



**Annual Report**  
of the  
**Independent Monitoring Board**  
at

**HMP Usk and Prescoed**

for reporting Year  
1 April 2017 to 31 March 2018

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*Monitoring fairness and respect for people in custody*

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### 1 STATUTORY ROLE OF THE IMB

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The Prison Act 1952 requires every prison to be monitored by an independent Board appointed by the Secretary of State from members of the community in which the prison or centre is situated.

The Board is specifically charged to:

- (1) satisfy itself as to the humane and just treatment of those held in custody within its prison and the range and adequacy of the programmes preparing them for release.
- (2) inform promptly the Secretary of State, or any official to whom he has delegated authority as it judges appropriate, any concern it has.
- (3) **report annually to the Secretary of State on how well the prison has met the standards and requirements placed on it and what impact these have on those in its custody.**

To enable the Board to carry out these duties effectively, its members have right of access to every prisoner and every part of the prison and to the prison's records.

## 2 EXECUTIVE SUMMARY

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**2.1** This report presents the findings of the Independent Monitoring Board at HMP Usk and Prescoed for the period 01/04/2017 to 31/03/2018. IMB evidence comes from:

- Observations made on visits.
- Regular contact with prisoners and staff.
- Review of prison Management Information (MI) and IMB records.
- Analysis of IMB prisoner Applications and staff/prisoner surveys.

**2.2 In the Board's view there are no significant concerning issues to be noted.** As can be seen from the evidence sections of this report, **we consider Usk/Prescoed to be a well-run prison with a culture and outcomes that continue to improve following the arrival of the new Governing Governor.** This opinion mirrors the published view expressed by HMIP following their inspection at the end of 2017.

### 2.3 Key findings:

- A Proactive Governor and SMT are producing worthwhile improvements.
  - Two practical examples: (1) Removable seats/tables have now been purchased allowing communal dining 'out of cell' in Usk. (2) The development of a new children's' play area in the Prescoed canteen for use during family days. Both these innovations have made significant improvements to the prison's effectiveness, atmosphere and attitude of the men. (2.5 & 2.12 below)
- Increasing staff numbers.
  - This is important - in the past staff shortages appeared to limit effectiveness and affect prisoner morale. In situations when officers were required to accompany prisoners to hospital appointments, wing lock up often resulted as there were insufficient officers remaining to monitor the prison safely.
- Basics. With one exception (see 2.9 and 7.2) all three sites are now generally well maintained and clean.
  - Usk has some disadvantages incumbent on being an old prison, but in the Board's view most of these are mitigated and accommodated by the way the prison is run. The majority of men appear to recognise value in being in Usk rather than elsewhere.

## Main judgements

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### 2.4 Are prisoners treated fairly?

In the experience of the Board, prisoners appear to be treated with respect and fairness. This is evidenced by:

- The small and reducing number of Applications received by the board. (See Section D - Applications).
- Analysis of IEP statistics. Both sites have low numbers of prisoners on basic IEP. A typical review at Usk revealed no men on Basic, 116 on Standard and 158 on enhanced.
- Observation of staff/prisoner relationships during board members visits.
- Observations during meal times.
- Discussions with Listeners, Buddies, Equalities Representatives and individual prisoners.
- Usk houses a large number elderly prisoners and their additional needs are now being addressed (stairlifts and ramps).
- HMIP visited the sites in October 2017 and recorded that both were treating prisoners with respect and that they were safe - both scoring level 4 in these expectation themes.

### 2.5 Are prisoners treated humanely?

Prisoners are treated with humanity. Relationships between staff and men appear productive and to contain humour.

- After many previous years of comment both by the Board and HMIP the new Governor has enabled prisoners in Usk to eat communally out of their cells.
- Weekly forums are held to engage the varied prisoner demographics and protected characteristics. Prisoners are being given a voice in regime provision.

