

WANTS TO PARTY

GREAT PARTIES FOR KIDS OF ALL AGES

- We offer a wide range of parties including multi-sports, Clip 'n Climb* and soft play*
- Activities led by our fully trained Sports Leaders
- Fun games and competitions
- Delivered within a safe, secure and friendly environment
- Leave all the organising to us!

**No mess,
no hassle,
just FUN!**

* Meadowside Leisure Centre only.



AWARD WINNING SWIM LESSONS

FROM THE UK'S LEADING PROVIDER

Everyone Active's award-winning swimming lessons are the best way to boost water confidence and learn an essential life skill.

- ✓ Spaces always available
- ✓ Learn from four months old
- ✓ Available up to seven days a week
- ✓ All teachers are Swim England or equivalent qualified

Available at Meadowside & Uttoxeter leisure centres. Enrol today at everyoneactive.com/swim-lessons



EVERYONE

**LOVES TO LEARN
A LIFE SKILL**

CONTACT DETAILS AND BOOKING POLICIES

Booking Procedure

Everyone Active offer activity camps providing a wide range of sports and activities. They are fun, safe and a great way to make friends and keep your children active over the holiday period. All our camps are led by trained activity leaders/qualified sports coaches who have been DBS Checked and First Aid Trained. Booking in advance for all sessions is essential as places are limited. Booking is available at site, in person or over the phone.

Cancellation and Refund Policy

A minimum of 48 hours' notice is required when requesting a refund for Activity Camps. Such requests are to be made in writing to the General Manager with original proof of purchase. Refund requests will be honoured where less than 48 hours' notice is given for medical reasons with supporting medical evidence. If less than 48 hours' notice is given then discretion may be applied with the value credited to the account for future participation. No part session refunds/credits are available. Everyone Active reserve the right to refuse, cancel or change any booking at any time up to 48 hours prior to its commencement and to refuse admission to the activity or centre, or to reject an application of membership and to withdraw membership.

In the case of cancellation for your activity booking, Everyone Active will offer an alternative at another site or refund you the full price. Everyone Active shall not be responsible for any extra costs incurred as a result of a cancelled or rescheduled activity.

We can add to, change, withdraw or cancel activities from the centre without notice. This includes closing a centre or making changes to opening hours for safety reasons, maintenance or special events.

There is no entitlement to a refund where Everyone Active is forced to cancel part or all of an activity due to reasons beyond our reasonable control. However, refunds may be given at Everyone Active's discretion.

Meadowside Leisure Centre

High Street, Burton upon Trent DE14 1TL
01283 372960

Shobnall Leisure Complex

Shobnall Road, Burton upon Trent DE14 2BB
01283 372970

Uttoxeter Leisure Centre

Oldfields Road, Uttoxeter ST14 7QL
01283 372980

Available at all Everyone Active leisure centres in East Staffordshire. Visit everyoneactive.com or call your local leisure centre to book!



7th August 2019

The national day for play

Date: Wednesday 7th August 2019

Time: 12.00 pm - 3.00 pm

Where: Shobnall Leisure Complex

Free activities for children including:
Balloon modelling, a Magic show, face
painting, inflatables, movement and music
sessions, arts and craft and much, much
more.

For further information please contact:
Catherine Pendlebury, Health Development
Officer, Everyone Active on
(01283) 372 970 extension 42003
Catherinependlebury@everyoneactive.com



EastStaffsSportsDevelopment

Free Event No Booking Required

No Dogs are allowed on site except for
assistance Dogs.

www.playday.org.uk

