Central Park Leisure Centre

Teaching Pool Holiday Programme

06:00 07:00 07:00 07:00 07:00 07:00 07:00 07:00 07:00 07:00 07:00 08:0	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
07:00 08:0	05:00								05:00
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21:00	20:00	· ·		·					20:00
	21:00								21:00
22:00	22:00								22:00

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per

A band system will be in use during all public sessions.

Teaching Pool sessions are I hour in length unless otherwise indicated on the timetable.

FITNESS AND FUN

Swim 4 Everyone For everyone to experience the invigorating and relaxing activity which is swimming. Dip your toe in, the water's lovely...

SPECIALITIES

Colleague Training Essential training for staff who work pool-side as lifeguards to ensure everyone's safety.

Swim Lessons Everyone Active's programme is designed for children four months to learn to swim. Lesso

LEARNING TO SWIM

Swim Lessons Everyone Active's programme is designed for children from four months to learn to swim. Lessons run 50 weeks a year, six days a week. Enrol anytime at centre reception.

HIRE

Private Hire Our facilities are available to hire - contact reception for details.

Timetable correct as at February 2016. Please check public notice boards and www.everyoneactive.com for any timetable changes.