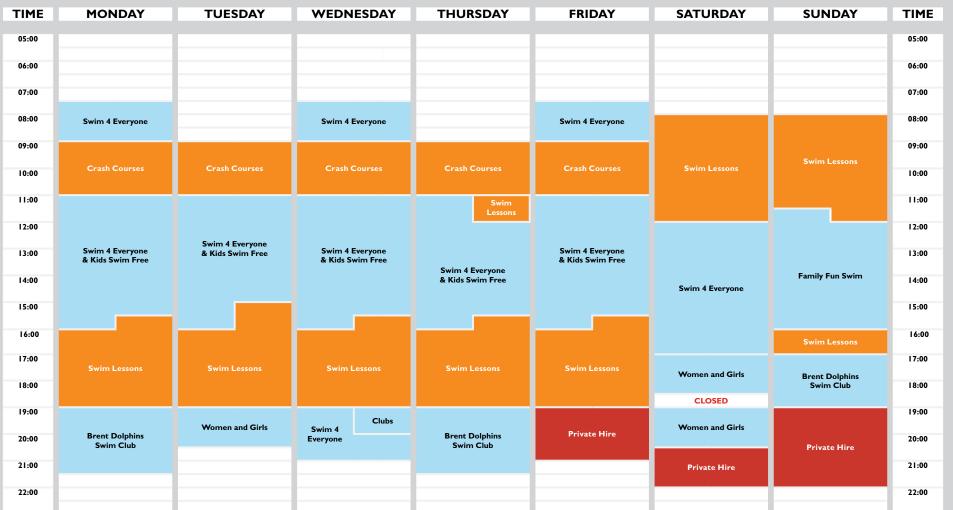
## **Vale Farm Sports Centre**

## Teaching Pool Holiday Programme



Make sure children under eight are accompanied by an adult over 18 years with a maximum of two children per adult.

A band system will be used during public sessions when maximum numbers are being reached.

For details on Everyone Active's swimming lessons programme for children and adults please ask at reception, spaces are available

Zoggs swimwear, goggles and other products are available to buy from reception.

For swimming activity programmes to help you stay active in the pool, see those on pool-side or go to Everyone Active Online.

## Kids Swim Free

If you are aged 16 and under and live in the London Borough of Brent, then during the school holidays you can swim for FREE (pre registration and T&Cs apply).