

Monday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|---------------|-----------------|--------------|------------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:30-09:00 | Lane Swimming | 8 | | |
| 09:00-15:00 | Lane Swimming | 2 | | |
| 09:00-15:00 | Public Swimming | 5 | | |
| 09:00-15:00 | Schools | 1 | | |
| 15:00-16:00 | Lane Swimming | 2 | | |
| 15:00-16:00 | Public Swimming | 6 | | |
| 09:00 - 10:00 | | | Under 5's Fun Swimming | Full Pool |
| 10:00 - 11:00 | | | Swim Lessons | Full Pool |
| 11:00 - 12:00 | | | Senior Swimming | Full Pool |
| 12:00 - 12:45 | | | Aqua Classes | Full Pool |
| 13:00 - 14:00 | | | Disabled Swimming | Half Pool |
| 13:00 - 14:00 | | | Under 5's Fun Swimming | Half Pool |
| 14:00 - 15:00 | | | Schools | Full Pool |
| 15:00 - 16:00 | | | Public Swimming | Full Pool |
| 16:00-19:00 | Swim Lessons | 4 | Swim Lessons | Full Pool |
| 16:00-19:00 | Public Swimming | 2 | | |
| 16:00-21:30 | Lane Swimming | 2 | | |
| 19:00-20:30 | | | Clubs | Full Pool |
| 19:00-21:00 | Clubs | 6 | | |
| 20:30-21:30 | | | Adult Swim Lessons | Full Pool |

This timetable is in operation over the following dates: 01/04/2019-30/09/2019

Timetable last updated: 29/03/2019

Tuesday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|--------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:15-07:15 | Clubs | 4 | | |
| 06:30-07:15 | Lane Swimming | 4 | | |
| 07:15-08:45 | Lane Swimming | 8 | | |
| 08:45-11:00 | | | Schools | Full Pool |
| 08:45-15:00 | Lane Swimming | 2 | | |
| 09:00-15:00 | Schools | 1 | | |
| 09:00-16:00 | Public Swimming | 5 | | |
| 11:00-12:00 | | | Disabled Swimming | Full Pool |
| 12:10-12:55 | | | Aqua Classes | Full Pool |
| 13:00-15:00 | | | Schools | Full Pool |
| 15:00-16:00 | Lane Swimming | 2 | Public Swimming | Full Pool |
| 16:00-18:00 | Public Swimming | 2 | | |
| 16:00-18:00 | Swim Lessons | 4 | | |
| 16:00-19:00 | Lane Swimming | 2 | Swim Lessons | Full Pool |
| 18:00-19:00 | Swim Lessons | 2 | | |
| 18:00-19:00 | Clubs | 4 | | |
| 19:00-20:00 | Lane Swimming | 4 | | |
| 19:15-20:00 | | | Aqua Classes | Full Pool |
| 20:00-21:00 | | | Adult Swim Lessons | Full Pool |
| 20:00-21:30 | Lane Swimming | 8 | | |

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Timetable last updated: 29/03/2019

Wednesday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|------------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:30-09:00 | Lane Swimming | 8 | | |
| 09:00-15:00 | Lane Swimming | 2 | | |
| 09:00-15:00 | Public Swimming | 5 | | |
| 09:00-15:00 | Schools | 1 | | |
| 15:00-16:00 | Lane Swimming | 2 | | |
| 15:00-16:00 | Public Swimming | 6 | | |
| 09:30-11:00 | | | Under 5's Fun Swimming | Full Pool |
| 11:00-12:00 | | | Senior Swimming | Full Pool |
| 12:00-13:00 | | | Public Swimming | Full Pool |
| 13:00-13:45 | | | Aqua Classes | Full Pool |
| 14:00-15:00 | | | Schools | Full Pool |
| 15:30-19:00 | | | Swim Lessons | Full Pool |
| 16:00-19:00 | Swim Lessons | 4 | | |
| 16:00-19:00 | Public Swimming | 2 | | |
| 16:00-21:30 | Lane Swimming | 2 | | |
| 19:00-20:00 | | | Adult Swim Lessons | Full Pool |
| 19:00-21:00 | Clubs | 6 | | |
| 20:30-21:30 | | | Clubs | Full Pool |

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Timetable last updated: 29/03/2019

