

Queen Mother Sports Centre

Main Pool Term Time Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness			07:00
08:00	Clubs	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness			08:00
09:00		Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness		Clubs	09:00
10:00		Schools	Schools	Schools	Schools	Swim Lessons		10:00
11:00	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness		Swim 4 Fitness	11:00
12:00		Schools	Schools	Schools	Schools	Swim 4 Fitness	Swim 4 Fitness	12:00
13:00	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	13:00
14:00	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	14:00
15:00		Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	Swim 4 Fitness	15:00
16:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	16:00
17:00		Schools	SS	Swim Lessons	Schools	Swim Lessons		17:00
18:00		Swim Lessons		Clubs	Swim Lessons		Clubs	18:00
19:00			Clubs	Clubs	Clubs			19:00
20:00	Clubs		Clubs	Clubs	Clubs			20:00
21:00	Clubs		Clubs					21:00
22:00								22:00

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin.