

# Henbury Leisure Centre

## Teaching Pool Term-Time Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00								07:00
08:00	Swim 4 Everyone (Finishes at 10:25)	Swim 4 Everyone (Finishes at 10:25)	Swim 4 Everyone (Finishes at 10:25)	Swim 4 Everyone (Finishes at 10:25)	Swim 4 Everyone (Finishes at 09:55)	Swim Lessons	Swim 4 Everyone	08:00
09:00								09:00
10:00								10:00
11:00	Schools	Schools	Schools	Schools	Schools			11:00
12:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Swim 4 Everyone (Starts at 12:05)	Swim 4 Everyone (Starts at 12:05)	12:00
13:00	Swim 4 Everyone (12:35 - 13:25)	Swim 4 Everyone (12:35 - 13:25)	Swim 4 Everyone (12:35 - 13:25)	Swim 4 Everyone (12:35 - 13:25)	Swim 4 Everyone (12:05 - 13:25)			13:00
14:00	Schools	Schools	Schools	Schools	Schools	Wet & Wild	Wet & Wild	14:00
15:00		Swim 4 Everyone (15:05 - 15:55)		Swim 4 Everyone (15:05 - 15:55)		Wet & Wild	Wet & Wild	15:00
16:00	Swim 4 Everyone (Starts at 15:05)	Swim Lessons	Swim 4 Everyone (Starts at 15:05)	Swim Lessons	Swim 4 Everyone (Starts at 15:05)	Clubs	Disability Swim	16:00
17:00							Swim 4 Everyone (Starts at 17:05)	17:00
18:00						Swim 4 Everyone (Starts at 18:05)		18:00
19:00		Clubs						19:00
20:00					Clubs			20:00
21:00								21:00
22:00								22:00

Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult.

A band system will be in use during all public sessions.

This centre has disabled accessible steps and hoist available.

Lockers require a £1 coin (returnable).

### FITNESS AND FUN

**Clubs** Competitive local swimming club session or other water based club session – providing coaching to advanced levels.

**Swim 4 Everyone** For everyone to experience the invigorating and relaxing activity which is swimming. Dip your toe in, the water's lovely...

**Wet & Wild** sessions for children with or without\* an adult where inflatables are provided (under 8's policy applies).

### SPECIALITIES

**Disability Swim** Operator led sessions for disabled swimmers only or disabled swimmers accompanied with a carer.

### LEARNING TO SWIM

**Schools** Our pool provides swimming for the whole community, including local schools. Ask for details at reception.

**Swim Lessons** Everyone Active's programme is designed for children from four months to learn to swim. Lessons run 50 weeks a year, six days a week. Enrol anytime at centre reception.

### HIRE

**Private Hire** Our facilities are available to hire - contact reception for details.

Timetable correct as at July 2016. Please check public notice boards and [www.everyoneactive.com](http://www.everyoneactive.com) for any timetable changes.