## **2.6 Are prisoners prepared well for their release?**

**Prescoed (270 men) has over 100 men off-site on ROTL every working day. During the reporting period there were 22,679 episodes of ROTL, of these only 11 failed - giving a compliance rate of 99.95%.**

**Approximately 50% of these jobs are paid (rather than voluntary)** and include industries such as manufacturing and rail maintenance which can provide long-term profitable employment. In addition Cilwrgi Prison Farm, linked to Prescoed, trains and employs men occupied in agricultural, warehousing and related activities.

## **Main Areas for Development**

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### **2.7 TO THE MINISTER**

It has been reported that the Welsh Government is to redistribute funds, currently allocated for social care in prisons across its 22 local authorities. This development would represent a serious concern for the board.

### **2.8 TO THE PRISON SERVICE**

**2.81** Will the service continue to review the evidence base of treatment practices. With particular reference to Sex Offenders Treatment Programmes (SOTP). The board has noted that Cochrane Database reviews, in both 2003 and 2012, were concerned that the service and society were being lured into a false sense of security in believing that SOTP treatment reduced the risk of reoffending. Their published opinion on both occasions was that the available evidence did not support such a positive view and that more trials were needed. Along with other prisons HMP Usk was required to cease delivering the SOTP sex offender programmes in 2017.

**2.82** The criteria for accepting men with sexual convictions at Prescoed should be reviewed. But this needs to be operated in-line with the Prison's ability to provide outside work placements for them. An apparently two-tiered system where men with sexual convictions felt that they had been discriminated against could be counterproductive. (See HMIP report 2017. Summary of main recommendations 9.4)

**2.83** The Board understands that the Governor has plans to develop the provision for the elderly population and create a central regional provision for older prisoners. There is a need for this, and we fully support the aspiration.

### **2.9 TO THE GOVERNOR**

The current Governor is successfully driving and completing improvements and the board has been informed of others to come. After many years of slow decline, Lester, a two-story prefabricated unit in Prescoed, has recently been renovated. Despite this, it is still somewhat dreary with unreliable plumbing and drainage systems. In comparison with the rest of the upgraded site, it now appears to need complete replacement. (See 7.2) The board fully support the initiative to replace this unit.

### **2.10 TO THE PROVIDER**

A Health Care Needs assessment has recently been carried out and the SMT are working through the action plan to improve the service for prisoners. That being so the board has no further comment at this time.

## **2.11 Improvements**

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**2.12** For many years both the IMB and HMIP have lamented the absence of any provision for communal dining in Usk. The age and architecture of the building were always cited as reasons why this was an impractical aim. Despite this removable seats/tables allowing men wing dining out of cell, have been now provided and are well used.

**2.13** Physical improvements have been made in the residential areas at all sites and it is evident that significant financial investment has been made improving infrastructure.

**2.14** A new children's play area has been provided in the Prescoed canteen. These innovations have made positive improvements to their prison's effectiveness and atmosphere.

**2.15** Stage 2 work placements have increased during the reporting period.

**2.16** Implementation of the OMiC and Key Worker strategy is at an early stage but appears to be proceeding on track.

## 3.1 DESCRIPTION OF THE PRISON

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**3.2 HMP Usk and Prescoed** is located on three sites in and around Usk (S.E. Wales) and administered by one management team. The combined Certified Notional Accommodation (CNA) is 538.

- HMP Usk is a Category C prison.
- HMP Prescoed is a Category D Open Prison.
- HMP Cilwrgi Farm in Coed-y-Paen receives prisoners from Prescoed who work and receive training in agriculture, operating related machinery and warehousing.

A complex mix of Prisoners is supported by:

- Personnel Officers
- A Resettlement Team.
- Caseworkers,
- The Psychology Department,
- The Substance Misuse team,
- The Chaplaincy,
- A Healthcare Department

Healthcare offers a day care facility at Usk and Prescoed. Currently there are no beds for in-patients. HMP Usk and Prescoed have libraries and gymnasiums, and Prescoed also has a multi-faith Chapel.

