

Lammas Leisure Centre

Ice Rink Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
06:45 - 08:00						Artistic Ice	Artistic Ice	06:45 - 08:00
06:45 - 08:45	Artistic Ice	Artistic Ice	Artistic Ice	Artistic Ice	Artistic Ice			06:45 - 08:45
08:00 - 11:00						Skate UK	Skate UK	08:00 - 11:00
08:45 - 09:00	Mini Resurface	Mini Resurface	Mini Resurface	Mini Resurface	Mini Resurface			08:45 - 09:00
09:00 - 10:00		Happy Hour			Practice Ice			09:00 - 10:00
09:00 - 10:30	Fun Skate							09:00 - 10:30
09:00 - 11:30			Fun Skate	Fun Skate				09:00 - 11:30
10:00 - 11:00		Polar Cubs			Polar Cubs			10:00 - 11:00
10:30 - 11:00	Resurface							10:30 - 11:00
11:00 - 11:15						Resurface	Resurface	11:00 - 11:15
11:00 - 11:30		Resurface						11:00 - 11:30
11:00 - 12:00	Fun Skate				Happy Hour			11:00 - 12:00
11:15 - 12:00						Artistic Ice		11:15 - 12:00
11:15 - 13:30							Fun Skate	11:15 - 13:30
11:30 - 12:00			Resurface	Resurface				11:30 - 12:00
11:30 - 13:30		Fun Skate						11:30 - 13:30
12:00 - 12:30					Resurface			12:00 - 12:30
12:00 - 13:00	Maintenance Resurface		Practice Ice			Happy Hour		12:00 - 13:00
12:00 - 13:30				Fun Skate				12:00 - 13:30
12:30 - 14:00					Fun Skate			12:30 - 14:00
13:00 - 13:30			Skate UK					13:00 - 13:30
13:00 - 14:00						Polar Cubs		13:00 - 14:00
13:00 - 15:30	Fun Skate							13:00 - 15:30
13:30 - 13:45		Mini Resurface						13:30 - 13:45
13:30 - 14:00			Practice Ice	Resurface			Resurface	13:30 - 14:00
13:45 - 15:45		Fun Skate						13:45 - 15:45
14:00 - 14:30						Resurface		14:00 - 14:30
14:00 - 15:00					Ladies Only Skate Session		Private Hire	14:00 - 15:00
14:00 - 15:30			Fun Skate					14:00 - 15:30
14:00 - 17:30				Fun Skate				14:00 - 17:30
14:30 - 18:00						Club (Sutton Sting)		14:30 - 18:00
15:00 - 15:30					Resurface		Resurface	15:00 - 15:30
15:30 - 16:00	Resurface		Resurface					15:30 - 16:00
15:30 - 16:30					Fun Skate		Private Hire	15:30 - 16:30
15:45 - 16:00		Mini Resurface						15:45 - 16:00
15:45 - 18:00			Fun Skate					15:45 - 18:00
16:00 - 17:00		Skate UK						16:00 - 17:00
16:00 - 18:00	Practice Ice							16:00 - 18:00
16:30 - 17:00							Resurface	16:30 - 17:00
16:30 - 17:30					Polar Bears Disco			16:30 - 17:30
17:00 - 18:00							Private Hire	17:00 - 18:00
17:00 - 18:45		Fun Skate						17:00 - 18:45
17:30 - 18:00					Resurface			17:30 - 18:00
17:45 - 18:45				Practice Ice				17:45 - 18:45
18:00 - 18:15	Mini Resurface							18:00 - 18:15
18:00 - 18:30						Resurface	Resurface	18:00 - 18:30
18:00 - 19:30					Teen's Disco			18:00 - 19:30
18:15 - 22:45	Club (Sutton Sting)							18:15 - 22:45
18:30 - 20:30						Family Fun Skate		18:30 - 20:30
18:30 - 23:00							Club (Sutton Sting)	18:30 - 23:00
18:45 - 19:00		Resurface	Resurface	Mini Resurface				18:45 - 19:00
18:45 - 21:30			Club (LISC)					18:45 - 21:30
19:00 - 20:45		Fun Skate						19:00 - 20:45
19:00 - 21:00				Skate UK				19:00 - 21:00
19:30 - 20:00					Resurface			19:30 - 20:00
20:00 - 21:00					Teen's Disco			20:00 - 21:00
20:30 - 20:45						Resurface		20:30 - 20:45
20:45 - 22:30						Practice Ice		20:45 - 22:30
21:00 - 21:15				Mini Resurface				21:00 - 21:15
21:00 - 22:00		Practice Ice						21:00 - 22:00
21:15 - 22:30				Practice Ice				21:15 - 22:30
21:30 - 22:45			Resurface		Club (Sutton Sting)			21:30 - 22:45
21:45 - 23:00			Club (Sutton Sting)					21:45 - 23:00
	Maintenance Resurface	Maintenance Resurface	Maintenance Resurface	Maintenance Resurface	Maintenance Resurface	Maintenance Resurface	Maintenance Resurface	

Timetable correct as at January 2020. Please check public notice boards, www.everyoneactive.com and Facebook for any timetable changes.

LEARN TO SKATE

Skate UK a learn to skate programme suitable for all ages and abilities from complete beginners to more advanced. Skate safe, skate for fun - enrol on Skate UK. Plus also ask about the Skate UK Star programme.

FUN SKATE

Have a great time at our public sessions, suitable for all ages and abilities. Penguin skating aids.

HAPPY HOUR

Have a great time at our public sessions, suitable for all ages and abilities. Penguin skating aids. Free skate hire and discounted skate price!

PARTIES/PRIVATE HIRE

They're as individual as you are so why not have a party with a REAL difference? Make a birthday MASSIVE, fun for all. Disco lights and your own DJ!! Corporate bookings also available.

ICE

Sessions must be booked in advance.
Artistic Ice Professionally coached one to one lessons or by coach invitation only.
Practice Ice Practice time for skaters above Skate UK level 8.

POLAR CUBS

A parent and toddler session with toys, games and penguin skating aids. With a qualified coach present. Siblings are welcome on weekday holiday sessions.

POLAR BEARS

Family fun for under 10's. Come and enjoy!! (Parents / adults optional but under 8's must be accompanied at all times).

DISCO SESSIONS

Disco for all the family, young or old. There's disco lights and music for everyone provided by one of our house DJ's.

LADIES ONLY SESSIONS

A one hour session to learn to skate, learn new techniques but most all have fun on the ice.

CLUBS

These sessions are specialised or private and only available through joining the club or booking.

IN THE INTERESTS OF HEALTH AND SAFETY AND ENJOYMENT PLEASE NOTE THAT ICE RESURFACING MAY TAKE PLACE DURING ANY SESSION