

SALT HILL ACTIVITY CENTRE CAVING FACILITY



Waiver / Safety Agreement and Terms and Conditions

Before accessing our caving facility all participants (or their parent/legal guardian/responsible adult) must register to participate by completing the form below. This is an important document and must be read before signing. You must be 18 years old or over to agree to these terms and conditions.

Please enter full name and date of birth of all members of your group taking part in this activity.

CAVER 1

First name	Last name	D.O.B.	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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CAVER 2

First name	Last name	D.O.B.	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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CAVER 3

First name	Last name	D.O.B.	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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CAVER 4

First name	Last name	D.O.B.	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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I wish to participate or am the parent/guardian/responsible adult for the child/ren listed above who are under 18 years old and whom are participating in the activities.

EVERYONE ACTIVE CAVING SYSTEM INFORMATION AND RULES

Caving consists of crawling through narrow tunnels and caves within a man-made artificial caving system. You will be in a dark, narrow and confined space where you will be required to use your own body strength. You will be issued with a helmet and head torch. An Everyone Active instructor will show you the correct way to wear and use them and check they are fitted correctly. Be aware that the cave is uneven with gradients including vertical drops and that there are hidden bumps, stalactites and stalagmites. You therefore could get knocks, bumps, bruises and scrapes from the artificial cave environment.

The caving adventure has been designed to accommodate a large percentage of customers from the age of 5 years old upwards. The activity is physically demanding so for the caver to be in good physical shape is essential.

The caving system may be difficult and/or uncomfortable for a caver with anatomical dimensions over 6'4" high, 44" chest, 20" shoulders and 42" waist. This does not mean they will not get through the main passage way but may be overwhelmed by the difficulty of the experience and not have the mental state to continue resulting in a rescue situation. Everyone Active advise customers in excess of these dimensions to not enter the caving system.

The caving system is not suitable for people with claustrophobia, stress related heart conditions, severe back pain, severe anxiety, severe obesity, epilepsy or those who are pregnant. Persons with injuries, ailments or conditions whether physical or mental that could be adversely affected by participation are advised not to use the caving system. Everyone Active also recommends that customers with any condition that does not allow them to be within a confined space for up to one hour, for example incontinence or a weak bladder avoid using the system.

An instructor will give you a full brief of what to expect before entering the cave. Please listen carefully to all instructions and ask the instructor for clarification if you are not sure about any of their instructions. As this activity is self-led, once you start you will no longer be directly supervised by an instructor. In the very unlikely chance that you feel stuck, remain calm and call for assistance and one of our trained caving instructors will come to your assistance. Cavers should rarely get stuck as few parts of the cave are really tight or small enough to do.

BEFORE ENTERING THE CAVING SYSTEM:

- Do not enter if you have a pre-existing health condition identified on the medical information list for this activity
- Do not enter if you are under the influence of alcohol or drugs
- All items should be removed from pockets before entering the cave including mobile phones and cameras
- No keys, key-chains, sharp or pointed items in the caving system
- No belts, buckles or studs on clothing to be worn in the caving system
- Removal of all jewellery is recommended especially necklaces or other items that could catch when moving through the caving system
- Long hair must be tied back

WHILST YOU ARE IN THE CAVING SYSTEM:

- It is your responsibility to consider others. Do not rush or get too close to other participants
- Always keep your helmet on. Head torches must be attached to the helmet but having the light on is optional
- Listen out for the instructions of the Everyone Active colleagues and follow their guidance
- Always follow the one way system
- When your session is over make your way out of the cave in a timely manner
- Food and drink must not be consumed in the caving system

SAFETY AGREEMENT

I acknowledge that use of the Everyone Active facilities and participation in indoor caving entails known and unknown risks that could result in physical or emotional injury, damage to me and/or any property taken or worn into the caving system. Everyone Active recommend that participants wear older clothes including a long sleeved top and trousers for this activity which may become damaged by being pulled through the caving system. I understand that such risks simply cannot be eliminated without jeopardising the essential qualities of the activity.

I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks. I acknowledge that prior to taking part it is necessary to undertake a safety briefing. During this briefing I will be provided with the necessary safety instructions by Everyone Active in relation to the activities and I agree to comply with these at all times while on the premises. If applicable I also agree to ensure all participants in my group under the age of 18 comply with the rules outlined in this safety briefing.

I understand that the activities provided by Everyone Active require a reasonable level of fitness and ability. I warrant that I nor any members of my group, do not have (or had) any medical condition including pregnancy that makes it dangerous for me/them to partake in such activities.

Should Everyone Active, or anyone acting on their behalf, be required to incur legal fees and costs to enforce this agreement, I agree to Indemnify and hold them harmless for all such fees and costs. This means that I will pay all of those legal fees and costs myself.

In consideration of being permitted by Everyone Active to participate in its activities and to use its equipment and facilities, now and in the future, I hereby agree to release, indemnify and forever discharge Everyone Active, its agents, owners, members, shareholders, Directors, partners, employees, volunteers, manufacturers, participants, lessors, affiliates, its subsidiaries, related and affiliated entities, successors and assigns (the "RELEASED PARTIES"), on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

I declare I am 18 years old or older. If the participants I am bringing are minors (A person under the legal age of 18), I agree that this Release of Liability and Assumption of Risk Agreement is made on behalf of that minor participant and that all of the releases, waivers and promises herein are binding on that minor participant. I represent that I have full authority as Parent or Legal Guardian of the minor participant to bind the minor participant to this agreement or I have the authority from the child/ren's parent or guardian to sign this waiver on their behalf.

ADULT #1 DETAILS

First name	Last name
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Signature	Date of signature <table border="1" style="display: inline-table; text-align: center; width: 100px;"> <tr> <td style="width: 20px;">D</td> <td style="width: 20px;">D</td> <td style="width: 20px;">M</td> <td style="width: 20px;">M</td> <td style="width: 20px;">Y</td> <td style="width: 20px;">Y</td> </tr> </table>	D	D	M	M	Y	Y
D	D	M	M	Y	Y		

Please check the box to confirm you have read and accept the Everyone Active Caving waiver and ensure you have printed, signed and dated the above section ☐

ADULT #2 DETAILS

First name	Last name
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Signature	Date of signature <table border="1" style="display: inline-table; text-align: center; width: 100px;"> <tr> <td style="width: 20px;">D</td> <td style="width: 20px;">D</td> <td style="width: 20px;">M</td> <td style="width: 20px;">M</td> <td style="width: 20px;">Y</td> <td style="width: 20px;">Y</td> </tr> </table>	D	D	M	M	Y	Y
D	D	M	M	Y	Y		

Please check the box to confirm you have read and accept the Everyone Active Caving waiver and ensure you have printed, signed and dated the above section ☐

Everyone Active will manage your data securely and in accordance with all relevant Data Protection laws. We will use your data for managing the services we provide. Full details of how we manage your data can be found in our privacy policy at www.everyoneactive.com/privacypolicy. I agree to you holding my data ☐.