Harrow Leisure Centre

Teaching Pool Term-Time Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00						Clubs		07:00
08:00							Swim Lessons	08:00
09:00	Schools	Swim 4 Everyone / Swim Lessons	Schools	Schools	Schools			09:00
10:00						Swim Lessons		10:00
11:00								11:00
12:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone			12:00
13:00	Schools	Schools	Schools	Schools	Schools	Swim 4 Everyone	Swim 4 Everyone	13:00
14:00								14:00
15:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone			15:00
16:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			16:00
17:00						Clubs		17:00
18:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim Lessons	Private Hire	18:00
19:00	Clubs	Clubs	Clubs		Clubs		Swim Lessons	19:00
20:00								20:00
21:00		Swim Lessons						21:00
22:00								22:00

Make sure children under eight are accompanied by an adult over 18 years with a maximum of two children per adult.

A band system will be used during all public sessions for safety reasons.

For details on Everyone Active's swimming lessons programme for children and adults please ask at reception, spaces are available.

Zoggs swimwear, goggles and other products are available to buy from reception.

For swimming activity programmes to help you stay active in the pool, see those on pool-side or go to Everyone Active Online.