

Teaching Pool - Holiday

Westminster Lodge Leisure Centre

FAMILY AND FUN

DAY	TIME	SESSION
Monday	08:00 - 20:00	Swim 4 Everyone
Tuesday	08:00 - 18:00	Swim 4 Everyone
Wednesday	08:00 - 18:30	Swim 4 Everyone
Thursday	08:00 - 18:00	Swim 4 Everyone
Friday	09:00 - 18:30	Swim 4 Everyone
	19:00 - 21:00	Ladies only
Saturday	08:00 - 09:00	Swim 4 Everyone
	09:00 - 10:00	Swim 4 Everyone
	10:00 - 11:00	Swim 4 Everyone
	11:00 - 12:00	Swim 4 Everyone
	12:00 - 13:00	Swim 4 Everyone
	13:00 - 14:00	Swim 4 Everyone
	14:00 - 15:00	Swim 4 Everyone
	15:00 - 16:00	Swim 4 Everyone

Timetable correct as at July 2017.

Please check **www.everyoneactive.com** for any timetable changes.

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Westminster Lodge Leisure Centre

FAMILY AND FUN

DAY	TIME	SESSION
Sunday	08:00 - 09:00	Swim 4 Everyone
	09:00 - 10:00	Swim 4 Everyone
	10:00 - 11:00	Swim 4 Everyone
	11:00 - 12:00	Swim 4 Everyone
	12:00 - 13:00	Swim 4 Everyone
	13:00 - 14:00	Swim 4 Everyone
	14:00 - 15:00	Swim 4 Everyone
	15:00 - 16:00	Swim 4 Everyone

WATER WORKOUTS

DAY	TIME	SESSION
Monday	20:00 - 21:00	Aqua Class
Wednesday	11:00 - 12:00	Aqua Natal
Wednesday	19:00 - 20:00	Aqua Class
Friday	08:00 - 09:00	Aqua Class

HIRE

DAY	TIME	SESSION
Saturday	18:00 - 22:00	Private Hire

Timetable correct as at July 2017.

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