

Harrow Leisure Centre

Sauna and Steam Room Timetable

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06:30 - 11:30	Open for all	Open for all	Open for all	Open for all	Open for all		
09:00 - 13:30							Open for all
10:00 - 16:30						Open for all	
12:00 - 16:30	Ladies Only	Open for all	Ladies Only	Open for all	Open for all		
14:00 - 19:30							Open for all
17:00 - 21:00	Members Only	Open for all	Members Only	Ladies Only	Open for all		

RULES

No one under the age of 16 years will be allowed access into the sauna and steam rooms.

Access to the Sauna and Steam area is only permitted if wearing a water proof wristband, supplied at reception.

To be allowed to use the sauna and steam, the customer must have an Everyone Active card.

If the Sauna or Steam rooms are busy we reserve the right to close the area or restrict access.

All users must follow the rules displayed at all times.

Access will only be allowed if wearing suitable attire.

Timetable correct as at January 2014. Any updates to this timetable will be made online at www.everyoneactive.com