

# Monday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
06:30 - 07:00	Lane Swimming	4
07:00 - 08:00	Lane Swimming	3
08:00 - 09:00	Lane Swimming	4
09:00 - 12:00	Public Swimming	2
12:00 - 13:30	Lane Swimming	4
13:30 - 15:30	Public Swimming	4
15:30 - 16:00	Public Swimming	3
16:00 - 18:00	Public Swimming	2
18:00 - 20:00	Lane Swimming	3
20:00 - 20:30	Lane Swimming	4

This timetable is in operation over the following dates: Term time

Timetable last updated: 27/03/2019

# Tuesday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
06:30 - 07:00	Lane Swimming	4
07:00 - 08:00	Lane Swimming	3
08:00 - 09:00	Lane Swimming	4
09:00 - 10:30	Public Swimming	2
10:30 - 11:30	Aqua Classes	4
11:30 - 12:00	Public Swimming	4
12:00 - 13:30	Lane Swimming	4
13:30 - 14:00	Public Swimming	4
04:00 - 16:00	Public Swimming	3
16:00 - 18:00	Public Swimming	2
18:00 - 20:00	Lane Swimming	4

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Timetable last updated: 27/03/2019

# Wednesday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
06:30 - 07:30	Lane Swimming	4
07:30 - 08:30	Lane Swimming	2
08:30 - 09:30	Lane Swimming	4
09:00 - 09:30	Public Swimming	4
09:30 - 10:00	Public Swimming	2
10:00 - 10:30	Public Swimming	3
10:30 - 11:00	Public Swimming	1
11:00 - 12:00	Public Swimming	2
12:00 - 13:30	Lane Swimming	4
13:30 - 14:00	Public Swimming	4
14:00 - 16:00	Public Swimming	3
16:00 - 18:00	Public Swimming	2
18:00 - 18.30	Lane Swimming	2
18:30 - 19:30	Lane Swimming	3
19:30 - 21:00	Lane Swimming	4

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Please check [www.everyoneactive.com](http://www.everyoneactive.com) for any timetable changes.

# Thursday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
06:30 - 07:30	Lane Swimming	4
07:30 - 08:30	Lane Swimming	2
08:30 - 09:00	Lane Swimming	4
09:00 - 09:30	Public Swimming	2
09:30 - 10:30	Public Swimming	3
10:30 - 11:00	Public Swimming	4
11:00 - 12:00	Public Swimming	3
12:00 - 12:30	Public Swimming	4
12:30 - 13:30	Aqua Classes	4
13:30 - 14:30	Public Swimming	4
14:30 - 16:00	Public Swimming	3
16:00 - 18:00	Public Swimming	2
18:00 - 18:30	Lane Swimming	2
18:30 - 21:00	Lane Swimming	3
21:00 - 22:00	Ladies Swimming	4

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# Friday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
06:30 - 07:00	Lane Swimming	4
07:00 - 08:30	Lane Swimming	3
08:30 - 09:30	Lane Swimming	4
09:00 - 09:30	Public Swimming	2
09:30 - 12:00	Public Swimming	3
12:00 - 13:30	Lane Swimming	4
13:30 - 15.00	Public Swimming	4
15:00 - 16:00	Public Swimming	2
16:00 - 18:00	Public Swimming	2
18:00 - 18:30	Lane Swimming	2
18:30 - 20:00	Lane Swimming	3

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Timetable last updated: 27/03/2019

# Saturday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
07:00 - 09:00	Lane Swimming	4
09:00 - 09:30	Public Swimming	4
09:30 - 16:00	Public Swimming	2
16:00 - 17:00	Public Swimming	4
17:00 - 20:00	Lane Swimming	4

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Timetable last updated: 27/03/2019

# Sunday

## Swimming Timetable - Term Time

Seymour Leisure Centre

MAIN POOL		
TIME	SESSION	NO. OF LANES
08:00 - 09:00	Lane Swimming	4
09:00 - 10:00	Lane Swimming	3
10:00 - 14:00	Public Swimming	3
14:00 - 17:00	Public Swimming	4
17:00 - 19:00	Lane Swimming	4
19:00 - 20:00	Ladies Swimming	4

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