

Swan Pool & Leisure Centre

Teaching Pool Term-Time Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00								07:00
08:00							Swim 4 Everyone	08:00
09:00	Swim 4 Everyone	Swim 4 Everyone		Swim 4 Everyone	Swim 4 Everyone	Swim Lessons	Swim 4 Everyone	09:00
10:00	Swim 4 Everyone		Swim 4 Everyone	Swim Lessons			Swim 4 Everyone	10:00
11:00		Swim Lessons		Swim Lessons	Swim Lessons	I-2-1 Lessons	Swim 4 Everyone	11:00
12:00	Swim Lessons		Swim Lessons		Swim Lessons	Family Fun Swim	Family Fun Swim	12:00
13:00		Swim 4 Everyone		Swim 4 Everyone		Swim 4 Everyone	Swim 4 Everyone	13:00
14:00	Swim 4 Everyone		Swim 4 Everyone		Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	14:00
15:00						Swim 4 Everyone	Family Fun Swim	15:00
16:00	Swim Lessons	Swim Lessons		Swim Lessons	Swim Lessons	Swim 4 Everyone	Swim 4 Everyone	16:00
17:00			Swim Lessons			Private Hire	Private Hire	17:00
18:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	I-2-1 Lessons	Swim 4 Everyone			18:00
19:00								19:00
20:00								20:00
21:00								21:00
22:00								22:00

Make sure children under eight are accompanied by an adult over 18 years old with a maximum of two children per adult

A band system will be in use during all public sessions.

A band system will be used during giant inflatable sessions.

Family Fun swim will consist of either giant inflatable, flume ride or fun floats.

For details on Everyone Active's swimming lessons programme for children and adults please ask at reception, spaces are available.

Zoggs swimwear, goggles and other products are available to buy from reception.

For swimming activity programmes to help you stay active in the pool, see those on pool-side or go to Everyone Active Online.