

# Monday

## Public Swimming - Term Time

### Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:30 - 11:00	Swim 4 Everyone	1
11:00 - 12:00	Young at Heart	0
12:00 - 12:45	Aqua Classes	0
12:45 - 13:15	Swim 4 Everyone	1
13:15 - 15:00	Schools	0
15:00 - 16:00	Swim 4 Everyone	1
16:00 - 17:30	Swim Lessons	0
17:30 - 18:30	Clubs	4
18:30 - 19:30	Colleague Training	0
19:30 - 20:30	Swim Lessons	0
20:30 - 21:30	Swim 4 Fitness	4

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019

Please check [www.everyoneactive.com](http://www.everyoneactive.com) for any timetable changes.

# Tuesday

## Public Swimming - Term Time

Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:30 - 12:30	Swim 4 Everyone	1
12:30 - 13:30	Swim 4 Fitness	4
13:45 - 14:30	Aqua Classes	0
14:30 - 16:00	Swim 4 Everyone	1
16:00 - 18:30	Swim Lessons	0
18:30 - 20:30	Swim 4 Everyone	1
20:30 - 21:30	Adult Gentle Swim	1

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019

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# Wednesday

## Public Swimming - Term Time

Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:30 - 09:30	Swim 4 Everyone	1
09:30 - 11:00	Schools	0
11:00 - 12:00	Young at Heart	0
12:00 - 16:00	Swim 4 Everyone	1
16:00 - 18:30	Swim Lessons	0
18:30 - 19:30	Swim 4 Everyone	1
19:30 - 20:30	Ladies Only	1
20:30 - 21:30	Swim 4 Fitness	4

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Timetable correct as of January 2019

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# Thursday

## Public Swimming - Term Time

Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:30 - 11:00	Swim 4 Everyone	1
11:00 - 11:45	Aqua Classes	0
11:45 - 13:15	Swim 4 Everyone	1
13:15 - 15:00	Schools	<b>0</b>
15:00 - 17:30	Swim 4 Everyone	1
17:30 - 18:30	Clubs	4
18:30 - 19:30	Private Hire	0
19:30 - 20:30	Swim 4 Everyone	1
20:30 - 21:30	Adult Gentle Swim	1

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019

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# Friday

## Public Swimming - Term Time

### Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:30 - 10:00	Swim 4 Everyone	1
10:00 - 11:00	Swim 4 Fitness	4
11:00 - 17:30	Swim 4 Everyone	1
17:30 - 19:30	Clubs	0
19:30 - 20:30	Swim 4 Fitness	4
20:30 - 21:30	Private Hire	0

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019

# Saturday

## Public Swimming - Term Time

Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
08:30 - 12:30	Swim Lessons	0
12:30 - 17:00	Swim 4 Everyone	1
17:00 - 18:00	Private Hire	0

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019

# Sunday

## Public Swimming - Term Time

Stradbroke Swim & Fitness Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
08:30 - 09:30	Swim 4 Fitness	4
09:30 - 11:00	Swim 4 Everyone	1
11:00 - 12:00	Family Fun Swim	0
12:00 - 17:00	Swim 4 Everyone	1

Timetable in operation over the following dates: 07/01/2019 - 17/02/2019    23/02/2019 - 7/03/2019    23/04/2019 - 26/05/2019

Timetable correct as of January 2019