

# Monday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL					
TIME	SESSION	NO. OF LANES	SESSION		
07:15 - 08:00	Lane Swimming	3	Aqua Classes		Half Pool
08:00 - 09:00	Lane Swimming	3	Aqua Classes		Half Pool
09:00 - 10:00	Lane Swimming	3	Aqua Classes		Half Pool
10:00 - 11:00	Young at Heart	3	Aqua Classes		Half Pool
11:00 - 12:00	Lane Swimming	5			
12:00 - 13:25	Lane Swimming	5			
15:00 - 18:30	Swim Lessons	6			
18:45-19:45	Aqua Classes	1			
19:30 - 21.30	Adult Swimming	2			
19:00-21:30	Adult Swim Lessons	2			
21:00 - 22:00	Lane Swimming	4			

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

Please check [www.everyoneactive.com](http://www.everyoneactive.com) for any timetable changes.

# Tuesday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:15 - 10.00	Lane Swimming	5		
10:00 - 10:55	Aqua Classes			Full Pool
11:00 - 12:00	Under 5's Fun Swim			Half Pool
11:00 - 12:00	Swim Lessons			Half Pool
12:00 - 13:25	Lane Swimming	5		
15:00 - 18:00	Swim Lessons	6		
18:00 - 18:30	Swim Lessons	3		
18:00 - 18:30	Public Swimming			Half Pool
18:30 - 20:00	Public Swimming			Half Pool
18:30-20:00	Lane Swimming	3		
20:00 - 21:00	Aqua Classes			Full Pool

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

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# Wednesday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:00 - 09.30	Lane Swimming	3	Aqua Classes	Half Pool
09:30 - 12:00	Public Swimming			Half Pool - Shallow End
10:00-11:00	Swim Lessons			Half Pool - Deep End
12:00-13:25	Lane Swimming	5		
15:00 - 16:30	Swim Lessons	6		
18:00 - 19:00	Public Swimming			Half Pool
18:45-19:45	Aqua Classes			Half Pool
19:00 - 20:00	Lane Swimming	3		
20:00 - 21:30	Lane Swimming	3		
21:30 - 22:00	Lane Swimming	5		

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

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# Thursday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:00 - 10.00	Lane Swimming	5		
10:00-11:00	Under 5's Fun Swim			Half Pool - Shallow End
10:00 - 11:00	Aqua Classes			Full Pool
11:00 - 13:25	Lane Swimming	5		
15:00 - 17:30	Swim Lessons			Full Pool
18:30 - 20:00	Public Swimming			Half Pool
20:00 - 21:00	Lane Swimming	3		
21:00 - 22:00	Lane Swimming	5		

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

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# Friday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:15 - 09:00	Lane Swimming	3	Aqua Classes	Half Pool
09:00 - 10:00	Young at Heart	2		Full Pool
10:00 - 11:00	Lane Swimming	5		
11:00 - 12:00	Aqua Classes			Full Pool
12:00 - 13:25	Lane Swimming	5		
15:00 - 18:30	Swim Lessons			Full Pool
18:30 - 19:30	Family Swimming			Full Pool
19:30 - 21:30	Lane Swimming	3		

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

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# Saturday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
08:00 - 12:15	Swim Lessons			Full Pool
12:15 - 13:15	Family Swimming			Full Pool
13:15 - 15:00	Lane Swimming	3		
13:15 - 15:00	Public Swimming			Half Pool
15:00 - 16:00	Family Swimming			Full Pool
16:15 - 17:15	Family Swimming with inflatable			Full Pool

Timetable in operation over the following dates: 06/03/2019

\*Family swimming with inflatable sessions only run on the 1st Sat of each month

Timetable correct as of March 2019

# Sunday

## Public Swimming - Term Time

Rossmore leisure Centre

MAIN POOL				
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
07:30 - 08:00	Lane Swimming	5		
08:00 - 09:30	Swim Lessons	3		
08:00 - 09:25	Family Swimming	2		
08:00 - 09:25	Lane Swimming	1		
09:30 - 12:00	Swim Lessons			Half Pool
09:30 - 12:00	Public Swimming			Half Pool - Shallow End
12:15 - 13:15	Family Swimming			
13:15 - 15:00	Lane Swimming	2		
13:15 - 15:00	Public Swimming			Half Pool
15:00-16:00	Family Swimming			Full Pool
16:00 - 17:00	Lane Swimming	5		

Timetable in operation over the following dates: 06/03/2019

Timetable correct as of March 2019

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