

Independent Monitoring Board

2010 REPORT

Reporting Period

January 2010 to December 2010.

HMP Kingston Portsmouth

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Section 1

The IMB is specifically charged to:

- 1) Satisfy itself as to the humane and just treatment of those held in custody within the prison and the range and adequacy of the programmes preparing them for release.
- 2) Inform promptly the Secretary of State (or any Official to whom he has delegated authority) as it judges appropriate, any concerns it has.
- 3) Report annually to the Secretary of State on how well the prison has met the standards and requirements placed on it and what impact these have had on those in its custody.

Section 2

Description of the Prison

HM Prison Kingston was originally built in 1877 to the Victorian radial design, it is a Category 'B' training prison holding only indeterminate sentenced prisoners, our aim is to provide a safe, decent environment in which to live but also an environment which provides opportunities to demonstrate a reduction in risk against identified risk factors, by providing appropriate interventions to the population we aim to progress prisoners to conditions of lesser security. That progression will be directed through the life sentence plan, particularly through the Seven Strategic Pathways.

The role of Kingston is to provide those in our custody with continued achievement of their sentence plan to help individuals reduce their reoffending and to have the skills and knowledge to lead law abiding lives once they have been released back into the community.

Originally the prison accommodated domestic lifers. However in recent years there has been a change of emphasis and today the population has now progressed to a more general Category 'B' lifer population, including a wing for Category 'C' lifers. The current capacity is 199 prisoners.

Kingston also takes pride in our social responsibility and has consistently year on year build and developed excellent community links and support both to and from the Portsmouth and Hampshire area.

Kingston was awarded High Performing Prison status in 2009.

Section 3

Executive Summary

a) Particular issues requiring a response

1. Why do prisoners over 60 not have access to a Bowel Screening Programme?
2. We are concerned that there is no disabled access to the dining room, library, top workshops, chapel.
3. Additionally there is no disabled access to the Administration Area of Prison.
4. Not enough courses are available through the Psychology Department.
5. The Board has concerns on the level of admin support available. Our current Clerk works for the Prison Service on a part time basis which leaves the Board in a very vulnerable to support on days Clerk is not in and vulnerable on days Clerk is in due to level of support that can be given alongside duties within prison position. We are currently negotiating a service level agreement for additional clerical support.

b) Areas of Excellence

Community Engagement

The Diversity and Race Equality Officer is part of many local diversity groups and attends their meetings regularly, these include the Havant Diversity Network Forum, Portsmouth Race Harassment Forum, Portsmouth Race Equality Network Organisation, The Multicultural Link Group, Portsmouth African Union, Caribbean Islands Association and Zambian Oasis. His community links have resulted in an increased level of community engagement and have raised the profile of the prison within the local community.

Visitors' Centre

Visitors' centre has opened and has become an excellent part of the community. The centre was formally opened by the Mayor of Portsmouth in December 2010.

The Visitors' Centre has become the hub of Kingston's engagement with the Local Community and how the organisation meets its obligations to the Community. The centre has been used during the reporting period by a number of BME groups (Portsmouth African Union, Sudanese

Community and Caribbean Island Association C.I.A) using it to network with other voluntary sectors and the prison to which the C.I.A challenged both staff and prisoners to a game of cricket. The Visitors' Centre is also being used as a place to sign post other support agencies and out reach work linked to supporting families that may have relatives serving a custodial sentence.

As a result of further networking within the centre staff have visited schools to talk about the prison on themed ethics and tolerance days. Community Payback scheme and working with Young Offenders is also coordinated from this centre. Kingston prison in partnership with Catch 22 and the Wessex Youth Offending Team are providing a bespoke Community Placement to young people geared around Restorative Justice (RJ). Kingston is also ensuring their residents have an opportunity to take an active role in this programme and it is through these engagements that Kingston is promoting its social responsibility.

World Café Day

In June 2010 the establishment held an event called the "World Café Day" which was borne out of a desire to be able to effectively communicate with everybody at HMP Kingston. There were 5 themes, openly debated, to gain a holistic approach to the challenge that lay ahead in the business year, these were:

- Her Majesty Inspector of Prisons.
- Communications.
- Investors in People.
- Community Engagement/Social Responsibility.
- Business Change.

Staff moved around a set table format and senior managers facilitated the discussions above asking staff for their ideas on how these can be achieved. The action plan that came out of the day was called "You Said – We Did" and covered some very innovative ideas which have been implemented. The day was also used to reflect the achievements of 2009/2010 where the establishment had achieved High Performing status, achieved 94% in the Security Audit.

Education

The education programme is a positive, vibrant, improving and successful aspect of HMP Kingston.

Staff

Staff have continued to work in a professional compassionate and enthusiastic manner during times of change and uncertainty.

