



# Self-isolating?

I'd love to help

My name is:

I live locally at:

My phone number is:

**If you are self-isolating due to Coronavirus (COVID-19), I can help with:**

- |  |  |
|--|--|
| <input type="checkbox"/> Picking up shopping | <input type="checkbox"/> A friendly phone call |
| <input type="checkbox"/> Prayer              | <input type="checkbox"/> Urgent supplies       |
| <input type="checkbox"/> Posting mail        | <input type="checkbox"/> Other errands         |



**"Cast all your anxiety on God because he cares for you."** 1 Peter 5:7, The Bible



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