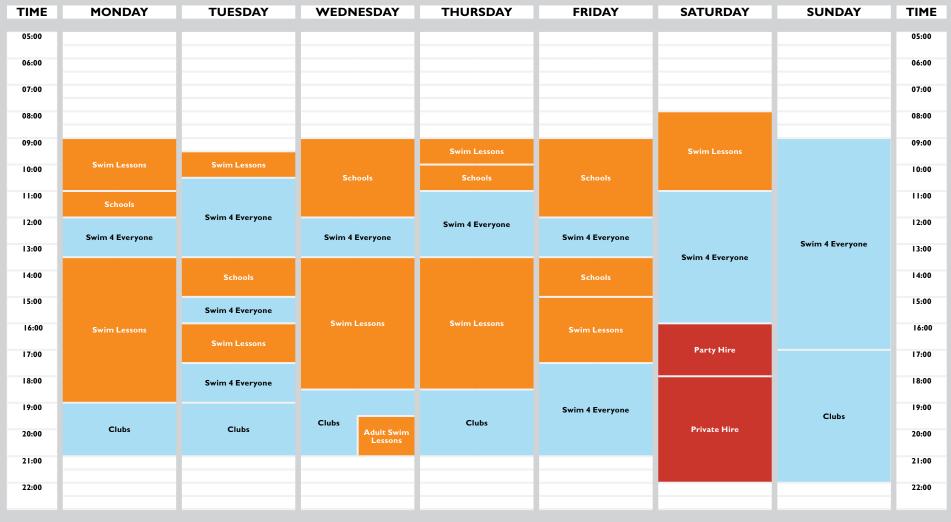
## **West Lindsey Leisure Centre**

## Teaching Pool Term-Time Programme



Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin.

## FITNESS AND FUN

**Swim 4 Everyone** For everyone to experience the invigorating and relaxing activity which is swimming. Dip your toe in, the water's lovely...

**Clubs** Competitive local swimming club session or other water based club session – providing coaching to advanced levels.

## LEARNING TO SWIM

Adult Swim Lessons Everyone Active's adult swim lessons are specifically designed for everyone from 16 & over to learn the basics of swimming through to more advanced stoke techniques and training. Enrol anytime at centre reception.

**Schools** Our pool provides swimming for the whole community, including local schools. Ask for details at reception.

Swim Lessons Everyone Active's programme is designed for children from four months to learn to swim. Lessons run 50 weeks a year, six days a week. Enrol anytime at centre reception.

HIRE

**Private Hire** Our facilities are available to hire - contact reception for details.

Timetable correct as at March 2017. Please check public notice boards and www.everyoneactive.com for any timetable changes.