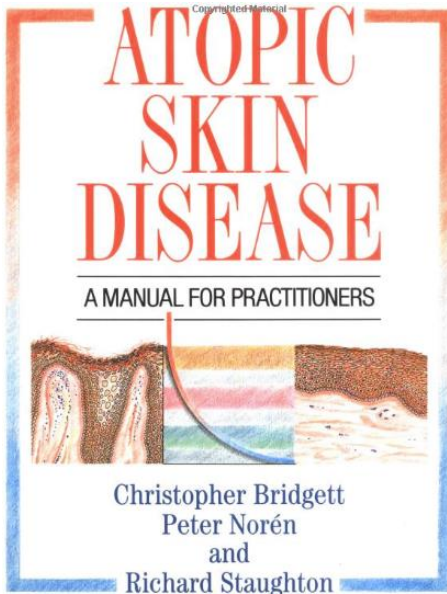


Dermatology Behaviour Modification Workshop

April 4th 2019 1-5pm Cost £45

Half day workshop suitable for health care professionals involved in managing patients with inflammatory skin conditions wanting to learn about habit reversal techniques



The dermatology team in Postgraduate Medicine at the University of Hertfordshire is delighted to be offering this half day course delivered by Dr Christopher Bridgett, Consultant Psychiatrist. Dr Bridgett is an international expert in behaviour modification techniques, particularly in the management of atopic dermatitis and his published work on the subject is very highly regarded.

Course content

The workshop will give students the opportunity to learn about the theory of using behaviour modification techniques to break the itch scratch cycle in patients with inflammatory skin conditions. Students will then be given training in how to use behaviour modification techniques in their own clinical practice. By the end of the session students should have the ability to offer a habit reversal service in their clinical setting.

Who should attend?

The workshop is aimed at health care professionals regularly involved in the management of people with long term skin conditions where the management of the itch scratch cycle using behaviour modification would be helpful. This is likely to include dermatology nurses, particularly those working in phototherapy, offering day treatment services or overseeing the monitoring and management of patients with long term skin conditions. The course may also be of interest to doctors (GPs or dermatologists in training) and psychologists who are working with this group of patients.

Date	Thursday 4 th April 1-5pm
Application	Please contact v.bylo@herts.ac.uk
Fees	£45 to include lunch, tea and coffee
Venue	University of Hertfordshire, College Lane Campus, Hatfield AL10 9AB

Register online at <https://www.herts.ac.uk/courses/dermatology-behaviour-modification-workshop>