

Title	BASIC SUICIDE RISK ASSESSMENT IN PRIMARY CARE			Number	CL17
Effective From:	18.06.10	Duration:	No end date	Review:	31/07/22
Author:	Dr Fay Wilson			Version:	1.5
Other Ref:					
Contacts:	Dr Fay Wilson				

Version Control

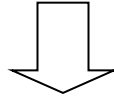
(Only last 3 versions, earlier versions can be found in the appropriate Archive directory for the document)

DATE	CHANGE	CHANGED BY
21.03.16	Reviewed, no change	SM
22.05.19	Reviewed, no change	SMcD
21.04.22	Under review	FW/MS

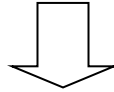
Introduction

Patients with mental health problems, or where self-harm is considered a risk by the clinician, should be objectively assessed. If you are not familiar with any other assessment tool, the scoring system below should be used. Please document in the record the risk score and what action you have taken. If you do not take the action recommended by the risk score please document your reason for not doing so.

Identification of mental health problem



Ask: "Do you sometimes feel life isn't worth living? Or do you sometimes feel you'd like to go to sleep and never wake up again?"



RISK SCORE

A	Current active suicidal ideation	<input type="checkbox"/>
A	Family / carers expressing concern about suicide risk	<input type="checkbox"/>
A	Discharged in last 3 months from hospital/home treatment	<input type="checkbox"/>
B	History of mental illness needing hospital / home treatment	<input type="checkbox"/>
B	Male aged 16-35	<input type="checkbox"/>
B	Alcohol or drug problem	<input type="checkbox"/>
B	Family history of completed suicide	<input type="checkbox"/>
B	Previous suicidal behaviour	<input type="checkbox"/>
B	Pessimism / hopelessness	<input type="checkbox"/>
B	Homelessness	<input type="checkbox"/>

If score = >1 A or > 2 Bs, refer to home treatment team or primary care liaison at Mental Health Trust.

If no As or only 1 B, arrange review with GP within one week and repeat assessment and / or consult a member of the primary care liaison team at Mental Health Trust.

For queries please contact the duty medical director.

Dr Fay Wilson
Group Medical Director