Thursday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|------------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:15-07:15 | Clubs | 4 | | |
| 06:30-07:15 | Lane Swimming | 4 | | |
| 07:15-08:45 | Lane Swimming | 8 | | |
| 08:45-10:30 | | | Schools | Full Pool |
| 08:45-16:00 | Lane Swimming | 2 | | |
| 09:00-15:00 | Schools | 1 | | |
| 09:00-16:00 | Public Swimming | 5 | | |
| 10:30-12:00 | | | Public Swimming | Full Pool |
| 12:00-13:00 | | | Under 5's Fun Swimming | Full Pool |
| 13:00-14:30 | | | Schools | Full Pool |
| 14:30-16:00 | | | Public Swimming | Full Pool |
| 16:00-18:00 | Public Swimming | 2 | | |
| 16:00-18:00 | Swim Lessons | 4 | | |
| 16:00-19:00 | Lane Swimming | 2 | Swim Lessons | Full Pool |
| 18:00-19:00 | Swim Lessons | 2 | | |
| 18:00-19:00 | Clubs | 4 | | |
| 19:00-20:00 | Lane Swimming | 4 | | |
| 19:15-20:00 | | | Aqua Classes | Full Pool |
| 20:00-20:30 | | | Adult Swim Lessons | Full Pool |
| 20:00-21:30 | Lane Swimming | 8 | | |
| 20:30-21:30 | | | Ladies Swimming | Full Pool |

This timetable is in operation over the following dates: 01/04/2019-30/09/2019

Timetable last updated: 29/03/2019

Please check www.everyoneactive.com for any timetable changes.

Friday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|------------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:30-09:00 | Lane Swimming | 8 | | |
| 09:00-16:00 | Lane Swimming | 2 | | |
| 09:00-16:00 | Public Swimming | 5 | | |
| 09:00-15:00 | Schools | 1 | | |
| 09:40-10:25 | | | Aqua Classes | Full Pool |
| 10:30-11:30 | | | Schools | Full Pool |
| 11:30-13:30 | | | Under 5's Fun Swimming | Full Pool |
| 13:30-14:30 | | | Schools | Full Pool |
| 14:30-16:00 | | | Public Swimming | Full Pool |
| 16:00-19:00 | Lane Swimming | 2 | Swim Lessons | Full Pool |
| 16:00-19:00 | Public Swimming | 2 | | |
| 16:00-19:00 | Swim Lessons | 4 | | |
| 19:00-21:00 | Clubs | 6 | | |
| 19:00-20:00 | | | Clubs | Full Pool |
| 20:00-21:30 | | | Family Swimming | Full Pool |
| 19:00-21:00 | Lane Swimming | 2 | | |
| 21:00-21:30 | Lane Swimming | 8 | | |

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Timetable last updated: 29/03/2019

Saturday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|------------------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 06:00-08:00 | Clubs | 8 | | |
| 08:00-16:00 | Lane Swimming | 2 | | |
| 08:05-08:50 | | | Aqua Classes | Full Pool |
| 08:00-16:00 | Public Swimming | 2 | | |
| 08:30-16:00 | Swim Lessons | 4 | | |
| 09:00-12:00 | | | Swim Lessons | Full Pool |
| 12:00-13:30 | | | Public Swimming | Full Pool |
| 13:30-16:30 | | | Private Hire | Full Pool |
| 16:00-19:30 | Public Swimming | 6 | | |
| 16:00-19:30 | Lane Swimming | 2 | | |
| 16:30-18:30 | | | Public Swimming | Full Pool |
| 18:30-19:30 | | | Ladies Swimming with C | Full Pool |

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Timetable last updated: 29/03/2019

Sunday

Swimming Timetable - Term Time

Northolt Leisure Centre

| TIME | MAIN POOL | | TEACHING POOL | |
|-------------|-----------------|--------------|-----------------|----------------|
| | SESSION | NO. OF LANES | SESSION | HALF/FULL POOL |
| 08:00-13:00 | Public Swimming | 2 | | |
| 08:00-13:00 | Lane Swimming | 2 | | |
| 08:30-11:00 | | | Swim Lessons | Half Pool |
| 08:30-11:00 | | | Public Swimming | Half Pool |
| 09:00-13:00 | Swim Lessons | 4 | | |
| 11:00-13:30 | | | Public Swimming | Full Pool |
| 13:00-17:30 | Public Swimming | 6 | | |
| 13:00-17:30 | Lane Swimming | 2 | | |
| 13:30-16:30 | | | Private Hire | Full Pool |
| 16:30-19:30 | | | Public Swimming | Full Pool |
| 17:30-19:30 | Clubs | 8 | | |

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