**3.3 HMP Usk** opened in 1844. Located in the town, three main wings fan out from a central control point.

After various iterations it now houses vulnerable prisoners, the majority of whom are sex offenders. The CNA is 278.

The regime is designed to prepare prisoners for safe release and reduce the risk of re-offending.

- The Sex Offenders Treatment Programme (SOTP) was available to all inmates until terminated (nationally) in March 2017. This has been replaced with the Horizon and Kaizen schemes.
- There is a thriving Education Department together with carpentry, bricklaying and plastering workshops.
- Objectives are to hold prisoners securely and safely, and to provide a well-ordered establishment where prisoners are treated humanely and with decency and respect.

**3.4 HMP Prescoed** is situated in open country some three miles from Usk on the site of a Young Offenders Institution which opened in 1939. It is now a Category D resettlement prison. The CNA is 260. The regime at Prescoed is designed to rehabilitate and educate through a structured sentence and resettlement plans and to promote the reduction in risk of prisoners re-offending when they return to their communities. Opportunities exist for education, training and work placements, with resources allocated for the resettlement of prisoners. The regime at Prescoed includes a range of industries and activities and has been successful in increasing the number and variety of work placements.

### 4. SAFETY

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**4.1** A combination of a good reception and induction process, Listeners and peer support as well as availability to communicate with Samaritans contributes to an appropriate environment. Where bullying or coercion is identified, staff intervention is timely and proportionate. Viewing of the ACCT procedures throughout the year identify the completion of records, regularity and attendance at reviews, and appropriately recorded observations. Numbers of ACCT documentation are consistently low.

**4.2** MAPPA reporting forms have been fully completed throughout the year in spite of some requests received at short notice. HMP Usk either engage with the process by means of teleconference or video link while HMP Prescoed only engage via teleconference due to inadequate signal reception. Monthly Gwent MAPPA meetings are attended by the Governor for Offender Management and Security Operations from HMP Usk.

**4.3** While the use of force has increased at HMP Usk during the last year it remains minimal being used in mid single figures and on only one occasion in HMP Prescoed. Monthly Security Meetings address and record relevant and current matters of concern contributed to by the representatives of different disciplines.

**4.4** Drug and substance misuse over both establishments is reasonably low. Throughout this year MDT testing is carried out upon five per cent of the population. This is being increased to ten per cent for the forthcoming year. Misuse at HMP Usk is largely related to prescription drugs.

4.5 During this year there have been two deaths in custody one at each establishment: -

**4.6** A death occurred in early August 2017 whilst the deceased was about to return from release on temporary licence to HMP Prescoed. Following the death support was offered within the prison to any prisoners affected by the death. The post-mortem report stated he died as a result of multiple stab wounds. The perpetrator has subsequently been convicted and sentenced. Prison records and risk assessments were comprehensively undertaken and in April 2018 the Acting Prisons and Probation Ombudsman found that the decisions taken to grant periods of home leave were made after all appropriate joint assessments had taken place. Previous periods of leave on temporary licence had been successfully undertaken. The Ombudsman stated they were satisfied that reasonable preparations had been made for home leave and no recommendations were made.

**4.7** A death occurred in mid-August 2017. A diagnosis of lung cancer was made in June 2017 when the prisoner requested to remain in HMP Usk and not make an application for release on compassionate grounds. A prison officer was appointed as family liaison officer. Throughout the officer visited the prisoner and liaised with his family arranging and accompanying family members upon visits. An end of life care plan was created in conjunction between prison nurses and the community palliative team. Following a risk assessment, a release on temporary licence was granted in early August for the prisoner to be transported to a local Hospice due to precisely defined and specific activities which could not be provided within the prison. A prison officer accompanied the prisoner wearing civilian clothes. The prisoner died of lung cancer on 17th August 2017. Following the death, the prison took appropriate actions to support prisoners affected by the death. The findings of the Ombudsman were positive in relation to the diagnosis, management and clinical care received. No recommendations were made.

