

Monday

Public Swimming - Term Time

Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Schools	6		
09.15-10.30			Schools	Full Pool
10.30-11.50			Swim Lessons	Full Pool
1200-2.30			Swim Lessons	Half Pool
12.00-16.00			Swim 4 Everyone	Full Pool
16.-00-19.30			Swim Lessons	Full Pool
10:00 - 11:00	Schools	6		
11:00 - 12:00	Schools	6		
12:00 - 12:45	Swim 4 Everyone	6		
12:45 - 13:45	Swim 4 Everyone	4		
12.45-13.45	Adult Swim Lessons	2		
13:30 - 14:00	Swim 4 Everyone	6		
14:00 - 15:00	Aqua Classes	3		
14:00-15.00	Swim 4 Everyone	3		
15:00 - 16:00	Swim 4 Everyone	3		
15:00 - 16:00	Community Groups	3		
16.00-16.30	Swim Lessons	3		
16:30 - 17:30	Clubs	6		
17:30 - 19.30:	Swim Lessons	6		
19:30 - 20:15	Swim Lessons	6		
20:15 - 21:00	Adult Swim Lessons	6		
21:00 - 22:00	Adult Swim Lessons	6		

Timetable in operation over the following dates: 12th July 2018 - 31st March 2019

Timetable correct as of July 2018

Tuesday

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TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:15 - 07:00	Clubs	6		
7.00-7.30	Clubs	3		
7.00-7.30	Swim 4 Fitness	3		
07:30 - 09.00	Swim 4 Fitness	6		
09:00 - 10:00	Schools	6	Schools	Full Pool
9.30-11.00			Swim Lessons	Half Pool - Deep End
11.00-2.30			Swim Lessons	Half Pool
10:00 - 11:00	Schools	6		
11:00 - 12:00	Schools	6		
12:00 - 13:00	Swim 4 Everyone	6	Swim 4 Everyone	Half Pool
13.00-14.00	Swim 4 Everyone	3	Swim 4 Everyone	Half Pool
14.30-15.30			Swim 4 Everyone	Full Pool
15.30-18.30			Swim Lessons	Full Pool
13,00 - 14:00	Aqua Classes	3		
14:00 - 15:00	Swim 4 Everyone	6		
15:00 - 16.00	Young at Heart	6		
16:00 - 19.15	Swim 4 Everyone	6	Swim 4 Everyone	Full Pool
19.15-20.00	Swim 4 Everyone	4	Swim 4 Everyone	Full Pool
19:45 - 20:00	Clubs	2		
20:00 - 21:00	Clubs	6		
21.00-22,00	Ladies Only	6	Ladies Only	Full Pool

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Wednesday

Public Swimming - Term Time

Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:00 - 08:00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
9.30-11.30			Swim Lessons	Half Pool
09:00 - 10:00	Schools	6		
10:00 - 11:00	Schools	6		
11:00 - 12:00	Schools	6		
12.00-14.30			Swim Lessons	Half Pool
14.00-15.00			Under 5's Fun Swim	Full Pool
12.00-14.30			Swim 4 Everyone	Half Pool
14.30-15.30			Swim 4 Everyone	Full Pool
12:00 - 13:00	Swim 4 Fitness	6		
13:00 - 14:00	Swim 4 Fitness	6		
14:00 - 15:00	Ladies Only	6		
15:00 - 16:00	Swim 4 Fitness	6		
15.30--18.30			Swim Lessons	Full Pool
16.00-20.00	Swim 4 Everyone	MIN 3		
16:00 - 17:00	Swim Lessons	3		
17:00 - 18:00	Community Groups	2		
18:00 - 19:00	Swim Lessons	3		
19:00-20.00	Swim Lessons	1.5		
20:00 - 21:00	Adult Gentle Swim	3	Adult Gentle Swim	Full Pool
20:00 - 21:00	Clubs	3		
21.00-10.00	Clubs	6		

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Thursday

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Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:30	Clubs	6		
07:00-07.30	Clubs			
07:00 - 08.00	Swim 4 Fitness	6		
08:00 - 09:00	Swim 4 Fitness	6		
09:00 - 10:00	Schools	6	Schools	Full Pool
10:00 - 11:00	Schools	6	Schools	Half Pool
11:00 - 12:00	Schools	6	Schools	Half Pool
10.00-12.00			Swim Lessons	Half Pool
12.00-2.00			Swim Lessons	Half Pool
12:00 - 15:00	Swim 4 Fitness	6		
15:00 - 16:00	Schools	6		
16:00 - 17.00	Swim Lessons	2		
16.00-17.00	Swim 4 Everyone	4		
17.00 - 18.30	Swim Lessons	6		
18:30 - 20:00	Swim 4 Everyone	4		
18:30 - 20:00	Swim Lessons	2		
20:00 - 21.00	Adult Swim Lessons	4		
20.00-21.00	Clubs	2		
21.00-22.00	Swim 4 Everyone	3		
21.10-22.00	Aqua Classes	3		

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Friday Public Swimming - Term Time

Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:30 - 07:00	Clubs	6		
07:00 - 07:30	Clubs	1.5		
07:00 - 07:30	Swim 4 Fitness	4.5		
07.30-09.00	Swim 4 Fitness	6		
09:00 - 10:00	Schools	6	Schools	Full Pool
10:00 - 11:00	Schools	6	Schools	Full Pool
11:00 - 12:00	Schools	6	Schools	Full Pool
12:00 - 14:00	Swim 4 Fitness	6	Swim 4 Everyone	Half Pool
14.00-15.30			Swim 4 Everyone	Half Pool
12.00-14.30			Swim Lessons	Half Pool
14:00 - 15:00	Young at Heart	6		
15:00 - 16:00	Young at Heart	3		
15.00-16.00	Aqua Classes	3		
16:00 - 17:30	Swim 4 Everyone	6		
17:30 - 18:30	Swim 4 Everyone	5		
18:30 - 19:00	Swim 4 Everyone	3		
18:30 - 19:00	Clubs	3		
19:00 - 22:00	Clubs	6		

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Saturday

Public Swimming - Term Time

Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:00 - 08.00				
08:00 - 09:00	Swim Lessons	6	Swim Lessons	Full Pool
09:00 - 10:00	Swim Lessons	6	Swim Lessons	Full Pool
10:00 - 11:00	Swim Lessons	6	Swim Lessons	Full Pool
11:00 - 12:00	Swim Lessons	6	Swim Lessons	Full Pool
12.00-13.00			Swim Lessons	Full Pool
12:00 - 18:00	Swim 4 Everyone	6		
14:00 - 15:00	Family Fun Swim	6		

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Sunday

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Mid Suffolk Leisure Centre

TIME	MAIN POOL		TEACHING POOL	
	SESSION	NO. OF LANES	SESSION	HALF/FULL POOL
06:00 - 07:00				
07:15 - 09.15	Clubs			
09:15 - 17:00	Swim 4 Everyone	6		
09:15 - 16:00			Swim 4 Everyone	Full Pool
16.00-18.00			Swim 4 Everyone	Half Pool
17.00-18.00	Swim 4 Everyone	3		
16.00-18.00			Swim Lessons	Half Pool
17.00 - 18.00	Clubs	3		
18:00 - 20:30	Adult Swim Lessons	6		

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