Laundry

We were delighted to see an additional person working in the Laundry which appears to have overcome difficulties experienced as reported previously

Section 4

Areas that must be reported on

a) Diversity

Foreign Nationals

During 2010 on average 9% of Kingston's population were Foreign National prisoners. They hold surgeries every month with the UKBA to meet the needs of all foreign nationals as well as arranging visits from their embassies. Translation services have been effectively used to assist with parole hearings and OASys assessments. Foreign national prisoners can also receive parcels from family abroad containing DVDs, CDs and other items that keep them in contact with the culture from their home country. A ten minute free phone call is provided each month to assist maintaining contact with relatives abroad. Assistance is also given to prisoner with returning their personal effects to family pending their repatriation. Links with local community groups have been set up and play a vital role in maintaining links with different cultures.

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Events

A staff cultural awareness day was held in March with the assistance of PRENO and 15 other community groups. Staff were given the opportunity to speak to members of the groups to gain a more in depth understanding of their culture and to address any questions or concerns they had.

May saw the prison host a cricket match between the prisoners and The Caribbean Islands Association. This was a very successful and enjoyable day including a buffet meal giving prisoners and staff an opportunity to interact with members of the community. Both communities have agreed to make the match an annual charity event.

Also in May Kingston hosted the annual meeting of the PRENO. This event was held in the Chapel and was attended by 35 members of the local community groups as well as members of staff.

The African Prisons Project visited Kingston in June and gave a talk to prisoners, staff and local community members about the charity work that they carry out for prisoners in Africa. This has resulted in prisoners donating money to the project and a member of the community volunteering to work in Africa on the project.

The DREO attended the Southsea Multi-Cultural Day in September and built links with the Afghan Community and local fire brigade.

The prison celebrated Black History Month in October with an African drumming workshop which was well attended and enjoyed by prisoners and staff. Other events included a talk from members of the Zambian community about the independence of Zambia, a talk about a member of the community's experience of being removed from Rwanda, a multi-cultural food day and displays and films.

Within the establishment

Since the beginning of 2010 Kingston has started up a new Diversity and Race Equality Action Team (DREAT), this group now reports on all diversity strands within the establishment. It has also started a disability/older prisoner forum which involves both prison and PCT staff and offenders which reports to the DREAT. Several focus groups have been held for offenders to raise issues and have input into policies, these groups are chaired by the functional heads and the points raised are added to the Diversity and Race Equality Action Plan (DREAP). The programme for challenging discriminatory behaviour has been approved by the Senior Management Team and DREAT and is used when the need is identified. An identified member of staff provides support for gay and bi-sexual prisoners within Kingston.

Older/Disabled Prisoners

Older and disabled prisoners were canvassed to see what they could be offered. Extra blankets and thermal vests were provided in the winter months. Additionally a number of living aids have been purchased and provided to prisoners such as can openers for arthritis sufferers, walking aids and magnifying screens to help prisoners with every day life. Joint developments with Portsmouth PCT have ensured a holistic and cohesive approach. The Physical Education Department in conjunction with the DREO has approached each individual to offer advice and guidance on a healthy life style and in cell exercise for those who do not wish to attend the gym. Kingston also provides orderlies and a buddy system for those prisoners who are unable to collect their meals, visit the library or go on outside exercise.

b) Education

Delivery of the HMP Kingston Education programme has continued to be supplied by The Manchester College, which has therefore benefited from some stability since the disruption of the change of provider the previous year.

The contract for delivery has increased significantly, more than doubling the taught contact hours rising from around 2,600 hours in 2009 to over 6000 hours in 2010. This has resulted from well constructed negotiation with the Skills Funding Agency and NOMS, The HMP management cornerstone for the increase primarily being based on the move to a Category C establishment and the fact that prisoners are therefore closer to resettlement and release.

The increased hours of education provision have in the main been used to increase the vocational training provision covering horticultural training, painting/decorating and barbering.

There will also be increasing progression and provision (300-400 hours) for accredited qualifications, such as catering accreditations.

The range of vocational options has been identified from national employment statistics rather than local skills and labour requirements because prisoners at HMP Kingston come from all around the country. For example painting and decorating has more vacancies nationally than some other construction trades. Barbering is showing as having a big gap in the labour market with a broad range of associated learning and life skills such as communication, retail, customer care and presentation as well as practical trade skills – this is being achieved through development of a fully functional barber-shop facility. The education programme has been

increasingly integrated to the workshop programme during the year. Instructors with relevant qualifications for training are being increased. The introduction of the motor-cycle and bicycle repair workshop is presenting further opportunities to develop learning, training and skills options in conjunction with the work programme.

Approximately 75 prisoners were participating in the education programme (and about 25 are part-time) with 27 undertaking distance learning through the Open University (i.e. above level 2/3).