## 5 EQUALITY AND FAIRNESS

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**5.1** In addition to the quarterly Equalities Meetings attended by a Board Member a rolling programme of weekly forums are held which individually addresses protected characteristics as specified in the Equalities Act. It appears from observation that disadvantages, which could occur, are both discussed appropriately in an open forum and addressed where required, an example being an age-related agenda with regard to Incentive and Earned Privileges.

**5.2** The Incentives and Earned Privileges Board is held either every two weeks or every month, dependent upon applications. Part of the consideration being 'giving something back' namely the Buddies Scheme which relates to younger participants with progress for older men achieved by participating in forums and exercise meetings as well as using the facilities in the exercise yard.

**5.3** Visits by Board members to both establishments where prisoners are regularly met would suggest that an awareness exists of how to complain about all prison matters. In the event of an unsatisfactory conclusion awareness exists of how to escalate such a complaint.

**5.4** Both establishments have appropriate visiting areas to accommodate family visits which are welcoming and friendly.

**5.5** HMP Usk has a monthly family day. HMP Prescoed holds bi-monthly family days, since it is not profiled to cater for family visits, this necessitating two officers being detailed from the establishment. If the weather permits these days are held out of doors on the playing fields. Feedback forms completed following the visits are positive with appreciation expressed for the refreshments provided.

**5.6** Appropriate checks and reviews are made by OMU with regards to risk implications and preference is given at HMP Prescoed to men who are not yet eligible for ROTL. Numbers of ROTL are massive compared to most Open sites.

**5.7** The HMIP report of 2017 made the following comment:

*“In our groups at Usk and in the Prescoed survey, men from a black and minority ethnic background were more negative than their white counterparts about some key areas of prison life, including opportunities for progression and staff-prisoner relationships. Some black and minority ethnic men at Usk said staff were unapproachable..”*

With a few exceptions the Board has not recorded this view. Protected characteristics are being actively monitored by staff at both Usk and Prescoed. The Board has nominated this area for our particular review during the next 12 months. As previously we will be regularly attending related meetings e.g. the “BAME, Celtic Society, Foreign Nationals, Gypsy Traveller & Roma Forum” to monitor perceptions.

## 6 SEGREGATION/CARE AND SEPARATION UNIT

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There is no Segregation/care and Separation unit at Usk

## 7 ACCOMMODATION (including communication)

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**7.1 Usk:** the cells are of a type typical of a 19<sup>th</sup> Century Prison.

The concern raised by the board and HMIP over many years that prisoners had to eat in their cells has been recently been addressed with tables and chairs installed on the wings to allow communal dining. This is a great improvement. The environment on the wings appears much improved with cleanliness, painting and new photography in place.

**7.2 Prescoed** is a different situation. Previously a number of the buildings, although not 19<sup>th</sup> century were in poor condition. The outside appearance of these was drab. Recently this has been rectified but maintenance (mainly plumbing) of the cells is an ongoing requirement. The association areas and Lester unit are of poor quality. For example: **Lester is a prefabricated unit designed to have a ten year lifespan - it was installed twenty years ago.**

Recent efforts to improve the general environment have been successful with grounds and presentation of the establishment having been improved through improved maintenance, New signage and large external display photographs and horticulture as the main themes.

### 7.3 Communication

**7.4.**The Board are pleased to report that communication between the IMB and the Governing Governor has improved hugely since the appointment of the current occupant who has been open, transparent and keen to work with the IMB. Historically senior staff communicated well both with the Board but the high turnover of Governing Governors meant that in the recent past communication between the Governing Governor and the Board was infrequent, brief and unproductive. The Board are impressed with how proactive and accessible the current Governing Governor has made himself and look forward to working with him in the future.

**7.5** Observations by Board Members suggests that communication between the staff and prisoners is good. Staff treat prisoners with respect and relations between staff and prisoners seem largely supportive and positive. Staff, particularly personal officers, clearly know individual prisoners well and communication generally is clear and timely. The 5-minute intervention programme appears to be working well and assists in building positive prisoner/staff relations. The Board Members' observations about communication are supported by the lack of Apps in relation to communication issues.

