

Monday

Swimming Timetable - School Holidays

Rainbow Leisure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	TIME	SESSION	HALF/FULL POOL
06:00-09:25	Lane Swimming	Full Pool			
09:30-12:00	Public Swimming	Full Pool/3 lanes	10:30-16:00	Under 5's Fun Swimming	Full Pool
12:00-13:00	Adult Swimming	Full Pool, Laned			
13:00-14:00	Ladies Swimming	Full Pool			
14:00-15:55	Public Swimming	Full Pool/3 Lanes			
16:00-18:00	Swim Lessons	Full Pool	16:00-18:00	Swim Lessons	Full Pool
18:00-20:00	Clubs	Half Pool			
18:00-20:00	Lane Swimming	Half Pool			
20:00-21:00	Ladies Swimming	Full pool/17m /Laned			
20:00-20:55	Aqua Classes	Boom			
21:00-22:00	Adult Swimming	Full Pool/Laned			

This timetable is in operation over the following dates: May 2019-March 2020

Timetable last updated: 15/05/19

Please check www.everyoneactive.com for any timetable changes.

Tuesday

Swimming Timetable - School Holidays

Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
06:00-08:25	Lane Swimming	Full Pool			
08:30-09:25	Lane Swimming	Full Pool/17m			
08:30-09:25	Aqua Classes	Boom			
09:30-12:00	Public Swimming	Full Pool/3 Lanes	10:30-16:00	Under 5's Fun Swimming Full Pool	
12:00-13:00	Adult Swimming	Full Pool/Laned			
13:00-15:55	Public Swimming	Full Pool/3 Lanes			
16:00-18:00	Swim Lessons	Full Pool	16:00-18:00	Swim Lessons Full Pool	
18:00-20:00	Swim Lessons	2 lanes			
18:00-20:00	Clubs	4 lanes			
20:00-21:00	Adult Swimming	Full Pool/17m/Laned			
20:00-20:55	Aqua Classes	Boom			
21:00-22:00	Adult Swimming	Full Pool/Laned			

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Wednesday

Swimming Timetable - School Holidays

Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
06:00-09:25	Lane Swimming	Full Pool			
09:30-12:00	Public Swimming	Full Pool/3 Lanes	10:30-16:00	Under 5's Fun Swimming Full Pool	
12:00-13:00	Adult Swimming	Full Pool, Laned			
13:00-15:55	Public Swimming	Full Pool/3 Lanes			
16:00-18:00	Swim Lessons	Full Pool	16:00-18:00	Swim Lessons Full Pool	
18:00-19:00	Clubs	Full Pool			
19:00-20:00	Lane Swimming	Full Pool			
20:00-21:00	Adult Swimming	Full Pool/Laned			
21:00-22:00	Adult Swimming	2 lanes			
21:00-22:00	Clubs	4 Lanes			

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Thursday

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Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
06:00-09:25	Lane Swimming	Full Pool			
09:30-12:00	Public Swimming	Half pool			
10:00-12:00	Adult Swim Lessons	Half Pool	10:30-16:00	Under 5's Fun Swimming	Full Pool
12:00-13:00	Adult Swimming	Full Pool/Laned			
13:00-14:00	Ladies Swimming	Full Pool/Laned			
14:00-15:00	Adult Swimming	Full Pool/Laned			
15:00-15:55	Public Swimming	Full Pool/17m			
15:15-15:55	Aqua Classes	Boom			
16:00-18:00	Swim Lessons	Full Pool	16:00-18:00	Swim Lessons	Full Pool
18:00-19:00	Lane Swimming	Full Pool			
19:00-20:00	Lane Swimming	Full Pool/17m			
19:00-19:55	Aqua Classes	Boom/Mens			
20:00-21:00	Ladies Swimming	Full Pool/17m/Laned			
20:00-20:55	Aqua Classes	Boom/Aqua Zumba			
21:00-22:00	Adult Swimming	Full Pool/Laned			

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Friday

Swimming Timetable - School Holidays

Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
06:00-08:25	Lane Swimming	Full Pool			
08:30-09:25	Lane Swimming	Full Pool/17m			
08:30-09:25	Aqua Classes	Boom			
09:30-12:00	Public Swimming	Full Pool/3 Lanes			
12:00-14:00	Adult Swimming	Full Pool/Laned			
14:00-16:00	Colleague Training	Full Pool	14:00-16:00	Colleague Training	
16:00-20:00	Swim Lessons	2 lanes	16:00-18:00	Swim Lessons	
16:00-19:00	Public Swimming	4 Lanes			
19:00-20:00	Adult Swimming	4 lanes			

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Saturday

Swimming Timetable - School Holidays

Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
08:00-09:00	Public Swimming	Full Pool			
09:00-12:00	Swim Lessons	Full Pool	09:00-12:00	Full Pool	
12:15-15:45	Family Swimming	Full Pool	12:15-17:00	Full Pool	
16:00-17:00	Adult Swimming	Full Pool			

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Sunday

Swimming Timetable - School Holidays

Rainbow Lesiure Centre

MAIN POOL			TEACHING POOL		
TIME	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL	
08:00-09:00	Public Swimming	Full Pool	08:30-12:00	Swim Lessons	Full Pool
09:00-12:00	Swim Lessons	2 Lanes			
09:00-12:00	Public Swimming	4 lanes			
12:15-14:55	Family Swimming	Full Pool	12:15-16:00	Family Swimming	Full Pool
15:00-16:00	Family Swimming	Full Pool/17m			
15:00-17:00	Swim Lessons	Boom			
16:00-17:00	Adult Swimming	Full Pool/17m	16:00-17:00	Swim Lessons	Full Pool
17:05-18:05	Clubs	Full Pool			

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