Going forward there are plans for further extension and development of trades and skills through work and training including increasing yet further in peer mentor options. The transition period for change and the heightened drive towards reducing re-offending by gaining vocational skills has dramatically changed the face of education within all areas of the prison to a very positive end. Furthermore the provision of career information and advice service provided by 'Tribal Group' has been increased to once a week a new advisor has been identified for Kingston inline with Ofsted recommendations, on a very positive note, two prisoners are undertaking the careers advice NVQ working alongside the 'Tribal Advisor'.

c) Physical Education

The Physical Education provision has improved steadily throughout the year with focus on 2 key areas of delivery, targeting those who do not regularly attend and healthy lifestyles. Through analysis of locally collected data it was identified which groups of prisoners were under represented; the provision was changed accordingly and encouragement given utilising Gym Orderlies as one of the vehicles to promote uptake. The ongoing Health Trainer provision, to promote healthy living and lifestyles has proven to be very successful and is key to a positive impact being the outcome of the PE provision at HMP Kingston, funding has been agreed until September 2011. As with all departments the multi disciplinary links within Learning and Skills provision via Education and Offender Management and the Gymnasium are very apparent, with various accredited learning possibilities within the department available.

Investment has been made on improving the department with an increased and improved cardio vascular exercise area and fixed exercise equipment in the outside exercise area. The area was rated very positively in prisoner surveys and this view was mirrored in the recent Ofsted and HMIP inspection.

d) Healthcare

The prison benefits from an excellent Health Care service. Although provided through the local NHS Trust, the service is extremely well integrated into the management of the prison and the

inclusion of the Modern matron as a member of the Senior Management team ensures very effective joint working.

The number of complaints about Health Care received by the Board from prisoners is no more than might be expected, and generally prisoners appear satisfied and speak well of the service. Prisoner involvement on the Health Promotion Committee through the Health Trainer representatives.

The Board continues to be reassured to know that prisoners in Kingston receive the same quality of primary health care services as they would from a GP practice in the community. These include the full range of health surveillance and chronic disease management programmes such as coronary heart disease, diabetes, asthma, “well man” and older persons screening. There is also a range of prevention programmes in place, including vaccination, hepatitis screening and “stop smoking”. It is disappointing that prisoners over 60 still do not have access to the national Bowel Screening Programme, but it is understood that this will be reviewed again as part of the health needs assessment process to be undertaken during 2011.

Referrals to outside secondary NHS services work well, and as far as the Board is aware, prisoners benefit from the same level of access and quality of services as local residents in the community. Despite the resource implications, the prison is generally able to provide escort services for hospital visits or “bed watches” without any significant delays.

Although it is split across the two sides of the main access corridor to one of the residential wings, the Health Care Unit provides high quality facilities and is well-equipped. The three clinical rooms are well-used (including by a visiting GP, consultant psychiatrist, psychologist, dentist, optician, podiatrist and physiotherapist) but appear to be sufficient to meet the demand. Staffing provision also appears adequate, although the planned redesignation of a post as a Mental Health Prison Practitioner will be a welcome addition. A further post may be funded in 2011 as part of the planned Integrated Drug Treatment Service being established in liaison with the CARATS service.

e) Safer Custody incorporating Suicide Prevention and Violence Reduction

HMP Kingston fully embraces all aspects of safer custody, both in suicide and self harm prevention and violence reduction. In suicide and self harm prevention. They address the issues that lead to prisoners thinking towards self harm or suicide at the earliest possible stages, offering support and guidance through what can be a difficult time for them.

The Safer Custody Committee meetings are held monthly, chaired by the Head of Offender Management. A member of the IMB attends most of these meetings. The Committee comprises a the VR Coordinator, Healthcare, CARATs, Diversity & Race Relations, Residential and Security

Officers, Development Manager, Education & Psychology staff and the Chaplain. The Samaritan representative also attends and the Listeners and Safer Custody Representatives are invited to the second half of the meeting, making contributions regarding anti-bullying, self-harm prevention and suicide awareness

HMP Kingston operates a Listener scheme, and the establishment has forged excellent relationships with the local branch of the Samaritans so much so that they hosted the regional Samaritans conference. This was a huge success commented on by many attendees as the most organised and welcoming venue that they have attended. The team of Samaritans continue to provide excellent support to the prisoners and praise must also be given to those prisoners working to reduce tensions, etc at the grass roots. There is a need to recruit more Listeners as the re-role has reduced their numbers. The Samaritans are in the process of advertising this across the prison population.

Two World Cafe Events were held – one for staff which gave them the opportunity to voice their opinions on issues affecting the prison strategy, discussing the HMIP report, considering ways to reduce savings for the year 2011, etc. A similar event was hosted for the prisoners who provided positive ideas – e.g. request for more vocational training, the provision of drinks for visitors and a better system of accessing the healthcare team. They recommended savings that could be made in the amount spent on cleaning items and many of these suggestions have now taken place. A large TV screen has been installed providing information but funding precluded the idea of a separate TV channel being added to all the cells. Bingo and quizzes took place. All these issues are now monitored by the Amenities Meeting.

