



Sports Schools

At Hornchurch Sports Centre

01708 454135

Try your first session for free!

DAY **TIME** **ACTIVITY** **COST**

Badminton coaching (7+ years)			
Structured badminton coaching teaching you all the skills needed to master the Olympic sport of badminton. Have fun and develop your hand eye coordination, speed, power and agility as your progress through our programme.			
Friday	Beginner 4-5pm	Badminton	£52.00 for 10 week booking (£5.20 per session)
Friday	Intermediate 5-7pm	Badminton	
Friday	Advanced 7-8pm	Badminton	

Soccer skills (4-11+ years)			
Our popular indoor football sessions are a great way to learn all the skills needed to play. Use this session to develop your skills, a pathway into a club or an extra training session if you are already in a team.			
Saturday	8:45am-9:45am (4-5 & 7-8yrs)	Football	£52.00 for 10 week booking (£5.20 per session)
Saturday	9:45-10:45am (5-6 & 8-9yrs)	Football	
Saturday	10:45-11:45am (9-11 & 11+yrs)	Football	

Ask for further details at reception today or visit us online.