

Teaching Pool - Term

The Castle

FAMILY AND FUN

DAY	TIME	SESSION
Monday	12:00 - 13:30	Swim 4 Everyone
	15:00 - 16:00	Swim 4 Everyone
	19:00 - 22:00	Women Only
Tuesday	09:00 - 10:00	Disability Swim
	11:00 - 12:00	Under 5s Fun Swim (Half Pool)
	12:00 - 13:30	Women Only
	15:00 - 16:00	Swim 4 Everyone
	18:00 - 19:00	Disability Swim
Wednesday	13:00 - 13:30	Swim 4 Everyone
	15:00 - 16:00	Swim 4 Everyone
Thursday	09:00 - 10:00	Swim 4 Everyone
	11:00 - 12:00	Under 5s Fun Swim (Half Pool)
	12:00 - 13:30	Women Only
	15:00 - 16:00	Swim 4 Everyone
	18:00 - 19:00	Disability Swim
Friday	12:00 - 13:30	Swim 4 Everyone (FSG)
	15:00 - 16:00	Disability Swim
	16:00 - 18:00	Family Fun Swim (FSG)
	18:00 - 20:00	Swim 4 Everyone (FSG)

Timetable correct as at August 2017.

Please check **www.everyoneactive.com** for any timetable changes.

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DAY	TIME	SESSION
Saturday	12:00 - 13:00	Disability Swim
	13:00 - 14:00	Swim 4 Everyone
	14:00 - 16:00	Family Fun Swim (FSG)
	16:00 - 18:00	Swim 4 Everyone (FSG)
Sunday	09:00 - 11:00	Under 5s Fun Swim
	11:00 - 13:00	Family Fun Swim
	13:00 - 14:00	Under 5s Fun Swim
	14:00 - 20:00	Swim 4 Everyone (FSG)