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| **Pre –appointment** | * Country of Birth * Migration history (others countries lived in) * Reason for migration (Work/Study/Family/Asylum/Refugee) * Date of arrival in the UK * Language and dialect spoken - is an interpreter required? Is the interpreter acceptable to the patient? * Cultural sensitivity eg. female GP or chaperone required * Disability |
| **Routine New Patient Health Check** | * Past Medical History * Medication * Allergies * Family History * Social History * Height and Weight * Urine – diabetes and kidney function * Blood pressure * Lifestyle - Alcohol/Smoking/Physical Activity * Full Vaccination History - checked against the PHE [**Incomplete Immunisation Schedule**](https://www.gov.uk/government/publications/vaccination-of-individuals-with-uncertain-or-incomplete-immunisation-status) |
| **Review Country Specific Health Issues** | * PHE Migrant Health [**Country Specific**](https://www.gov.uk/government/collections/migrant-health-guide-countries-a-to-z) Guide * Risk of [**Communicable Diseases**](https://www.gov.uk/government/collections/communicable-diseases-migrant-health-guide) * Nutritional or Metabolic considerations * Ethnicity and increased risk of health problems |
| **General Health** | * [**Dental Health**](https://www.gov.uk/guidance/dental-health-migrant-health-guide) * Vision and Hearing (including child screening) * Explain [**UK Health Screening Programmes**](http://cpd.screening.nhs.uk/timeline) (Cervical/ Breast/Bowel/Diabetic Eye Screening/Abdominal Aortic Aneurysm) when appropriate * Be alert to signs of neglect or physical and sexual abuse and exploitation in adults and children |
| **Sexual Health** | * Sexual Health history * [**Sexually Transmitted Infections**](https://www.gov.uk/guidance/sexually-transmitted-infections-stis-migrant-health-guide) * [**FGM**](https://www.gov.uk/guidance/female-genital-mutilation-fgm-migrant-health-guide) * Contraception needs * Questions in this area require care and sensitivity |
| **Mental health** | * Mental wellbeing needs and assessment * Be aware of PTSD, depression, anxiety and underlying mental health disorders |
| **Orientation** | * Explain how to access healthcare and services   [**(NHS111, GP, Urgent Care, Pharmacy, A+E)**](http://www.nhs.uk/NHSEngland/AboutNHSservices/Pages/NHSservices.aspx)   * Referral to health and third sector services |