

Main Pool

Taro Leisure Centre



FAMILY AND FUN

DAY	TIME	SESSION
Monday	06:30 - 09:30	Swim 4 Everyone
	12:00 - 15:45	Swim 4 Everyone
	18:00 - 21:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Everyone (A)
Tuesday	06:30 - 09:30	Swim 4 Everyone
	11:30 - 15:45	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Everyone (A)
Wednesday	06:30 - 09:20	Swim 4 Everyone
	10:30 - 15:45	Swim 4 Everyone
	18:00 - 21:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Everyone (A)
Thursday	06:30 - 08:30	Swim 4 Everyone
	12:00 - 18:00	Swim 4 Everyone
	18:00 - 20:00	Fun & Float
	21:00 - 22:00	Swim 4 Everyone (A)
Friday	06:30 - 09:30	Swim 4 Everyone
	12:00 - 15:45	Swim 4 Everyone
	20:00 - 21:00	Swim 4 Everyone

Timetable correct as at April 2017.

Please check www.everyoneactive.com for any timetable changes.

Main Pool

Taro Leisure Centre



FAMILY AND FUN (CONTINUED)

DAY	TIME	SESSION
	21:00 - 22:00	Swim 4 Everyone (A)
Saturday	11:00 - 14:30	Swim 4 Everyone
	14:30 - 15:30	Fun & Floats
	15:30 - 19:00	Swim 4 Everyone
Sunday	08:00 - 10:00	Swim 4 Everyone
	10:00 - 13:00	Family Fun Swim
	13:00 - 14:30	Swim 4 Everyone
	14:30 - 15:30	Fun & Floats
	15:30 - 17:00	Swim 4 Everyone
	19:30 - 21:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Everyone (A)

FITNESS AND HEALTH

DAY	TIME	SESSION
Monday	06:30 - 09:30	Swim 4 Fitness
	12:00 - 15:45	Swim 4 Fitness
	18:00 - 21:00	Swim 4 Fitness
	21:00 - 22:00	Swim 4 Fitness (A)
Tuesday	06:30 - 09:30	Swim 4 Everyone
	09:30 - 11:30	Swim 4 Fitness (A)

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FITNESS AND HEALTH (CONTINUED)

DAY	TIME	SESSION
	11:30 - 15:45	Swim 4 Fitness
	21:05 - 22:00	Swim 4 Fitness (A)
Wednesday	06:30 - 09:20	Swim 4 Everyone
	10:30 - 15:45	Swim 4 Everyone
	18:00 - 21:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Fitness (A)
Thursday	06:30 - 08:30	Swim 4 Everyone
	12:00 - 18:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Fitness (A)
Friday	06:30 - 09:30	Swim 4 Everyone
	12:00 - 15:45	Swim 4 Everyone
	20:00 - 21:00	Swim 4 Everyone
	21:00 - 22:00	Swim 4 Fitness (A)
Saturday	11:00 - 14:30	Swim 4 Everyone
	15:30 - 19:00	Swim 4 Everyone
Sunday	08:00 - 10:00	Swim 4 Fitness
	10:00 - 14:30	Swim 4 Everyone
	15:30 - 17:00	Swim 4 Fitness
	19:30 - 21:00	Swim 4 Fitness
	21:00 - 22:00	Swim 4 Fitness (A)

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WATER WORKOUTS

DAY	TIME	SESSION
Monday	09:30 - 10:30	Aqua Aerobics
	10:30 - 12:00	50+ Swim Session
Tuesday	10:30 - 11:30	Hydro Session
	20:05 - 21:00	Aqua Aerobics
Wednesday	09:20 - 10:20	Aqua Aerobics
Thursday	20:05 - 21:00	Aqua Aerobics
Friday	09:30 - 10:30	Aqua Aerobics

Timetable correct as at April 2017.

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