

Monday

Public Swimming - Term Time

Abbey Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Swim 4 Fitness	6		
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
13:00 - 13:30	Swim 4 Everyone	2	Schools	Full Pool
13:30 - 14:00	Swim 4 Everyone	2	Schools	Full Pool
14:00 - 15:00	Swim 4 Everyone	2	Schools	Full Pool
15:00 - 16:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
17:00 - 18:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
18:00 - 19:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
19:00 - 19:30	Swim 4 Everyone	2	Swim Lessons	Full Pool
19:30 - 20:00	Swim 4 Fitness	4		
20:00 - 21:00	Swim 4 Fitness	4		
21:00 - 22:00	Swim 4 Fitness	4		

Timetable in operation over the following dates: 22 June 2018-31 December 2018

Timetable correct as of 22nd June 2018

Please check www.everyoneactive.com for any timetable changes.

Tuesday

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Abbey Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Swim 4 Fitness	6		
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
13:00 - 14:00	Swim 4 Everyone	2	Schools	Full Pool
14:30 - 15:00	Swim 4 Everyone	2	Schools	Full Pool
15:00 - 16:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
17:00 - 18:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
18:00 - 19:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
19:00 - 19:30	Swim 4 Everyone	2		
19:30 - 20:00	Clubs	6		
20:00 - 21:00	Clubs	6		
21:00 - 22:00	Swim 4 Fitness	6		

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Wednesday

Public Swimming - Term Time

Abbey Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Swim 4 Fitness	6		
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
13:00 - 14:00	Swim 4 Everyone	2	Schools	Full Pool
14:00 - 15:00	Swim 4 Everyone	2	Schools	Full Pool
15:00 - 16:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
17:00 - 18:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
18:00 - 19:00	Swim 4 Fitness	3	Swim Lessons	Full Pool
19:00 - 20:00	Swim 4 Fitness	3		
20:00 - 21:00	Swim 4 Fitness	4		
21:00 - 22:00	Swim 4 Fitness	4		

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Thursday

Public Swimming - Term Time

Abbey Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Swim 4 Fitness	6		
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Ladies Only	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Ladies Only	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
13:00 - 14:00	Swim 4 Everyone	3	Schools	Full Pool
14:00 - 15:00	Swim 4 Everyone	2	Schools	Full Pool
15:00 - 16:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
17:00 - 18:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
18:00 - 19:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
19:00 - 19:30	Swim 4 Everyone	2		
19:30 - 20:00	Clubs	6		
20:00 - 21:00	Clubs	6		
21:00 - 22:00	Swim 4 Fitness	6		

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Friday

Public Swimming - Term Time

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TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Swim 4 Fitness	6		
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Swim 4 Fitness	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Aqua Classes	3	Swim 4 Everyone	Half Pool - Shallow End
13:00 - 14:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
14:00 - 15:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
15:00-16:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
17:00 - 18:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
18:00 - 19:00	Swim 4 Everyone	2		
19:00 - 19:30	Swim 4 Everyone	2	Ladies Only	Half Pool
19:30 - 20:00	Clubs	6	Ladies Only	Half Pool
20:00 - 21:00	Clubs	6	Ladies Only	Half Pool

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Saturday

Public Swimming - Term Time

Abbey Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:45 - 08.00			Swim Lessons	Full Pool
08:00 - 09:00	Swim Lessons	4	Swim Lessons	Full Pool
09:00 - 10:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
10:00 - 11:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
11:00 - 12:00	Swim 4 Everyone	2	Swim Lessons	Full Pool
12:00 - 13:00	Swim 4 Everyone	2	Swim 4 Everyone	Half Pool
13:00 - 14:00	Swim 4 Everyone	2	Swim 4 Everyone	Half Pool
14:00 - 15:00	Swim 4 Everyone	2	Swim 4 Everyone	Half Pool
15:00 - 16:00	Swim 4 Everyone	2	Swim 4 Everyone	Full Pool
16:00 - 17:00	Swim 4 Everyone	2	Swim 4 Everyone	Full Pool
17:00 - 18:00	Swim 4 Everyone	2		
18:30 - 19:00	Ladies Only	6		
19:00 - 20:00	Ladies Only	6		

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Sunday

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TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:45 - 08.00			Swim 4 Everyone	Half Pool - Shallow End
08:00 - 09:00	Swim 4 Fitness	6	Swim 4 Everyone	Half Pool - Shallow End
09:00 - 10:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool - Shallow End
10:00 - 11:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool - Shallow End
11:00 - 12:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool - Shallow End
12:00 - 13:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
13:00 - 14:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
14:00 - 15:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
15:00 - 16:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
16:00 - 17:00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
17:00 - 18:00	Clubs	6		
18:00 - 19:00	Clubs	6		
19:00 - 20:00	Clubs	6		

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