

# Mid Suffolk Leisure Centre

## Teaching Pool Holiday Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
05:00							
06:00							
07:00							
08:00							
09:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Clubs
10:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Swim Lessons	
11:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone		
12:00	Swim 4 Everyone	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Swim 4 Everyone
13:00							
14:00							
15:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	
16:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Swim Lessons
17:00							
18:00	Swim Lessons						
19:00	Swim Lessons	Swim 4 Everyone	Swim 4 Everyone	Clubs	Clubs		Swim Lessons
20:00							
21:00							
22:00							

In participating pools ONLY, anyone 16 & under or/ & 60 & over will be eligible to swim4free\* at public session times \*(terms apply).

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

A band system will be in use during all public sessions.