

West Lindsey Leisure Centre

Teaching Pool Term-Time Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00								07:00
08:00								08:00
09:00	Swim Lessons	Swim Lessons		Swim Lessons		Swim Lessons		09:00
10:00			Schools	Schools	Schools			10:00
11:00	Schools							11:00
12:00	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone	Swim 4 Everyone			12:00
13:00						Swim 4 Everyone	Swim 4 Everyone	13:00
14:00		Schools			Schools			14:00
15:00		Swim 4 Everyone						15:00
16:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			16:00
17:00						Party Hire		17:00
18:00		Swim 4 Everyone						18:00
19:00			Clubs	Clubs	Swim 4 Everyone			19:00
20:00	Clubs	Clubs	Adult Swim Lessons			Private Hire	Clubs	20:00
21:00								21:00
22:00								22:00

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin.

FITNESS AND FUN

Swim 4 Everyone For everyone to experience the invigorating and relaxing activity which is swimming. Dip your toe in, the water's lovely...

Clubs Competitive local swimming club session or other water based club session – providing coaching to advanced levels.

LEARNING TO SWIM

Adult Swim Lessons Everyone Active's adult swim lessons are specifically designed for everyone from 16 & over to learn the basics of swimming through to more advanced stroke techniques and training. Enrol anytime at centre reception.

Schools Our pool provides swimming for the whole community, including local schools. Ask for details at reception.

Swim Lessons Everyone Active's programme is designed for children from four months to learn to swim. Lessons run 50 weeks a year, six days a week. Enrol anytime at centre reception.

HIRE

Private Hire Our facilities are available to hire - contact reception for details.

Timetable correct as at March 2017. Please check public notice boards and www.everyoneactive.com for any timetable changes.