HMP Kingston addresses all forms of anti-social behaviour from prisoners, no matter how minor they appear. This has created an environment where violence, both verbal and physical, in all forms is not accepted. To compliment this unacceptable behaviour report (UBR) form was developed for prisoners to report incidents of anti-social or unacceptable behaviour, and gives an auditable trail of action taken to address the issues raised.

November 23rd 2010 saw the inception of the HMP Kingston Safer Custody Fayre. The fayre organised by the Safer Custody Team took place in the Gymnasium, where several stalls were erected highlighting the different aspects of Safer Custody. Those attending included the Samaritans, Health Trainers, CARATs, Psychology Department, Safer Custody and Violence Reduction Representatives and the Chaplaincy. Two quiet areas were set up for prisoners to utilise should they feel the need to converse in a private setting with any of the staff present on the day.

There were games and competitions going on throughout the course of the morning all of which were centred on the Safer Custody theme. 65% of the prisoner population attended the fayre and feedback from all of those involved was highly positive, with safer custody and violence reduction reps reporting that there was no doubt that this event had highlighted the importance of Safer Custody to prisoners. Prisoners were especially encouraged by the staff participation at the fayre.

f) Segregation

There are three standard segregation cells at Kingston and one further special cell which is rarely used and was only used once during the reporting period. There is a separate shower and washing facility and a separate exercise area within the segregation unit. There is a very small library facility however; books can be exchanged with the Main Library via the Segregation Staff. The staff have also been supportive in providing facilities for those on more relaxed regimes to undertake hobbies and pastimes. There is the opportunity for those accommodated within the Segregation Unit to participate in both core curriculum and additional learning facilitated by The Manchester College. The Segregation Unit office has been made available to facilitate this service.

The use of segregation has remained fairly consistent over the last few years. Board Members have invariably reported positively on the care and quality of the attention shown by staff to Prisoners in the unit. However, there have been occasions when the length of time Prisoners remain in Segregation, normally at their own request, has given cause for concern.

The duty IMB Member attends the Prisoner Segregation reviews, which are chaired by a Governor Grade manager, and attended by the Chaplain, Healthcare, Personal Officer and a Senior Officer. Without exception the board have found the reviews to be fair and compassionate, with the prisoners' health, safety and well being remaining the prime concerns in any decisions regarding the prisoner's immediate future.

Section 5

Areas of special interest

a) Adjudications

The use of adjudications at Kingston is appropriate to the population held. The total for adjudications during the year January to December 2010 where as follows:

113 adjudications were open of which 71 = proved, 39 = dismissed, 1 = quashed, 2 = withdrawn

For comparison, the equivalent figures for 2009 were 138 cases, 115 proved, 32 dismissed. Out of the above proven adjudications 14 were mandatory drug tests (MDT) related (9 positive tests and 5 refusals).

None were race or bullying related.

In 2010, 136 days CC were awarded in total. (138 days CC were awarded in 2009)

b) Applications

The number of applications to the IMB is probably lower than most prisons with the number of formal applications remaining just below 40 in line with last year. We have adopted a different type of application form this year, where prisoners must sign to give permission to Board Members to speak to staff regarding their application, if appropriate, in order to resolve the issue.

Applications to the IMB are placed into a locked application box which is opened by IMB member and dealt with during visit.

The IMB encourages all prisoners to try and resolve issues with the help of their Personal Officer and then using prison complaints procedure, before contacting IMB.

c) Compensation

HMP Kingston reimbursed prisoners £5547 to compensate for lost property during the reporting period this included Treasury Solicitors fees. This compared with £9300 the previous year which shows a decrease of 40%, this was achieved due to improved investigation process and negotiating compensation payments through Treasury Solicitors. Below is a breakdown of the two types of claims:

Accident (inclusive Treasury solicitor fees)	£5200
Loss of property	£347

d) Incentives and Earned Privileges (IEP)

HMP Kingston is committed to providing opportunities for prisoners to earn privileges consistent with national policy, as a reward for good behaviour and performance. Prisoners are encouraged to maintain high standards of behaviour through the local IEP scheme.

This is well used throughout the establishment by all departments to address prisoners anti social behaviour, and as encouragement to comply with sentence planning requirements.

The scheme is operated and managed with continuity and consistency giving both staff and prisoners confidence and faith in it. A formal auditable system of warning has been implemented to ensure that prisoners are given full opportunity to address the behaviour before administrative measures are taken.

Throughout 2010 statistics show that the majority of prisoners were on the Enhanced level, with only 17 on Standard and 3 on Basic.

In April 2010 in order to bring more consistency to the IEP appeal process, the Offender Safety and Care Manager or his nominated Deputy were identified as the designated persons to carry out all IEP Appeals .