**7.6** As far as canteen is concerned the Board have no concerns to report. 'Canteen' does not appear to be an issue at the prisons, no concerns raised by prisoners in Apps and nothing adverse noted in observations by Board Members.

## **8. HEALTHCARE (including mental health and social care)**

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**8.1** The Aneurin Bevan University Health Board (ABUHB) provides health services for both sites. GP, dental, optical and physiotherapy services are outsourced.

**8.2** There is now a full complement of staff in healthcare. It is still busy but providing a good service, further enhanced by the appointment of a nurse manager in April 2017. This has led to many improvements and training opportunities for nurses and health support workers, including:

- Minor Illness Course
- Master's in advanced clinical Practice
- Diabetic Course
- Updated training in spirometry
- Health support workers have also accessed courses in:
  - Blood borne viruses
  - Spirometry
  - Basic foot care to enable toe nail cutting

**8.3** The service now holds weekly meetings with Monmouthshire Integrated Care Team which provide an opportunity to plan for patients and arrange referrals to external services. Dental and optometry waiting times have been reduced by providing extra appointments at both sites.

**8.4** Other improvements include support for the disabled and older men and the improved end of life pathway that has been developed between the prisons, ABUHB and their partners.

**8.5** There was a death in custody last year, due to cancer. The patient received excellent palliative care and support and a dignified end to his life.

**8.6** As an out of hours provision vending machines have been installed in Usk and Prescoed to supply paracetamol and ibuprofen. This is managed through the provision of a token.

**8.7** In 2017 the HMPPS Inspection Survey found that 89% of prisoners at Usk and 87% at Prescoed said that the overall quality of healthcare services was good.

## 9. EDUCATION AND OTHER ACTIVITIES

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### 9.1 Standards

9.2 Overall, standards at Usk and Prescoed are good. Prisoners develop relevant transferable skills that could be used to secure employment and economic activity on release.

9.3 Outcome data provided for the period March 2017 – April 2018 confirms that nearly all prisoners completing formal qualifications achieve their learning goals.

9.4 Outcomes for learners undertaking GCSE qualifications across both prisons are good with 94% of completers (16 learners) achieving their qualifications in Usk, and 100% of completers (3 learners) achieving their qualifications in Prescoed.

9.5 Outcome for learners undertaking vocational qualifications across both prisons are good, with 96% of completers (245 learners) achieving their qualifications in Usk and 90% of completers (264 learners) achieving their qualifications in Prescoed.

9.6 Outcomes for learners undertaking Essential Skills Wales qualifications are good with 99.5% of completers at Usk and Prescoed (189 and 148 learners respectively) achieving their qualifications.

9.7 In both prisons, prisoners undertaking Open University provision use their time productively to study from a choice of 27 courses up to degree level. They pursue a wide range of subjects to develop effective independent study and research skills which improve confidence and self-motivation.

9.8 Prisoners who engage in vocational activities learn new skills or apply existing skills in new contexts. For example, prisoners in the market garden and farm grow produce which is then used in the prison kitchens.

9.9 Many learners in Essential Skills classes make appropriate progress in developing literacy and numeracy skills. However, a few prisoners, particularly those with lower abilities, do not make sufficient progress in improving their skills. In the period between March 2017 and April 2018 a total of 33 learners transferred out of Essential Skills classes.

9.10 The number of prisoners engaging in Welsh language is variable. The prison supports a bilingual mentor to develop a strategy to promote the Welsh language. However, it is too early to evaluate the impact of the strategy on teaching and learning practices, standards, and distance travelled.

### Well-being and attitudes to learning

9.11 Prisoners and staff have strong, respectful working relationships, which encourages prisoners to participate in learning and skills activities.

9.12 Prisoners feel safe in their learning environments. They are aware of their rights and responsibilities and have a good understanding of health and safety.

