

Monday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | |
|---------------|-----------------|--------------|---------------|--------------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL |
| 06:30 - 07:00 | Swim 4 Fitness | 4 | 08:00 - 09:00 | Swim 4 Everyone | Full Pool |
| 07:00 - 07:30 | Swim 4 Fitness | 3 | | | |
| 07:30 - 08:00 | Swim 4 Fitness | 4 | | | |
| 08:00 - 09:00 | Swim 4 Fitness | 6 | | | |
| 09:00 - 16:00 | Swim 4 Fitness | 3 | 12:00 - 13:00 | Under 5's Fun Swim | Full Pool |
| 16:00 - 18:00 | Swim 4 Everyone | 1 | | | |
| 16:00 - 18:00 | Swim 4 Fitness | 2 | | | |
| 18:00 - 20:00 | Swim 4 Fitness | 6 | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Tuesday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | |
|---------------|-----------------|--------------|---------------|--------------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL |
| 06:30 - 07:00 | Swim 4 Fitness | 6 | 12:00 - 13:00 | Under 5's Fun Swim | Full Pool |
| 07:00 - 08:00 | Swim 4 Fitness | 3 | | | |
| 08:00 - 08:30 | Swim 4 Fitness | 5 | | | |
| 08:30 - 09:00 | Swim 4 Fitness | 6 | 15:00 - 16:00 | Swim 4 Everyone | Full Pool |
| 09:00 - 12:00 | Swim 4 Fitness | 3 | | | |
| 12:00 - 13:00 | Swim 4 Fitness | 6 | | | |
| 13:00 - 16:00 | Swim 4 Fitness | 3 | | | |
| 16:00 - 18:00 | Swim 4 Everyone | 1 | | | |
| 16:00 - 18:00 | Swim 4 Fitness | 2 | | | |
| 18:00 - 19:30 | Swim 4 Fitness | 6 | | | |
| 19:30 - 21:00 | Swim 4 Fitness | 5 | | | |
| 21:00 - 21:30 | Swim 4 Fitness | 6 | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Wednesday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | | LEISURE POOL | | |
|---------------|-----------------|--------------|---------------|-----------------|----------------|---------------|--------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL | TIME | SESSION | HALF/FULL POOL |
| 06:30 - 07:00 | Swim 4 Fitness | 6 | | | | | | |
| 07:00 - 08:30 | Swim 4 Fitness | 5 | 08:00 - 09:00 | Swim 4 Everyone | Full Pool | 15:15 - 16:00 | Aqua Classes | Full Pool |
| 08:30 - 09:30 | Swim 4 Fitness | 6 | 12:00 - 13:00 | Young at Heart | Full Pool | | | |
| 09:30 - 12:00 | Swim 4 Fitness | 3 | | | | | | |
| 12:00 - 13:00 | Swim 4 Fitness | 6 | | | | | | |
| 16:00 - 18:00 | Swim 4 Everyone | 1 | | | | | | |
| 16:00 - 18:00 | Swim 4 Fitness | 2 | | | | | | |
| 18:00 - 19:00 | Swim 4 Fitness | 4 | | | | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Thursday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | | LEISURE POOL | |
|---------------|-----------------|--------------|---------------|-----------------|----------------|---------------|------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL | TIME | SESSION |
| 06:30 - 07:00 | Swim 4 Fitness | 4 | | | | 17:00 - 18:00 | Wet & Wild |
| 07:00 - 12:00 | Swim 4 Fitness | 3 | | | | | |
| 12:00 - 13:00 | Swim 4 Fitness | 4 | 15:00 - 16:00 | Swim 4 Everyone | Full Pool | | |
| 13:00 - 16:00 | Swim 4 Fitness | 3 | | | | | |
| 16:00 - 18:00 | Swim 4 Everyone | 1 | | | | | |
| 16:00 - 18:00 | Swim 4 Fitness | 2 | | | | | |
| 18:00 - 20:00 | Swim 4 Fitness | 6 | | | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Friday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | |
|---------------|-----------------|--------------|---------------|--------------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL |
| 06:30 - 07:00 | Swim 4 Fitness | 5 | 08:00 - 09:00 | Swim 4 Everyone | Full Pool |
| 07:00 - 08:00 | Swim 4 Fitness | 3 | | | |
| 08:00 - 09:00 | Swim 4 Fitness | 6 | | | |
| 09:00 - 16:00 | Swim 4 Fitness | 3 | 12:00 - 13:00 | Young at Heart | Full Pool |
| 16:00 - 18:00 | Swim 4 Everyone | 1 | 13:00 - 14:00 | Under 5's Fun Swim | Full Pool |
| 16:00 - 18:00 | Swim 4 Fitness | 2 | | | |
| 18:00 - 19:00 | Swim 4 Fitness | 3 | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Saturday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | | LEISURE POOL | | |
|---------------|-----------------|--------------|---------------|-----------------|----------------|---------------|--------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL | TIME | SESSION | HALF/FULL POOL |
| 08:00 - 12:00 | Swim 4 Everyone | 1 | 12:30 - 17:00 | Swim 4 Everyone | Full Pool | 12:00 - 13:00 | Wet & Wild | Full Pool |
| 08:00 - 12:00 | Swim 4 Fitness | 2 | | | | 13:15 - 14:00 | Aqua Classes | Full Pool |
| 12:00 - 17:30 | Swim 4 Everyone | 2 | | | | | | |
| 12:00 - 17:30 | Swim 4 Fitness | 4 | | | | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018

Sunday

Public Swimming - Term Time

Queen Mother Sports Centre

| MAIN POOL | | | TEACHING POOL | | | LEISURE POOL | | |
|---------------|-----------------|--------------|---------------|-----------------|----------------|---------------|------------|----------------|
| TIME | SESSION | NO. OF LANES | TIME | SESSION | HALF/FULL POOL | TIME | SESSION | HALF/FULL POOL |
| 08:00 - 12:00 | Swim 4 Everyone | 1 | 09:00 - 15:00 | Swim 4 Everyone | Full Pool | 12:00 - 13:00 | Wet & Wild | Full Pool |
| 08:00 - 11:00 | Swim 4 Fitness | 3 | | | | | | |
| 12:00 - 17:00 | Swim 4 Everyone | 2 | | | | | | |
| 11:00 - 17:00 | Swim 4 Fitness | 4 | | | | | | |

Timetable in operation over the following dates: Term Time

Timetable correct as of August 2018