Between April and December 2010, 20 appeals were heard, and all were conducted by the nominated staff.

As an additional safeguard a quality assurance system was introduced in June 2010 which is conducted on a monthly basis by the Offender Safety and Care Manager.

e) Induction

The Board is not formally included in this process. However, we are able to observe the process which is normally conducted on a one to one basis or in small groups. The re-rolling of the Establishment has significantly increased the number of inward transfers in recent months. However, the system appears to have been resilient enough to cope with the increased load and there have been no significant reports of problems arising. Information on prisoner transfers is available from the weekly bulletin, through the wing office or the Offender Management Department. An overall summary is provided for the IMB at the monthly meeting. Designated cells in D wing are used for induction and the process is started as soon as reception is completed but it may be extended over several days, including a workshop assessment. Feedback is assessed using a questionnaire which allows prisoners to raise any specific concerns.

A first 24 hour information sheet has been developed for new receptions which has been particularly endorsed by those arriving at HMP Kingston.

There is also a first night checklist which is used by the Senior Officer which ensures that all aspects of the prisoners needs are catered for at this vulnerable time. When completed all of the induction documentation is filed in the prisoners' core record in an induction file.

The full induction process for Prisoners commences the day after initial Reception except where this is a weekend day. The process takes place on D Wing in the designated induction room, and

is delivered by staff working on the Residential group. Copies of local policies are available in the induction room.

The induction process equips prisoners with information on all aspects of the regime at Kingston, the programme covers:

Visits, Mail, Food, Canteen, IEP, Bullying and reporting of bullying, Violence Reduction, Personal Officer, Physical Education, Education, Library, CARATs, Resettlement, Healthcare, general applications, Health and Safety, Fire Safety, adjudications, money, pin phones and Race Equality.

The induction process at HMP Kingston was praised by the HM Prison Inspectorate in August 2010

f) Laundry / Stores

This is located on the second floor. The number of prisoners working in this area has increased from 2 to 3 since our last report.

The third prisoner's job is that of an orderly which has improved the system of returning washed clothes back to the prison wings. This has helped to eliminate problems of the past such as mislaid washing and prisoners receiving the wrong washed clothes.

The IMB see this as a great stride towards a far better working practice with little or no problems occurring.

The stores area is also much improved, it has changed from an empty storeroom to an efficient orderly racked area with all items held indexed and neatly stowed away. This will make stock checking and locating items so much easier. Credit should be given to the staff in charge of this area they have made great strides in making the stores more workable and efficient.

g) Workshops

There are three floor levels of workshops at Kingston which offer work for about 150 prisoners.

The Drawing Office is on the top floor which over the past year has been quite busy and well attended, it is well organised by the instructor and offers a good standard of accredited training.

The middle floor is an assembly area which offers various types of work which changes throughout the year.

The bottom floor houses the Print Shop which again is well attended and is always busy; this also offers a good standard of Accredited Training.

h) Kitchen

The daily allowance for each prisoner remains at £1.91. A four week rolling menu is in place with variations of seasonal foods now served during winter and summer. The diets of ethnic groups and others with health and allergy problems are well accommodated. Three disabled prisoners who are unable to access the dining area have their meals brought to their cells by orderlies who support prisoners with disabilities.

Portsmouth City Council carried out a full unannounced Environmental Health Survey of the kitchen and dining areas. They were very impressed with the standards being maintained and praise must be given to all those working in the area in achieving such a high level. The only areas for improvements were two broken towel dispensers which were immediately replaced. The Council awarded a Safe2Eat Certificate to Kingston in September. In the entrance to the dining area, there are now notice boards giving the nutritional values of the food served.

As mentioned in last year's report, the call out maintenance contract for broken equipment was a major problem with machinery out of use for long periods; this has been alleviated with closer management and the replacement of much of the machinery. Complaints about the standard of food during 2010 were minimal.

i) Reception

104 Permanent transfers in

109 Permanent transfers out.

1 Prisoner discharged

A poorly laid reception area was re-designed by reception staff and is now fully operational. The area is now functional, light, relaxed and fit for purpose. It includes a private interview room and a much more comfortable waiting area for new prisoner intake as recommended by Her Majesty's Inspectorate of Prisons. It has proven to be a better working environment for staff and a more welcoming and relaxed facility for new prisoners.

We are very pleased with this and that it is no longer used as a storage area and is now able to represent Kingston's first impression in a positive light.

The Reception Staff continue to do an outstanding public relations job for Kingston. Prisoners are processed efficiently, with respect, humanity and dignity. For those prisoners entering through the gates of Kingston it is probably not their first prison experience, however we consider that the feeling of care engendered is entirely down to the staff who the Board cannot commend highly enough. The reception orderly is also a Listener and is identifiable as such assisting first night processes and making prisoners feel supported upon reception. The recent HMIP report

highlighted the excellent engagement in the induction process by reception staff and the transition to first night in custody.

