|  |  |
| --- | --- |
| **Pre –appointment** | * Country of Birth
* Migration history (others countries lived in)
* Reason for migration (Work/Study/Family/Asylum/Refugee)
* Date of arrival in the UK
* Language and dialect spoken - is an interpreter required? Is the interpreter acceptable to the patient?
* Cultural sensitivity eg. female GP or chaperone required
* Disability
 |
| **Routine New Patient Health Check** | * Past Medical History
* Medication
* Allergies
* Family History
* Social History
* Height and Weight
* Urine – diabetes and kidney function
* Blood pressure
* Lifestyle - Alcohol/Smoking/Physical Activity
* Full Vaccination History - checked against the PHE [**Incomplete Immunisation Schedule**](https://www.gov.uk/government/publications/vaccination-of-individuals-with-uncertain-or-incomplete-immunisation-status)
 |
| **Review Country Specific Health Issues** | * PHE Migrant Health [**Country Specific**](https://www.gov.uk/government/collections/migrant-health-guide-countries-a-to-z) Guide
* Risk of [**Communicable Diseases**](https://www.gov.uk/government/collections/communicable-diseases-migrant-health-guide)
* Nutritional or Metabolic considerations
* Ethnicity and increased risk of health problems
 |
| **General Health** | * [**Dental Health**](https://www.gov.uk/guidance/dental-health-migrant-health-guide)
* Vision and Hearing (including child screening)
* Explain [**UK Health Screening Programmes**](http://cpd.screening.nhs.uk/timeline) (Cervical/ Breast/Bowel/Diabetic Eye Screening/Abdominal Aortic Aneurysm) when appropriate
* Be alert to signs of neglect or physical and sexual abuse and exploitation in adults and children
 |
| **Sexual Health** | * Sexual Health history
* [**Sexually Transmitted Infections**](https://www.gov.uk/guidance/sexually-transmitted-infections-stis-migrant-health-guide)
* [**FGM**](https://www.gov.uk/guidance/female-genital-mutilation-fgm-migrant-health-guide)
* Contraception needs
* Questions in this area require care and sensitivity
 |
| **Mental health** | * Mental wellbeing needs and assessment
* Be aware of PTSD, depression, anxiety and underlying mental health disorders
 |
| **Orientation** | * Explain how to access healthcare and services

[**(NHS111, GP, Urgent Care, Pharmacy, A+E)**](http://www.nhs.uk/NHSEngland/AboutNHSservices/Pages/NHSservices.aspx)* Referral to health and third sector services
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