9.13 Many prisoners are aware of the importance of a positive healthy lifestyle and follow programmes to improve their health and well-being. They understand the need to exercise regularly and make healthy choices. Most have access to regular physical activity and some take part in worthwhile activities to promote healthy living. For example, learners maintain an allotment and grow vegetables which are then used in the prison kitchen.

## **Teaching and Learning Experience**

**9.14** A good range of education and vocational activities is available which assists in the rehabilitation process. Teachers and tutors are generally well qualified and have up-to-date subject knowledge, occupational experience and industry skills.

**9.15** Generally, teachers plan taught sessions and track progress well. They use a good variety of activities and teaching styles to engage prisoners, particularly those learners who have difficulty in settling down in a classroom environment. Teachers and tutors set appropriate expectations for their learners and give them good levels of support. Individual learning plans are prepared for each learner; however quality assurance processes are not robust enough to ensure they are good enough to inform planning for learning.

**9.16** All prisoners are encouraged to express themselves in a positive way and are treated fairly. Most have a basic understanding of equality and diversity and respect for others.

**9.17** Classroom accommodation is well maintained and provides an appropriate learning environment. Vocational workshops are maintained to a good standard.

**9.18** The most recent (2017) Learner Pulse Survey confirms that:

- 96% of learners rate the Learning and Skills staff as excellent or good.
- 94% of learners rate the vocational workshops as excellent or good.
- 96% of learners rate the educational classes as excellent or good.

## **Care, support and guidance**

**9.19** There are appropriate arrangements in place for prisoners in Usk and Prescoed to learn about the importance of healthy lifestyles, including substance misuse, emotional health and behaviour change.

**9.20** The prison works well with prisoners to reduce the risk of them reoffending or becoming 'Not in Education, Employment or Training (NEET) on release. Teachers and tutors ensure prisoners are able to identify their personal strengths and set relevant targets that link appropriately to sentence and rehabilitation plans.

**9.21** Prisoners have good access to independent advice and guidance through the induction process, access to Careers Wales advisers and helpful ongoing mentoring support from staff which prepares prisoners well for rehabilitation, employment and resettlement.

**9.22** Staff monitor prisoners' attendance at individual sessions well and routinely follow up on reasons for their absence.

## **Leadership and Management**

**9.23** The prison is making good progress in achieving the strategic vision and direction set by the Governor. He is supported by senior managers and the learning and skills team, which has enabled the prison to implement several plans to strengthen the provision or broaden the curriculum to meet prisoner's vocational and personal aspirations. This includes the construction training facility which is nearing completion at Prescoed.

**9.24** Staff morale is currently high and is largely attributable to the positive outcome from the Estyn inspection, the levels of support provided by the governor, the achievement of Welsh Government targets, the standard of learner achievements, and the results of the Pulse Survey.

**9.25** There is sufficient provision to enable all learners of working age to participate in education, training and employment. For example, In Usk there is 140 training places available and in Prescoed the number of training places is variable. This enables all prisoners of working age to participate in activities.

## **10. WORK, VOCATIONAL TRAINING and EMPLOYMENT**

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**10.1** The Activities available across the establishment include Bricklaying, Plastering, Woodworking, Recycling, Horticulture, Farm, Forestry, Kitchen and Industries all designed to prepare individuals for the outside environment when they are released.

**10.2** External qualifications across a range of subjects at GCSE and A level are available using a range of exam boards such as AQA, WJEC and City and Guilds.' For those wishing further education Open University study is available.

**10.3** Cwlirgi Farm continues to agricultural qualifications. With plans to extend the training opportunities maximising the use of the site with the employment of two extra staff.

## 11. RESETTLEMENT PREPARATION

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11.1 The IMB are kept informed of the work being carried out in this area by:

- Attending the Reducing Re-offending Group meetings covering both Usk and Prescoed prisons. These meetings are held bi-monthly.
- Attendance at the monthly IMB meetings by the prison Governor/Senior managers.
- Internal reports/Newsletters
- Talking to the prisoners about their experiences during Rota visits by IMB members.
- Reports produced by HM Chief Inspector of Prisons following an unannounced visit.

