Rainbow Leisure Centre

Main Pool Holiday Programme

Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday
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Sessions include:
- Adult Gentle Swim
- Women Only Aqua
- Triathlon
- Swim Lessons
- Swim 4 Everyone
- Under 5s Fun Swim

For everyone to stay fit and healthy, the water's lovely...

Ensure everyone's safety. Essential training for staff who work pool-side as lifeguards to ensure absolutely everyone's safety.

Colleague Training is available for entertainment.

www.everyoneactive.com

Rainbow Leisure Centre

Small Pool Term-Time Programme

Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday
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Where floats or other equipment will be available for entertainment.

Colleague Training is available for entertainment.

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