

UNIVERSITY CASUAL SWIMMING SESSIONS

Plymouth Life Centre

2019
/2020

Thanks to a partnership between Plymouth University, Plymouth City Council and Everyone Active, Plymouth University Students and Staff are entitled to attend certain sessions each week free of charge. Students and staff must have their Plymouth University ID card with them as proof of identification and sign up to a Free Everyone Active Card to gain free access to these sessions. The sessions run on the dates detailed below to coincide with the academic term.

MONDAY - POOL C

18:00 - 19:30

University Casual Swimming Session

(Session 1 starts at 18:00, Session 2 starts at 18:45)

All year round apart from Christmas and New Year Weeks

WEDNESDAY - DIVING POOL

13:00 - 14:30pm

University Casual Swimming Session

(Session 1 starts at 13:00, Session 2 starts at 13:45)

18/09/19 – 11/12/19..... 13 weeks

08/01/20 – 01/04/20 13 weeks

22/04/20 – 24/06/20 10 weeks

THURSDAY - POOL B

19:00 - 20:30

University Casual Swimming Session

(Session 1 starts at 19:00, Session 2 starts at 19:45)

19/09/19 – 12/12/19 13 weeks

09/01/20 – 02/04/20..... 13 weeks

23/04/20 – 25/06/20 10 weeks

FRIDAY - POOL C

17:30 - 19:00

University Casual Swimming Session

(Session 1 starts at 17:30, Session 2 starts at 18:15)

All year round apart from Christmas and New Year Weeks

SUNDAY - DIVING POOL

19:00 - 20:30

University Casual Swimming Session

(Session 1 starts at 19:00, Session 2 starts at 19:45)

22/09/19 – 15/12/19 13 weeks

12/01/20 – 05/04/20..... 13 weeks

26/04/20 – 28/06/20 10 weeks

UNIVERSITY CASUAL SWIMMING SESSIONS

Plymouth Life Centre

2019
/2020

MONDAY - POOL C

19:30 - 21:30

University Swimming Club

23/09/19 – 02/12/19 11 weeks
06/01/20 – 30/03/20..... 13 weeks
27/04/20 – 25/05/20 5 weeks

21:30 - 22:30pm

University Lifesaving Club

23/09/19 – 02/12/19 11 weeks
06/01/20 – 30/03/20..... 13 weeks
27/04/20 – 25/05/20 5 weeks

WEDNESDAY - DIVING POOL

14:30 - 16:00

University Lifesaving Club

25/09/19 – 04/12/19 11 weeks
08/01/20 – 01/04/20 13 weeks
29/04/20 – 27/05/20 5 weeks

THURSDAY - POOL B

20:30 - 22:00

University Swimming Club

26/09/19 – 05/12/19 11 weeks
09/01/20 – 02/04/20..... 13 weeks
30/04/20 – 28/05/20 5 weekss

THURSDAY - DIVING POOL

20:30 - 22:00

University Waterpolo Club

26/09/19 – 05/12/19 11 weeks
09/01/20 – 02/04/20..... 13 weeks
30/04/20 – 28/05/20 5 weeks

SUNDAY - DIVING POOL

20:30 - 22:00

University Octopush Club

29/09/19 – 08/12/19 11 weeks
12/01/20 – 05/04/20..... 13 weeks
03/05/20 – 31/05/20 5 weeks