11.2 Bi-monthly meetings bring together a wide range of expertise both within and outside the prison (external partners). This provides the main vehicle for maintaining the momentum in Performance and driving through the required changes. Their common purpose is set out as being “to build an integrated, efficient, highly performing offender management system in Wales”. And of course, to prepare the prisoners for their ultimate release into the community.

11.3 Subjects covered at each of those meetings mostly include –

- Accommodation (outside of prison)
- Education, Training and Employment
- Mental and Physical Health
- Drugs and Alcohol
- Finance, Benefit and Debt
- Children and Families
- Attitude, Thinking and Behaviours

11.4 Each of these subjects produce their own particular challenges. For example, due to the recent changes in local Housing policy it has become increasingly difficult to find suitable permanent accommodation for all prisoners. There are now examples of prisoners being released without having secured accommodation for them.

11.5 Additionally, despite **strenuous efforts by the prison staff** there are still concerns with regard to the number of men in Prescoed (Resettlement prison) being refused bank accounts. Applications are being turned down by the Bank on the grounds of the prisoners’ circumstances rather than anything else. To assist the prisoners in this matter contact has been made with local credit unions who can provide pre-paid cards, so they can access their benefits on release. Also, Debt Management courses have been introduced to improve the success of applications for bank accounts.

**11.6 A great success story during this year has been in obtaining Community Placements for the prisoners in Prescoed. For example, during one representative week, there were 63 men working out on Stage 1 unpaid work and 47 men on Stage 2 paid work. The ambition is to secure more Stage 2 paid work. This would be in line with the Prison Establishment’s overall policy.**

11.7 The prison staff invest a lot of time and effort to provide the men with skills training and job opportunities to prepare them for work upon their release. There are many opportunities for the men to gain skills within Prescoed itself. For example, there is a Restaurant offering catering qualifications and a Farm where useful Forklift training and qualifications can be obtained. Additionally, Jobcentre Plus is on hand to provide assistance including providing help with CVs and job searches.

### Programmes section

11.8 Since the ending of all SOTP’s at Usk in early 2017 the Psychology Dept have been delivering Horizon and Kaizen programmes to prisoners depending on their level of risk.

- The effect on IPP sentences and those in denial has been monitored.
- The Horizon programme has run 10 times during the year with 2 men maintaining their innocence included in each group.

- Kaizen has run on 4 occasions.
- The HSP programme where men are required to discuss their fantasies etc is expected to run in the next period.
- Those men maintaining their innocence will become involved in the BNM programme from October.

## C Section – Work of Board

<b>BOARD STATISTICS</b>	
Recommended Complement of Board Members	15
Number of Board members at the start of the reporting period	13
Number of Board members at the end of the reporting period	9
Total number of visits to the Establishment	301
Total number of segregation reviews attended	N/A

## D Section - Applications

<b>Code</b>	<b>Subject</b>	<b>Current reporting year</b>	<b>Previous reporting year</b>
A	Accommodation including laundry, clothing, ablutions	1	2
B	Discipline including adjudications, IEP, sanctions	0	1
C	Equality	0	0
D	Purposeful Activity including education, work, training, library, regime, time out of cell	2	6
E 1	Letters, visits, phones, public protection restrictions	1	4
E 2	Finance including pay, private monies, spends	1	2
F	Food and kitchens	1	1
G	Health including physical, mental, social care	1	6
H 1	Property within this establishment	0	0
H 2	Property during transfer or in another establishment or location	4	6
H 3	Canteen, facility list, catalogue(s)	2	1

I	Sentence management including HDC, ROTL, parole, release dates, re-categorisation	4	2
J	Staff/prisoner concerns including bullying	1	3
K	Transfers	1	2
M	Miscellaneous	6	10
	<b>Total number of IMB applications</b>	<b>25</b>	<b>46</b>