

Queen Mother Sports Centre

Teaching Pool Holiday Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00								07:00
08:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone		Swim 4 Everyone			08:00
09:00	Crash Course	Crash Course	Crash Course	Crash Course	Crash Course	Swim Lessons	Swim 4 Everyone	09:00
10:00								
11:00	Fit For Sport	Fit For Sport	Fit For Sport	Fit For Sport	Fit For Sport			11:00
12:00	Under 5s Fun Swim	Under 5s Fun Swim	Young at Heart	Swimming Lessons	Young at Heart	Swim 4 Everyone	Swim 4 Everyone	12:00
13:00			Swimming Lessons		Under 5s Fun Swim			
14:00				Under 5s Fun Swim		Swim 4 Everyone	Swim 4 Everyone	14:00
15:00								
16:00	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons			16:00
17:00								
18:00						Clubs		18:00
19:00							Clubs	19:00
20:00	Club				Club			20:00
21:00								21:00
22:00								22:00

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin.