

# Main Pool - Holiday

## Easton Leisure Centre

### FAMILY AND FUN

DAY	TIME	SESSION
Monday	09:25 - 11:55	Family Fun Swim
	11:30 - 11:55	Young at Heart
	13:30 - 15:55	Swim 4 Everyone
	18:00 - 19:55	Swim 4 Everyone
Tuesday	09:25 - 11:55	Family Fun Swim
	09:30 - 10:15	Sea Scooters
	10:45 - 11:30	Sea Scooters
	11:30 - 11:55	Young at Heart
	13:30 - 18:55	Swim 4 Everyone
Wednesday	09:25 - 11:55	Family Fun Swim
	09:30 - 10:15	Sea Scooters
	10:45 - 11:30	Sea Scooters
	13:30 - 15:55	Swim 4 Everyone
	18:00 - 19:55	Swim 4 Everyone
	21:00 - 21:55	Men Only
Thursday	09:25 - 11:55	Family Fun Swim
	09:30 - 10:15	Sea Scooters
	10:45 - 11:30	Sea Scooters
	11:30 - 11:55	Young at Heart
	13:30 - 18:45	Swim 4 Everyone

Timetable correct as at July 2017.

Please check **[www.everyoneactive.com](http://www.everyoneactive.com)** for any timetable changes.

# Main Pool - Holiday

## Easton Leisure Centre

### FAMILY AND FUN

DAY	TIME	SESSION
Friday	09:25 - 11:55	Family Fun Swim
	11:30 - 11:55	Young at Heart
	13:30 - 15:55	Swim for Everyone
Saturday	11:00 - 12:45	Swim for Everyone
	12:45 - 13:30	Sea Scooters
	13:30 - 16:55	Swim for Everyone
	18:00 - 21:00	Pool Parties and Private Hire
Sunday	09:00 - 11:00	Family Fun Swim (4 lanes)
	11:00 - 15:15	Swim for Everyone
	15:45 - 16:30	Women Only (4 lanes)
	16:45 - 17:30	Women Only (4 lanes)

Timetable correct as at July 2017.

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# Main Pool - Holiday

## Easton Leisure Centre

### FITNESS AND HEALTH

DAY	TIME	SESSION
Monday	06:30 - 09:25	Swim 4 Fitness
	12:00 - 13:25	Swim 4 Fitness
	21:00 - 21:55	Swim 4 Fitness
Tuesday	06:30 - 09:25	Swim 4 Fitness
	12:00 - 13:25	Swim 4 Fitness
	19:00 - 21:55	Swim 4 Fitness
Wednesday	06:30 - 09:25	Swim 4 Fitness
	12:00 - 13:25	Swim 4 Fitness
	20:00 - 20:55	Swim 4 Fitness
Thursday	06:30 - 09:25	Swim 4 Fitness
	12:00 - 13:25	Swim 4 Fitness
	21:00 - 21:55	Swim 4 Fitness
Friday	06:30 - 09:25	Swim 4 Fitness
	12:00 - 13:25	Swim 4 Fitness
	21:00 - 21:55	Swim 4 Fitness
Saturday	17:00 - 17:55	Swim 4 Fitness
Sunday	07:30 - 08:55	Swim 4 Fitness

### WATER WORKOUTS

DAY	TIME	SESSION
Monday	20:00 - 21:00	Aqua Class

Timetable correct as at July 2017.

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