The re-role of Kingston has led to an increased number of prisoners both entering and leaving the prison; this has been effectively managed with the level of efficiency, with respect, humanity and dignity.

The facilities list is run by reception staff, contains an extensive range of items and is under regular review. Staff process a high volume of property including family parcels and catalogue orders which assist prisoners with being able to pursue in cell interests, education and hobbies.

j) Amenities

The Amenities meeting was held on a monthly basis. Wing Representatives stated they thought the meetings had become more effective as issues submitted were followed up by members of staff and a response given at the following meeting. Heads of Departments related to questions from prisoners attended the meeting. These included Industries, Kitchen, Works Department and Gym.

Matters put forward for discussion included Canteen Review, prisoners pay, phone cards, Heating, visits, Healthcare, laundry, Reception Facilities list, showers, smoking on landings, Re-categorisation involving changes in Regime and Reception.

k) Gardens

The garden workforce became operational during the year after the building works in the establishment had been completed and scaffolding removed. Plans are underway for the Astro turf to be replaced by allotments. The gravel removed from the subsoil is to be used on the standing area for potted plants.

During the year no Horticultural qualifications were available; in December a Horticultural Instructor was appointed and the City and Guild scheme for delivering awards has now been approved with Level 2 students accepted for the course. More perennial planting is planned for the gardens with a Mud Man to be produced by the department in E wing Garden.

Spring planting has produced beds of colourful primulas and the visits area maintained an attractive display of geraniums in the summer. We look forward to seeing the Gardens returned to their original high standard of floral display. As with all other areas of activity the gardens and 'green team' are following the strategic swing to a much more educationally based employment area, with this in mind, as stated above, the area now has a specialized horticultural tutor working alongside existing prison staff, delivering accredited qualifications.

l) Security

2010 started with the relocation of the Security Department to its new home. The relocation has brought together the security and operations functions and resulted in a productive, functional working environment which is accessible to all staff and has assisted the intelligence process.

During 2010, 1329 Security Information Reports were received by the department regarding a wide variety of issues. SIRs inform the monthly intelligence assessment and objectives resulting from it. The Security Committee meets monthly with a member of the Board in attendance for most meetings. Competitive analysis of intelligence reports and objectives is carried out at this committee. The proactive use of this intelligence informs the effective use of searching in order to ensure prohibited items, such as mobile phones are found. Concerns about security are rarely raised at board meetings or in rota reports and it is felt that Kingston's Security Department is well run.

Also during 2010 external CCTV systems at Kingston have been upgraded and the installation of Fire and General Alarm Bell systems has commenced (due completion July 2011).

Effective collaborative working with the Police is being further developed resulting in a recent proactive operation that secured the seizure of a mobile phone that was being trafficked into the Prison through social visits. Working relationships have now been further developed in order to achieve a joint objective of securing prosecutions when items are illegally trafficked into the Prison.

Gates have been installed between the wings and the centre in order to allow better management of movement within the main Prison.

m) Library

The library at Kingston is a thriving hub of activity. This is largely thanks to our Librarian. Wide and varied book choices allow many prisoners to have their first introduction to books and reading as they visit the library to book out CDs and DVDs. The Librarian is keen to access any book which is requested as she visits other libraries in the area, this includes requests for new releases. There is an active book club where books are read and discussed in groups.

The Librarian will also access any educational book or information from the internet which helps an inmate with their studies. We are aware funding for the Library is safe for another year and hope this will continue.

n) Psychology

In the reporting year, Kingston continued to deliver the High Intensity Healthy Relationships (Offending Behaviour) Programme to a very high standard, this being an intervention aimed at the perpetrators of domestic abuse. Whilst delivering the modules they also assisted in the training of staff from other establishments to deliver the programme in their parent establishment.

In addition to the High Intensity Programme the prison delivered one HRP Moderate course to assist another establishment; this resulted in a total of 16 participants who successfully completed the courses during the reporting period.

The Psychology Dept., have now used their proven track record of delivering these interventions to a very high standard and have successfully bid to deliver the new domestic abuse programme Which will be piloted in the coming year. This will give an additional 8 places. If the pilot course is successful and becomes accredited it will replace the current HRP interventions next year. Alcohol and drug use are considered on the HRP in relation to how this has impacted on domestic abuse. If this is of key relevance to a specific group, the team ensure that participants have the chance to focus on this either in group work or on a one-to-one setting.

Currently, they have around 33 offenders assessed as suitable to undertake future programmes And 16 of these will be offered places in the coming year. Where possible, the team assesses suitability for other programmes in house and believe it is unethical on a variety of levels to send someone elsewhere for assessment.

o) Substance abuse

The provision of a quality through care and support service relating to substance misuse remains a high priority to Kingston.

