

Eston Leisure Centre

Boom Pool Holiday Programme

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
05:00								05:00
06:00								06:00
07:00								07:00
08:00								08:00
09:00			Swim Lessons			Swim Lessons	Swim 4 Everyone	09:00
10:00	Swim Lessons							10:00
11:00					Aqua Class			11:00
12:00	Aqua Class							12:00
13:00								13:00
14:00						Party/Private Hire		14:00
15:00								15:00
16:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim 4 Everyone			16:00
17:00							Aqua Class	17:00
18:00	Aqua Class	Clubs		Clubs				18:00
19:00		Canoes						19:00
20:00								20:00
21:00								21:00
22:00								22:00

FITNESS AND FUN

Family Fun Swim sessions for families where floats or other equipment will be available for entertainment.

Swim 4 Everyone For everyone to experience the invigorating and relaxing activity which is swimming. Dip your toe in, the water's lovely...

Women Only sessions for women only 16 & over to swim socially or in a lane that may be provided, ask for a results card to get more from your swim.

LEARNING TO SWIM

Swim Lessons Everyone Active's programme is designed for children from four months to learn to swim. Lessons run 50 weeks a year, six days a week. Enrol anytime at centre reception.

HIRE

Private Hire Our facilities are available to hire - contact reception for details.

Make sure children under eight are accompanied by an adult over 18 years with a maximum of two children per adult.

A band system will be used during all public sessions for safety reasons.

For details on Everyone Active's swimming lessons programme for children and adults please ask at reception, spaces are available.

Zoggs swimwear, goggles and other products are available to buy from reception.

For swimming activity programmes to help you stay active in the pool, see those on pool-side or go to Everyone Active Online.