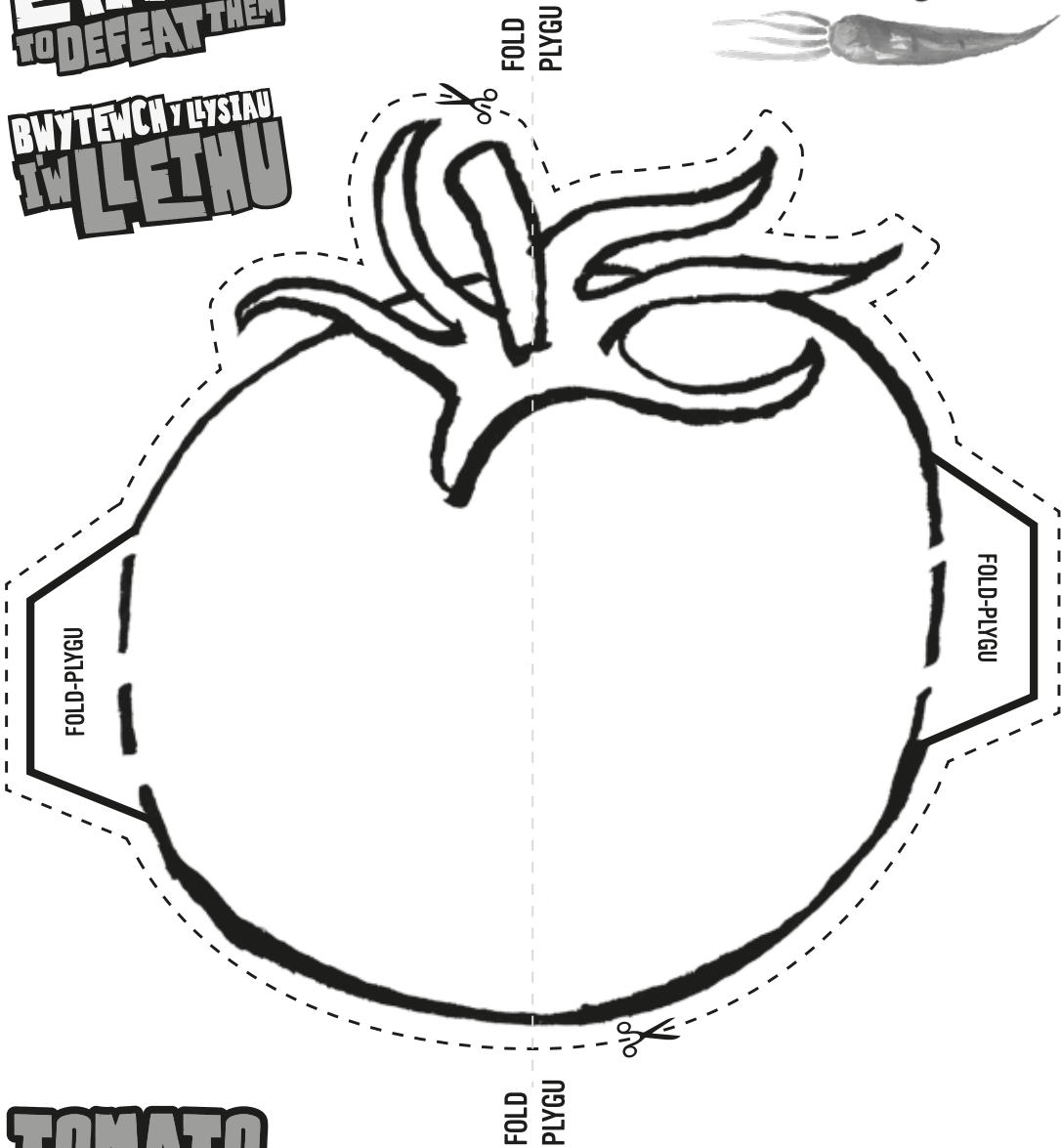


**EAT THEM
TO DEFEAT THEM**

**BWYTEWCH Y LYSIAU
I'W LEIHU**

TastEd



**TOMATO
TOMATO**

For instructions, fun facts and taste education ideas,
head to: VegPower.org/cymraeg

Am gyfarwyddiadau, ffeithiau difyr a syniadau ar gyfer
dysgu am wahanol flasau, ewch i: VegPower.org/cymraeg



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