

# Monday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
05:30 - 07:30	Clubs	6		
07:45 - 09:30	Swim 4 Everyone	6		
08:45 - 09:30	Aqua Classes	6		
09:30 - 12:00	Schools	6		
12:05 - 13:00	Swim 4 Fitness	6		
13:00 - 15:40	Swim 4 Everyone	6		
16:00 - 18:30	Swim Lessons	6		
18:30 - 22:00	Clubs	6		
20:00 - 21:00	Colleague Training	6		
09:00 - 12:00			Swim Lessons	Full Pool
12:15 - 13:00			Aqua Classes	Full Pool
14:05 - 15:20			Swim 4 Everyone	Full Pool
15:30 - 19:00			Swim Lessons	Full Pool
19:00 - 19:45			Aqua Classes	Full Pool
20:00 - 20:45			Aqua Classes	Full Pool

Timetable in operation over the following dates: 03/09/2018 - 21/10/2018

Timetable correct as of 25/07/2018 July 2018

Please check [www.everyoneactive.com](http://www.everyoneactive.com) for any timetable changes.

# Tuesday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
05:30 - 07:30	Clubs	6		
07:45 - 09:00	Swim 4 Fitness	3		
09:00 - 12:00	Schools	6		
12:05 - 13:00	Swim 4 Fitness	3		
13:00 - 15:40	Swim 4 Everyone	6		
16:00 -18:00	Swim Lessons	6		
18:10 - 20:40	Swim 4 Everyone	3		
09:00 - 12:00			Swim Lessons	Full Pool
12:00 - 13:00			Adult Swim Lessons	Full Pool
13:15 - 14:00			Aqua Classes	Full Pool
14:05 - 15:20			Swim 4 Everyone	Full Pool
15:30 - 18:30			Swim Lessons	Full Pool
18:30 - 20:40			Swim 4 Everyone	Full Pool
20:45 - 21:45			Adult Swim Lessons	Full Pool

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# Wednesday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
05:30 - 07:30	Clubs	6		
07:45 - 09:00	Swim 4 Fitness	6		
09:00 - 12:00	Schools	6		
12:05 - 13:00	Swim 4 Fitness	6		
13:00 - 15:40	Swim 4 Everyone	6		
16:00 - 18:00	Swim Lessons	6		
18:10 - 20:40	Swim 4 Everyone	6		
20:45 - 21:45	Adult Swim Lessons	6		
09:00 - 09:45			Aqua Classes	Full Pool
10:00 - 13:00			Swim Lessons	Full Pool
13:10 - 13:55			Adult Swim Lessons	Full Pool
14:05 - 15:20			Swim 4 Everyone	Full Pool
15:30 - 18:30			Swim Lessons	Full Pool
18:30 - 20:40			Swim 4 Everyone	Full Pool
20:45 - 21:45			Adult Swim Lessons	Full Pool

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# Thursday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
05:30 - 07:30	Clubs	6		
07:45 - 09:00	Swim 4 Fitness	6		
09:00 - 12:00	Schools	6		
12:05 - 13:00	Swim 4 Fitness	6		
13:00 - 15:40	Swim 4 Everyone	6		
16:00 - 18:00	Swim Lessons	6		
18:10 - 19:30	Swim 4 Everyone	6		
19:30 - 20:40	Clubs	3		
19:30 - 20:40	Swim 4 Everyone	3		
21:00 - 22:00	Clubs	6		
09:00 - 12:00			Swim Lessons	Full Pool
12:15 - 13:00			Aqua Classes	Full Pool
13:00 - 14:00			Clubs	Full Pool
14:05 - 15:20			Swim 4 Everyone	Full Pool
15:30 - 18:30			Swim Lessons	Full Pool

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# Friday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
05:30 - 07:30	Clubs	6		
07:45 - 09:00	Swim 4 Fitness	6		
09:00 - 09:45	Aqua Classes	6		
10:00 - 12:00	Schools	6		
12:05 - 13:00	Swim 4 Fitness	6		
13:00 - 15:40	Swim 4 Everyone	6		
18:30 - 21:30	Clubs	6		
10:00 - 13:00			Swim Lessons	Full Pool
13:00 - 14:00			Adult Swim Lessons	Full Pool
14:05 - 15:20			Swim 4 Everyone	Full Pool
16:00 - 1900			Swim Lessons	Full Pool
19:00 - 20:00			Clubs	Full Pool

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# Saturday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:00 - 08:00	Clubs	6		
08:00 - 09:30	Swim 4 Everyone	6		
09:30 - 11:30	Swim 4 Everyone	3		
09:30 - 11:30	Swim Lessons	3		
11:30 - 14:15	Swim 4 Everyone	6		
14:30 - 16:30	Family Fun Swim	3		
14:30 - 16:30	Clubs	3		
16:35 - 18:00	Swim 4 Everyone	6		
08:00 - 09:00			Swim 4 Everyone	Full Pool
09:00 - 14:00			Swim Lessons	Full Pool
14:30 - 18:30			Swim 4 Everyone	Full Pool

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# Sunday

## Public Swimming - Term Time

Hornchurch Sports Centre

MAIN POOL			TEACHING POOL	
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
08:00 - 09:00	Swim 4 Everyone	6		
09:00 - 11:00	Swim 4 Everyone	3		
11:00 - 13:00	Swim 4 Everyone	6		
13:30 - 15:30	Family Fun Swim	6		
16:00 - 17:00	Clubs	6		
17:05 - 18:30	Swim 4 Everyone	6		
19:00 - 20:00	Clubs	6		
20:00 - 21:00	Swim 4 Fitness	6		
08:00 - 09:00			Swim 4 Everyone	Full Pool
09:00 - 11:00			Swim Lessons	Full Pool
11:00 - 12:25			Swim 4 Everyone	Full Pool
12:30 - 14:00			Swim Lessons	Full Pool
14:00 - 16:00			Clubs	Full Pool
16:00 - 19:00			Wet & Wild	Full Pool

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