

# Diocese of Dunkeld

Eucharistic Congress

17th/18th/19th May

Deepening our love

of the Eucharist.



**St Andrew's Cathedral,  
150, Nethergate, Dundee**

## Jesus waits for us in this Sacrament of Love

"A woman I know was brought up a Catholic, but eventually gave up practising her faith. She married, and her three children were not baptised. When they were teenagers she went to the Catholic funeral of a friend and she sat down at the back of the Church. When it came to Communion she watched the people going forward to receive the Eucharist. She thought to herself "If those people receiving Communion are receiving the Son of God, they must be the luckiest people on earth". Reflecting on this led her to return to the practice of her faith"

*Fr Brendan Daly*

"We become like that upon which we gaze. Looking into a sunset, the face takes on a golden glow. Looking at the Eucharistic Lord for an hour transforms the heart in a mysterious way, as the face of Moses was transformed after his companionship with God on the mountain"

*Archbishop Fulton Sheen*

"Adoration, as the extension of the Mass, keeps us grounded in the intimate relationship that the Lord desires for each of his children. It keeps us focussed through our troubles, heals our wounded hearts, comforts us in our sorrows and accompanies us in joys of life"

*Pope Benedict XVI*

A diary entry "Yesterday, after an emergency call at a nursing home, I was about to leave when I saw a man sitting in the hallway with a woman in a wheelchair, tenderly holding her hands. Not a word was spoken. He just sat there looking into her eyes. As I passed, I greeted him, and he told me this was his wife. "Do you visit her often?", I asked. "Yes", he replied, "every day". "She's not saying anything", I ventured. "No", he said, "She hasn't been able to speak since her stroke two years ago; she has dementia too". "Does she know who you are?" I asked.

He replied, "Not really, but that doesn't matter; I know who she is".

What an indictment against me, Lord Jesus! How often in my quiet time in your presence, I've kept one eye on the tabernacle and another on my watch. Don't I deserve the same reprimand that your chosen three disciples received in the garden. Could you not watch one hour with me? Where is the love that should be animating my heart? - just as it did that of Saint Edith Stein, when she remarked so lovingly of your Blessed Sacrament - " He is truly there - and he is there for me."

*Fr Victor Galeone*

**The Eucharistic Congress will be a time of grace and blessing -and it begins on Friday 17 May. It is a time when - for us Catholics - the words of our Lord can burn in our hearts:**

"I am the living bread come down from heaven. If anyone eats this bread, he shall live forever; the bread I will give is my flesh for the life of the world"

*John 6:51*

During this time, the Eucharistic Host of the Blessed Sacrament is exposed high on the altar in a monstrance surrounded by flowers and candles.

Please try to come towards the Lord over the days of the Eucharistic Congress, both to silent adoration and prayer, and to the communal liturgies, where your faith and trust in God's plan for you and yours will be strengthened.

The Eucharistic Congress is a time to return to your faith and to rediscover its depths. The Lord himself said of his disciples Could you not watch one hour with me? It would be a wonderful grace if individuals and families could commit to one hour of silence in the church during the three-day period of adoration.

In addition, you are invited to the three principal liturgies of prayer during the adoration time as well as to the Masses and other opportunities for prayer.

These three services are:

- **Friday 17 May, 7pm - The Holy Hour - We are a Church born of the Eucharist**
- **Saturday 18 May, 7pm - The Holy Hour - Beloved disciples at the feet of the Master**
- **Sunday 19 May, 4pm - The closing Solemn Vespers and Benediction**

During this time, we will be affirming our belief in the real presence of our Lord in the Blessed Sacrament, that the Holy Eucharist is "the source and summit of the Christian life".

## The Adoration Programme

### Friday 17<sup>th</sup> May

- 10am - Morning Prayer of the Church  
and beginning of Adoration 12noon: Confessions
- 12.30pm - Recitation of the Rosary
- 1pm - Mass  
Adoration continues until a Holy Hour at 7pm

*We are a Church born of the Eucharist*

### Saturday 18 May

- 10am - Sung Votive Mass of the Holy Eucharist  
Adoration begins after Mass.
- 2pm - Eucharistic meditations from the Gospel of Saint John
- 4pm - Confessions until 6pm
- 7pm - A Holy Hour of Praise and Adoration.

*Beloved disciples in the company of the Master*

### Sunday 19 May

- 11 am - Solemn Mass and Eucharistic Procession
- 4pm - Solemn Vespers and Benediction of the Blessed Sacrament