During the reporting year, the Healthcare Dept., Security Dept. and Drugs Services functions of the prison have worked closely together to substantially reduce both the amount of substances (illicit and prescribed) available and the demand for the same. There have been significant outcomes to these actions which have resulted in fewer drugs finds and have further been reflected throughout the year in the MDT and CBDT results.

A secondary outcome from this were the comments from prisoners to the HMIP that, due to very low drugs issues, they felt Kingston to be a safe prison.

The implementation of an Integrated Drug Treatment Scheme is progressing well, all structural requirements within the establishment have been completed and specialist training has been identified for staff closely involved with IDTS delivery. Once the relevant clinical staff have been recruited by the service provider then full delivery of the service can commence. A generic training package for all staff is also ready for delivery prior to full commencement of the service.

The IDTS psychosocial interventions, which will be available alongside the clinical function, have already been delivered to offenders by the CARAT's team during the past year and are being well received with group and 1 to 1 interventions being fully subscribed from the outset and equally, are already fully subscribed for the coming year. All feedback received from participants to date has been exceptionally positive and frequently asks if more interventions could be delivered towards addressing alcohol abuse, this is a provision that is being investigated for possible future provision.

The Drugs Services staff have initiated a regular forum with an (offender) service user team to ensure that service provision is regularly reviewed to ensure delivery is at the required and needed levels and further to provide a more direct line of contact to Drugs Services.

There is ongoing provision of access to Alcoholics Anonymous on a weekly basis as a voluntary option undertaken by offenders where the AA representative delivers a structured format for the benefit of participants; there is also further provision by the Education Dept., of an Alcohol and Offending course.

Since the announcement of the re-role to Category C status, the establishment has worked hard to ensure that it would be able to continue to maintain the provision of all functions of Drug Services and support and has also managed to continue to offer Compact Based Drug Testing as a support mechanism and to enable proof to be given to abstinence from substance abuse. This function continues to be available from both voluntary choice and as a referral option from the CARAT's staff.

p) Visits

The beginning of 2010 saw the refurbishment of the visits area resulting in the creation of two interview rooms for legal visitors and two closed visits cubicles. The refurbished room is welcoming, relaxed and light with a pleasant view onto the football field and gardens areas. The area provides 16 tables with fixed chairs and a children's play area which has also been newly refurbished, as well as the toys having been replaced.

A canteen area provides free refreshments, including hot and cold drinks and sandwiches and biscuits for visitors. Vending machines provide additional snacks and drink options for visitors and prisoners.

Social visits take place on Wednesday, Thursday, Saturday and Sunday afternoons and are booked in advance through a visits booking line or re-booked in person during social visits sessions.

Legal visits are accommodated on Monday and Tuesday mornings or during social visits sessions. During 2010 there were 9 all day visits sessions held and 3 family visits days. Family visits day are well managed with a relaxed environment enjoyed by both prisoners and families. Lunch is provided so that visitors and prisoners can dine together. Themed family days are held including activities that are put on by both the Prison staff and Surestart. Themed family days during 2010 included Halloween and Christmas visits. The Christmas visit was very well received and enjoyed by adults and children alike. Father Christmas provided a visit to children with a present funded by Surestart. A religious service was optional for prisoners to attend with their visitors. A Christmas lunch was also served to try to create a Christmas experience that would be remembered and enjoyed by both prisoners and their visitors including their children. A very successful day was had and enjoyed by all in attendance.

Other activities during family days have been provided by Prison staff including gym and assault course activities and themed craft activities provided by Surestart.

The re-profiling of the Prison, as a result of the change in status to Security Category C will see the replacement of one afternoon a week day visit with evening visits, this was following a full review of the current usage of the provision as well as discussion with prisoners. Prisoners' families and friends will then be able to attend the Prison for two visits in one day.

An additional legal visit will also be held on a Wednesday morning.

q) Visitor's Centre

The lower part of the original Governor's House adjacent to the Gate has been converted into a Visitors Centre. It has been in use since November 2010 and formally opened by the Mayor in December. Bookings have been steady and among the Agencies which use the Centre are:

Preventing Youth Offending Project

Community intervention Scheme

Portsmouth Caribbean Association

AFFECT includes Mothers Union

Zambian Community

Afghan Community

Portsmouth African Union

Refreshments are served by volunteers and a crèche is available.. The Centre is open on visiting afternoons about an hour before visits take place. This on site facility for families on all day visits ensures visitors can relax in a comfortable atmosphere during the day. Bookings are not taken for agencies requiring using the Centre during all day visits.

r) Chaplaincy

The Chaplaincy at Kingston provides a valuable service for all prisoners. A full time Co-ordinating Chaplain and sessional chaplains are available for all recognised religious denominations. During 2010 a part time sessional Muslim Chaplain has been secured and attends the Prison regularly. The recruitment of an Imam was unsuccessful as no candidates were found to be suitable. The recruitment campaign is ongoing.

