

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast							
	Grilled Bacon Scrambed Eggs	Pancake Maple Syrup	Sausage, Hash Brown Fried Eggs and Beans	Croissant Sliced Ham,Cheese	Plum Tomato Poached Eggs	Continental	Continental
Lunch							
Main Item	Chicken Kiev	Steak Pie	Meatball and Pasta	Northern African Chicken Stew	Breaded Fish	Hunter Chicken	Chinese Stir Fry Black Bean Beef
Carbs	New Potatoes	Roast Potatoes	Garlic Bread	Rice	Chips	Curly Fries	Noodle/Egg Fried Rice
Vegetables	Fine Bean, Sweetcorn	Broccoli, Carrots	Salads	Buttered Green Veg	Peas	Cajun Cauliflower	Prawn Crackers
Vegetarian	Vegetable Pasties	Cheese and Onion Pie	Roast Vegetable Pasta	Vegetable Stew	Spring Onion and Cheese Tart	Mac and Cheese	Stir Fry Veg and Noodle
Desserts	Chocolate Sponge and Chocolate Custard	Fruit/Yoghurt	Banoffee Pie	Fruit/Yoghurt	Lemon Sponge and Custard	Winter Eton Mess	Vanilla Slice
Daily Selection of Simple and Compound Salads, Housemade Breads and Fresh Soup							
Salad of Day	Coronation Chicken Salad	Salmon and Honey Salad	Green Pesto Salad	Asian Noodle Salad	Spicy Rice Salad	Eggs Mayo Salad	Tuna Salad
Tea							
	Homemade Cakes and Biscuit	Homemade Cakes & Biscuit	Homemade Cakes and Biscuit	Homemade Cakes & Biscuit	Homemade Cakes & Biscuit	Homemade Cakes & Biscuit	Homemade Cakes & Biscuit
Supper							
Main Item	Cajun Chicken	Caribbean Jerk Chicken Thigh	Admiral Fish Pie	Chinese Spare Rib	Homemade Soups	Pork Sausage Pasta Bake	Roast Turkey
Homeade Soups							
Carbs	Savoury Rice	Black Bean Rice	New potatoes	Egg Fried Rice	Bread rolls	French Fries	Roast Potatoes
Vegetables	Mint Pea, Sweetcorn	Corn on Cob, Caribbean Salad	Green Beans and carrots	Crispy Cabbage, Prawn Crackers	Caesar Salad	Sweetcorn and Coleslaw	Carrots, Parsnips and Stuffing Balls
Vegetarian	Cajun Vegetable	Jamaican Beans Curry	Quorn Cottage Pie	Stir Fried Green with Oyster Sauce	Homemade Soup	Spicy Cheese and Tomato Pasta	Cauliflower Cheese
Desserts	Fruit/Yoghurt	Exotic Fruit Salad	Fruit/Yoghurt	Raspberry Jelly and Cream	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt