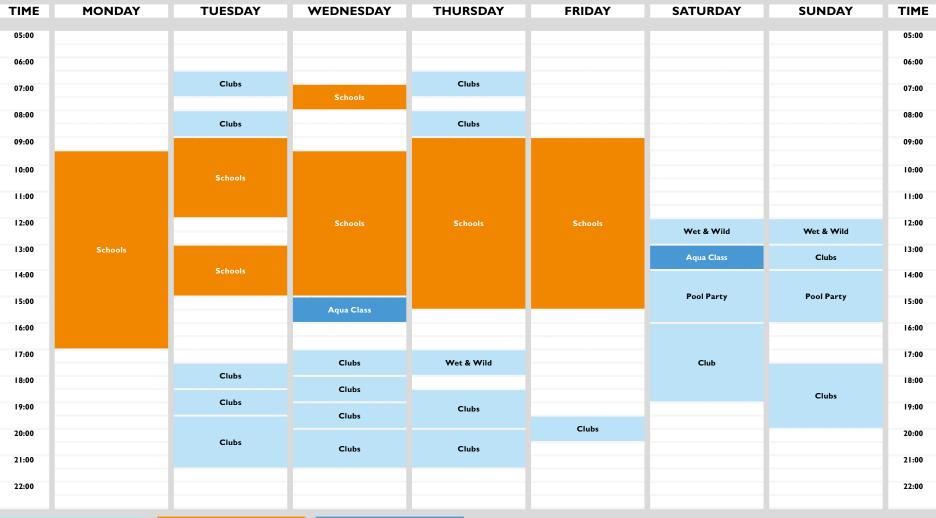
Queen Mother Sports Centre

Leisure Pool Term Time Programme



Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin.

FITNESS AND FUN

Clubs Competitive local swimming club session or other water based club session – providing coaching to advanced levels. Wet & Wild sessions for children with or without* an adult where inflatables are

provided (under 8's policy applies).

LEARNING TO SWIM

Schools Our pool provides swimming for the whole community, including local schools. Ask for details at reception.

WATER WORKOUTS

Aqua Class A fun and invigorating all over body work-out in the water designed to effectively burn calories with minimal impact on the body.

Timetable correct as at April 2017. Please check public notice boards and www.everyoneactive.com for any timetable changes.