Volunteers also play a valuable role in the Chaplaincy Department. The Chapel has been refurbished in the past year and is now a welcoming, light, comfortable area which is used for religious services as well as other events that are hosted by the Prison.

An inter-faith forum was held at Kingston as part of Prison's week and Inter-Faith Week during November 2010. This included discussion around the title, Faith and Religion Matters and was well attended by both residents and members of the local community of various different faiths. This event received very positive reviews and the inter-faith network reported that of all the events they had attended, this was the event that carried the most surprise, openness and personal authenticity of all. All participants enjoyed the discussion and reflection on the faith awareness presentation given by the Chaplain.

Faith Awareness Training has also been provided for staff at Kingston.

A successful, well attended Carol Service was held and included members of the local community and a gospel choir.

Black History Month in October saw the Chaplain organise an African Drumming Session for prisoners.

Section 6

The work of the Independent Monitoring Board.

Board Statistics

Recommended complement of board members	10
Number of board members at start of reporting period	7
Number of board members at the end of the reporting period	11
Number of new members joining within the reporting period	5
Number of attendances at meetings other than board meetings	141
Total number of application received (formal written)	39
Total number of segregation reviews attended	23

	Board Meeting	Other visits to Prison	Adjudication/seg reviews
JS	9	20	2
DL	11	24	0
CC	11	20	3
CB	9	8	2
JH	9	11	8
PM	2	5	0
DB	2	0	0
PW	2	2	0
ES	8	13	4
RF	3	4	0
JD	9	13	4

IMB Board 2010

Mr D Luckett MBE JP Chair

Mrs C Carter JP Vice Chair

Mr J Dunster Board Development Officer

Mrs C Bellinger

Mrs J Sprinks

Mr J Henly JP

Mr E Searle JP

Ms P Matthews

Mr R Fife

Mr P Whittle

Mr D Bell

Board Meetings take place at 3.30pm on the first working Monday of each month, with the Governor joining the meeting for selected items.

The ethnic makeup of the Board neither matches the population of the prison or the local area. Continued efforts are made to address this without success.

During the reporting period the number of board members dropped to 7, we were extremely disappointed at the length of time it took for new appointments to be made which put considerable strain on existing members.

The Clerk has remained constant during the reporting period but is only able to provide minimal hours to Board due to constraints of job within prison.

Areas of Special Interest (ASIs)

The board has agreed to set of Areas of Special Interest (ASIs) which have been allocated to individual Board members. It is hoped that this approach will ensure more equal coverage of all areas of the prison, as well as providing a focus for each area so that a specific Member can build up knowledge and expertise. It will also clarify responsibility for the preparation of Annual Report sections, the attendance at regular meetings in the prison, and pursuing any follow-up action agreed at Board meetings or identified by other Members on visits. The agreed set of ASIs is set out below :

Prison/Prisoner issues		IMB issues
Adjudications / Offences & Punishments	Offender Management & Resettlement (inc. reviews)	Annual Report
Amenities	Physical Education	Applications
Applications & Complaints	Psychology	Appointments of New Members
Canteen	Race Equality / Diversity	Budget
Catering & Food (incl. Food Hygiene)	Reception & Induction (incl. Movements)	Correspondence
Chaplaincy	Regimes (inc. Incentives & Earned Privileges)	Governor/Management liaison
Disability	Residency & Wing	HMCIP inspections
Education	Accommodation	Information for Members
Foreign National Prisoners	Safer Custody (inc. Anti-Bullying & Violence Reduction)	Performance Reviews
Gardens/Grounds & Recycling	Security / Searches / Use of Force	Rota Visits
Gate Lodge	Segregation Unit	Serious Incident Procedures
Health & Safety (incl. Environmental Health)	Staff & Prisoner relations	Training & Development
Health Care (incl. Mental Health)	Substance Abuse(inc. CARATS, VDT & MDT)	Triennial Reviews
Industries/Workshops	Visits	
Laundry & Stores	Works and Maintenance (incl. Fire Precautions)	
Library		
Mail, Property & Telephones		

Rota Visit Arrangements

Throughout 2010, Board members continued to operate a weekly “duty member” arrangement whereby one member was available on an on-call basis in the event of any requirement to visit the prison. The rota member undertakes a structured rota visit and prepares a written report, copies of which are shared with other Board members and the Prison Governor. Significant issues are raised and discussed at the next monthly Board meeting.

At the end of 2010, because of the availability of an increased number of Board members, it was agreed that two members should be available each week instead of one and this system is now in place. Although a single written report will still be produced, it is hoped that the new arrangement will improve the availability of members, provide members with more opportunities to visit the prison and also allow a greater number of areas of the prison to be visited each week.